

The Poly Post

BRONCO GUIDE

2024-2025

5 WAYS TO USE THE LIBRARY

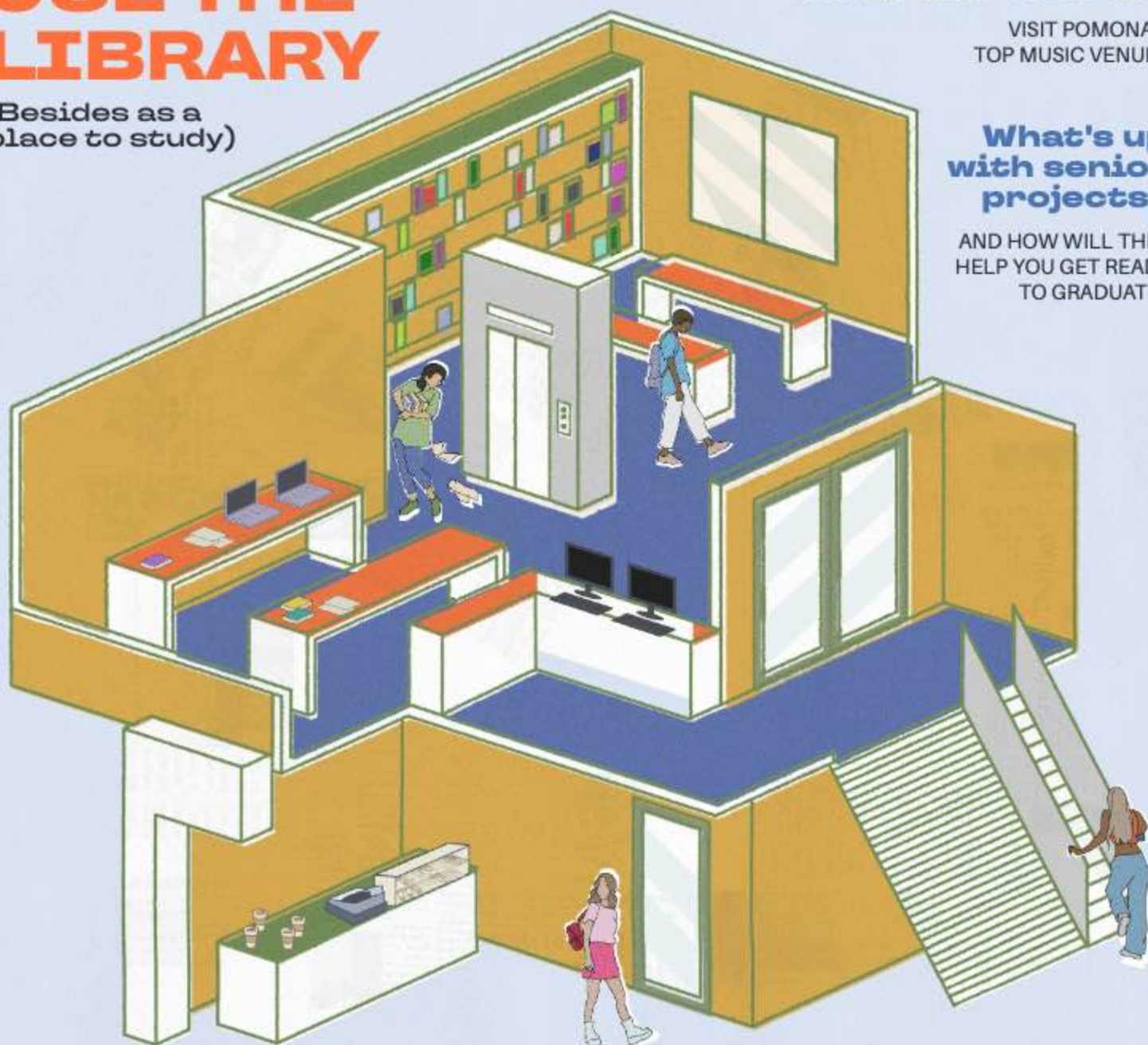
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TOP MUSIC VENUES

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with senior
projects?**

AND HOW WILL THEY
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TO GRADUATE?



Fitting In

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A Letter from...

THE POLY POST **EDITOR** **in CHIEF**

For over 40 years, The Poly Post has provided coverage of Cal Poly Pomona, neighboring communities, and national issues to a campus body of over 29,000 students, faculty, and staff members.

From written word to visual media, the student-run newspaper provides content covering areas of news, sports, arts and culture and opinion of the community. I have found that students providing content to their peers is essential. The condition of student journalist contributes to an authentic perspective that incorporates the shared experience.

It is our pride and obligation to inform the university. We strive to highlight the student culture and the surrounding world among the campus. As student journalists, we have the beloved opportunity to cultivate a deep understanding of the campus body, simultaneously addressing matters critical to the awareness of its members.



I have been with The Poly Post for the past three years and had the privilege to work with talented, assiduous writers who encompass the heart of the newspaper. Concurrently, through the lens of the publication, I've had the opportunity to witness the talent, cultural beauty, brilliance and humility within this university's students and faculty.

At The Poly Post, we are honored to serve Cal Poly Pomona and are grateful to recognize both beauty and truth within its community.

Charlize Althea Garcia
Editor in Chief



A Letter from the...

BRONCO GUIDE **EDITOR** **in CHIEF**

Welcome to Cal Poly Pomona, Broncos!
I'm Darren Loo, the Bronco Guide Editor in Chief for this year's issue.

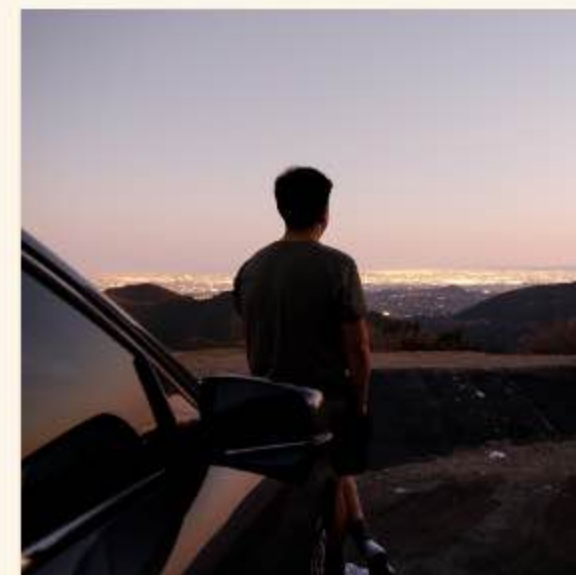
I have had so many experiences at CPP in my last three years here, and my team and I hope this issue can begin to share a small fraction of those memorable experiences with our fellow Broncos. From joining clubs to learning about the traditions here at CPP, this issue has most of the things you need to know about CPP.

Being a student means more than just going to class and doing homework, so in this issue, we tried to focus on bringing both the well-known and unknown parts of our campus to Broncos. This means featuring the likes of clubs students can join in our Clubs Spotlight, traditions students should attend and so much more.

This past year, our team of writers, designers and photographers have worked tirelessly to put together this magazine, and we hope that Broncos find it helpful in their journey at CPP. As fellow Broncos and Bronco Alumni, we wish you all the best and hope you not only experiment on campus but go on to enjoy your journey here at Cal Poly Pomona.

Darren Loo
Bronco Guide Editor in Chief

Follow us on our socials
@thepolypost





A Letter from the...

Cal Poly Pomona **PRESIDENT**

Welcome Broncos!

Congratulations on joining or continuing your journey here with us at Cal Poly Pomona, where we help anyone who dreams of success achieve it. Here you will find professors, mentors, programs and majors that will help you discover your path to greatness. Whether you are sure of your major, or have not yet decided on your specific route, (that's okay too!) we are here to support and help you on your journey.

As the president of Cal Poly Pomona, I understand what lies ahead of you. I understand what you need to succeed and how we can best help. That is why we have built a community of caring professors and staff committed to helping you grow, graduate and achieve the success you want.

We equip you with the tools, skills and community needed in our ever-changing world and strive to connect you with the companies and employers you dream of working with.

Regardless of your interest, you will get hands-on experience in a wide range of subjects and disciplines, work in teams, and apply what you learn in our classrooms and labs to solve real-world problems in ways that you won't get anywhere else.

I encourage you to challenge yourself, listen to new ideas, try new things and make new friends. On behalf of the entire university, I welcome you to your home away from home, and I look forward to seeing you around campus.

Sincerely,

Soraya M. Coley, Ph.D.
President



A Letter from the...

ASI **PRESIDENT**

Hello Broncos, Welcome to Cal Poly Pomona!

First off, congratulations are in order...your decision to embark on this journey and continue your academic pursuits will provide you with numerous opportunities for success in your career! My name is Cade Wheeler, your ASI President, and I am a 5th year Mechanical Engineering major.

Your experience at this school will be what you make it. In your initial weeks, finding a community to become involved in is a great way to establish beneficial relationships. There are a variety of great options for campus social networks including a multitude of clubs and organizations, multicultural centers, Greek life, and BRIC or BSC activities!

This time is also integral for developing your professional network to acquire internships, research programs, and post-graduate employment to bolster your resume as you become more engaged. There are many resources funded by your tuition dollars dedicated to helping you achieve these goals in the form of financial aid, supplemental instruction, club funding, and so much more!

I encourage you to utilize every resource that exists on our campus and to inspire others with the same sentiment, as these are some of the most critical years in building yourself to become the best version of yourself you can be. Talk to professors about projects, connect with different departments on campus, and make genuine friendships while you can because your time here is valuable and limited!

If you have any questions about getting involved at our wonderful university, please do not hesitate to visit me or my fellow Student Government leaders in our office in the Bronco Student Center (Bldg 35, Room 1339). On behalf of our ASI Staff and student employees/leaders, we will be happy to provide you guidance and answer any questions about this step of your collegiate journey!

Additionally, you can connect with ASI via our instagram account @asicpp or feel free to follow my personal term instagram account @unite.the.herd with my ASI Vice President Megan Shadrack for important updates throughout the 2024-2025 academic year. You can also reach me via email anytime: asipresident@cpp.edu.

I am ready to hear for your every need and am so excited to see all you new Broncos on campus!

Cade Wheeler
ASI President

CAMPUS MAP

- | | | | | | | | | | |
|--|---|--------------------------------------|--------------------------------------|------------------------------------|--|-----------------------------------|-------------------------------------|-------------------------------------|---------------------------------|
| 1 Building One | 23 Aliso Residence Hall | 41 Darlene May Gymnasium | 56 Storage Building | 66 Bronco Bookstore | 77 Kellogg West Main Lodge | 89 Interim Design Center | 106 Parking Structure | 200 University Village | 219 Southern California Edison |
| 2 College of Agriculture | 24 Music | 42 BRIC | 57 Palmitas Residence Hall | 67 Equine Research Facility | 78 Kellogg West Addition | 89A Classroom | 109 Police Station/Parking & Trans. | 209 Center for Regenerative Studies | 220A CTTI/Innovation Brew Works |
| 3 Science Laboratory | 24A Classrooms | 43 Kellogg Gymnasium | 58 Cedritos Residence Hall | 68 Barn | 79-80 Collins College of Hospitality Mgmt. | 92 Laboratory Facility | 111 Manor House | 211 Farm Store/AgriScapes | |
| 4 Biotechnology Building | 25 Drama/Theatre | 44 Swimming Pool | 59 La Cienega Center | 71 Recreation/Maintenance | 81 Facilities Management | 94 University Office Building | 116 Child Care Center | 213 Greenhouses | |
| 4A BioTrek Learning Center | 26 Union Plaza | 45 Apparel Merchandising & Mgmt | 60 Vista Bonita Res. Suites | 72 Centerpointe Dining Commons | 82 Facilities Management Warehouse | 95 Cultural Centers | 121 Student Services Bldg | 215 Southern California Edison | |
| 5 College of Letters, Arts & Social Sciences | 26A Orientation Services | 46 Student Health Services | 61 Vista Del Sol Res. Suites | 73 Sicomoro Hall | 82A Carpenter Shop | 97 Campus Center/Career Center | 128 Parking Structure II | 216 Southern California Edison | |
| 6 College of Educ. & Integ. Studies | 28A Fruit/Crops Unit | 47 Agricultural Engr. Tractor Shop | 62 Vista De Las Montanas Res. Suites | 74 Secoya Hall | 83 Service Vehicle Garage | 98P CLA Paseo | 150 Mexican American Student Assn. | 218 American Red Cross | |
| 7 College of Environmental Design | 29 W.K. Kellogg Arabian Horse Ctr | 48 Custodial Offices | 63 Vista De La Luna Res. Suites | 75 Procurement/Receiving | 85 I-Poly High School | 99 Storage Building | 162-164 College of Business Admin. | | |
| 8 College of Science | 30 Agriculture Unit | 49 Training Center | 64 Rose Float Laboratory | 76 Kellogg West Hotel & Conf. Ctr. | 86 Temporary Classrooms | 100 Storage Building | 193 Chilled Water Center Plant | | |
| 9 College of Engineering | 31 Poultry Unit/Poultry Houses | 52 The Vista Market & Fitbites | 65 Pesticide Building | | | 105 Rose Float Lab/Design Complex | | | |
| 13 Art Dept/Engineering Annex | 32 Beef Unit/Feed Shed | 54 Vista De La Estrellas Res. Suites | | | | | | | |
| 15 University Library | 33 Feedmill | 55 CPP Enterprises | | | | | | | |
| 17 Engineering Laboratories | 34 Meat Laboratory | | | | | | | | |
| 20 Encinitas Residence Hall | 35 Bronco Student Center | | | | | | | | |
| 21 Montecito Residence Hall | 35A W. Keith and Janet Kellogg University Art Gallery | | | | | | | | |
| 22 Alamitos Residence Hall | 37 Swine Unit/Shelters | | | | | | | | |
| | 38 Sheep/Wool Unit | | | | | | | | |

ON CAMPUS DINING

STUDENT CENTER (BLDG 35)
Poly Fresh Market Saddles Cafe
Subway Round Table Pizza
Hibachi-San Qdoba Mexican Eats

CAMPUS CENTER (BLDG 97)
Carl's Jr. International Grounds
Panda Express Pony Express
Fresh Escape

LIBRARY (BLDG 15)
Starbucks

CENTERPOINTE (BLDG 72)
Centerpointe Dining Commons
The Coffee Bean & Tea Leaf
Lollicup

RESIDENTIAL SUITES (BLDG 52)
Vista Market
Fitbites Campus

THE BRIC (BLDG 42)
BRIC Break

KELLOGG WEST (BLDG 76)
Kellogg West Conference

COLLINS COLLEGE (BLDG 79B)
The Restaurant at Kellogg Ranch

ENV (BLDG 7)
ENV Cafe

CBA (BLDG 164)
Pony Express
Element Coffee & Food

FARM STORE (BLDG 211)
Cal Poly Pomona Farm Store

FOOD TRUCK
Poly Trolley 2
Poly Trolley Express

INNOVATION VILLAGE (BLDG 220A)
Innovation Brew Works

 = Shuttle Stops
BroncoShuttle.com

ROUTE	OPERATING HOURS
M1 Clockwise Route	MON-THURS: 7:30 am - 11 pm
M2 Counter-Clockwise Route	FRI: 7:30 am - 6 pm

*FOR UPDATED INFORMATION ON THE BRONCO EXPRESS SHUTTLE SERVICE, PLEASE VISIT BRONCOSHUTTLE.COM OR CONTACT RIDESHARE@CPP.EDU WITH ANY QUESTIONS.



Open Monday - Friday 8 am - 5 pm Drop-In hours 1 pm - 3pm

The Cal Poly Pomona Career Center is here to help!

It is our mission to lead, develop, and connect our diverse Cal Poly Pomona community in career readiness and preparing students for the future of work.



Appointments

- Discuss career plans with a Career Center Counselor



Drop - In Hours

- Work on Resumes or Cover Letters



Career Fairs & Outreach Events

- Meet employers and find jobs that fit your interest



Job & Internship Search

- Search for Jobs and Internships that are available to you



Workshops & Assessments

- Receive career guidance from our career counselors

Contact Us:

career@cpp.edu

cpp.edu/career



+1 (909) 869-2342

@cpp_careercenter



ACADEMIC SUPPORT & LEARNING SERVICES

We are here to support your academic success and transition into the university. Learn more about the different programs and services we offer below.

POLYTRANSFER

PolyTransfer supports underserved, underrepresented, and first-generation transfer students at CPP. We offer one-on-one coaching, academic support, mentorship, and more!

Follow us on social media and visit our website to learn more!

@polytransfer

www.cpp.edu/polytransfer



Bronco Navigators

Bronco Navigators enhances the college experience by linking students with a peer mentor.

How it Works

You are matched with a fellow Bronco with a similar background, goals, and interests.

Scan the QR code for our website to learn more!

www.cpp.edu/navigators



I AM FIRST

I Am First celebrates and supports CPP's first-generation community of students, faculty, and staff!

The program offers resources and mentoring to help students successfully transition into CPP and plan for their future.

Follow us on social media and scan the QR code for our website to learn more!

@iamfirstcpp

www.cpp.edu/iamfirst



First Year Experience Program

First year students engage in activities, community service projects, field trips, and innovative learning opportunities. Ask your academic advisor about taking a First-Year Experience course.

Scan the QR code for our website to learn more!

https://rebrand.ly/cpp/fye



Learning Resource Center (LRC)

LRC is the University's most comprehensive tutoring service, promoting the development of students' critical thinking, problem solving, and analytical skills through Academic Skills Coaching, Subject Tutoring, Supplemental Instruction, and the Writing Center.

Follow us on social media and scan the QR code for our website to learn more!

@cpplrc

www.cpp.edu/lrc



Reading, Advising, & Mentoring Program (RAMP)

RAMP is a TRIO Student Support Services project that serves low-income, first-generation college students, & students with disabilities from transition to graduation.

Follow us on social media and scan the QR code for our website to learn more!

@cppramp

www.cpp.edu/ramp



a guide to the 8 colleges

by JULIA DEFOE



THE COLLINS COLLEGE OF HOSPITALITY MANAGEMENT

The Collins College of Hospitality Management is devoted to preparing students to go out into the world with the knowledge and experience of professional hospitality workers. In 1973, CPP made history as the first West Coast university to offer a four-year degree in hospitality management, and it was ranked No. 5 on the list of world's best hospitality and hotel management schools by CEOWORLD magazine in 2023. The college is intended to imitate the world of hospitality management, which does include experience working with the Kellogg West Conference Center and Hotel and the Restaurant at Kellogg Ranch.



COLLEGE OF ENGINEERING

As one of the country's top-ranking and largest engineering programs, the College of Engineering contributes more than 1,200 Bronco engineers each year to California. Through its 11 undergraduate and seven graduate programs as well as 116 labs and instructional spaces, this college prepares students with the analysis and design skills needed for rapid entry into the profession. Some of the programs include aerospace engineering, electrical engineering and mechanical engineering.



DON B. HUNTLEY COLLEGE OF AGRICULTURE

The Don B. Huntley College of Agriculture consists of five different departments including nutrition, apparel, animal science and agricultural industry. On-campus resources and centers designed for this college include the Farm Store, W.K. Kellogg Arabian Horse Center and AGRiscapes. The college is the primary university geared toward these industries in Southern California. Students are given real-world opportunities to practice their skills in farms, veterinary clinics, greenhouses, orchards, vineyards and production/retail laboratories.



COLLEGE OF SCIENCE

The College of Science provides seven departments for students to choose from, including biological sciences, chemistry and biochemistry, computer science, kinesiology and health promotion, mathematics and statistics, physics and astronomy and geological science. Committed to research projects and constantly improving the state of labs, Communications and Events Coordinator Daniel Griggs shared there are plenty of hands-on projects being conducted, including a partnership with CalTech University in the biological sciences department.



COLLEGE OF ENVIRONMENTAL DESIGN

The College of Environmental Design consists of five departments: Architecture, Art, Urban and Regional Planning, the Lyle Center for Regenerative Studies and Landscape Architecture. The Lyle Center for Regenerative Studies features both a residence as well as a working place for students to both work and reside in as its own sustainable and eco-friendly community center. "We engage in real projects, and only make up two of the 23 Cal State Universities that have these disciplines," said Mary Anne Alabanza Akers, dean of the College of Environmental Design.



COLLEGE OF BUSINESS ADMINISTRATION

One of the most modern and technologically advanced centers on campus is the College of Business Administration complex, made up of three buildings renovated in 2012. There are a variety of undergraduate options such as management, marketing and accounting. Several centers on campus contribute to the College of Business Administration's success, including The California Center for Cyber Risk, NASACPP Business Program and Real Estate Research Council.



COLLEGE OF LETTERS, ARTS & SOCIAL SCIENCES

The largest college on campus, hosting 12 departments and 16 majors, is the College of Letters, Arts and Social Sciences. Studies range from social sciences, including English and modern languages, geography and anthropology, philosophy and psychology, among others, to performing arts, like music, theatre and new dance. C.L.A.S.S. has more than 12 clubs to choose from for students to better enhance their "learn by doing" experience, including the Model United Nations and The Poly Post student media, and C.L.A.S.S. Dean Camille Johnson is excited to host events and projects that can tie the university together as a whole.



COLLEGE OF EDUCATION & INTEGRATIVE STUDIES

The College of Education and Integrative Studies is centered around interdisciplinary education, social justice, equity and student-centered learning. The college consists of four different programs, including early childhood studies, interdisciplinary general education, integrated teacher education program and liberal studies, and offers multiple credentials, going up to doctoral programs for graduate students. CEIS also works with International Polytechnic High School on campus, providing students with the opportunity to teach in a real world environment.

Blast FROM THE Past

A Dive into CPP History

by RICARDO MARTIR

Cal Poly Pomona has been independent since 1966, and has a rich history beyond Billy Bronco and the CLA building that once was.

1938 1938 1938 1938 1938
1938 1938 1938 1938 1938

1938

Cal Poly Kellogg-Vorhis, as CPP was originally named, opened its doors Sept. 15 after 110 male students of the Voorhis unit from Cal Poly San Luis Obispo moved to a 150-acre site in San Dimas.

CAL POLY POMONA

1938 1938 1938 1938 1938
1938 1938 1938 1938 1938

1940 CPP's student-led newspaper The Poly Post was established.

1940 CPKV began offering bachelor's degrees, despite pushback from Pro-UC members.

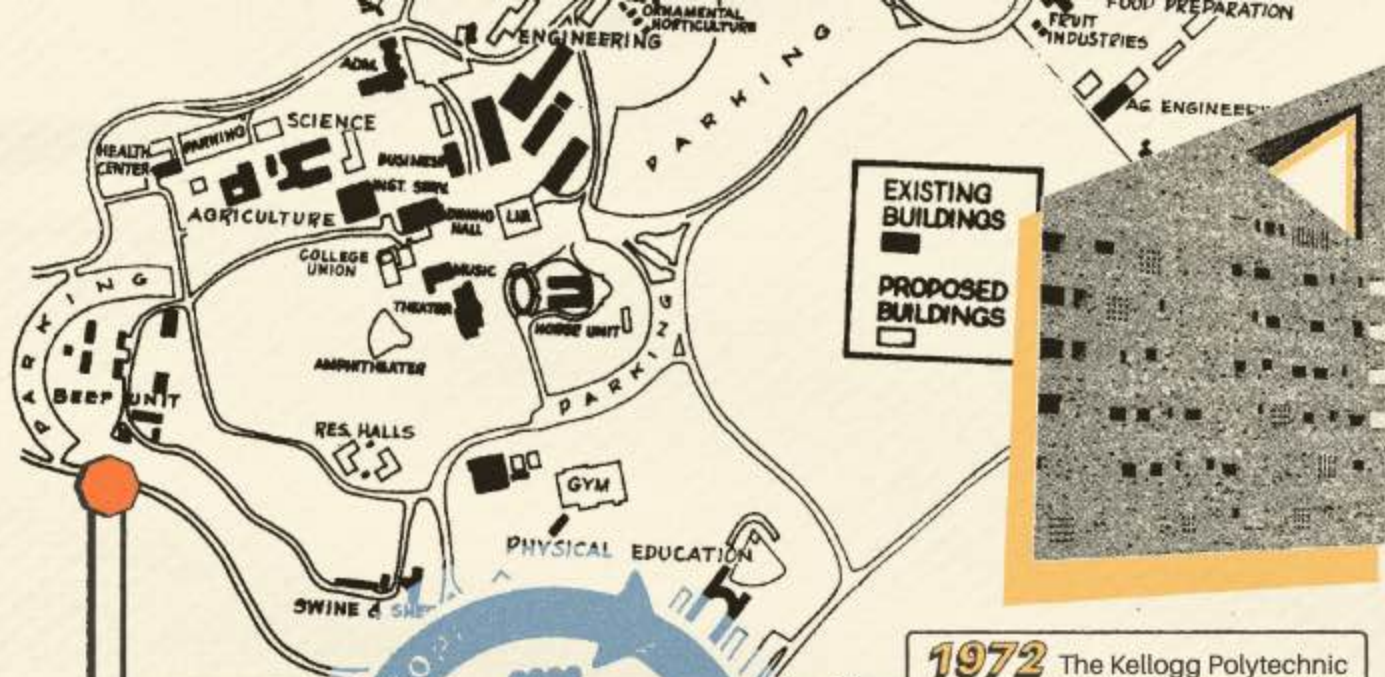
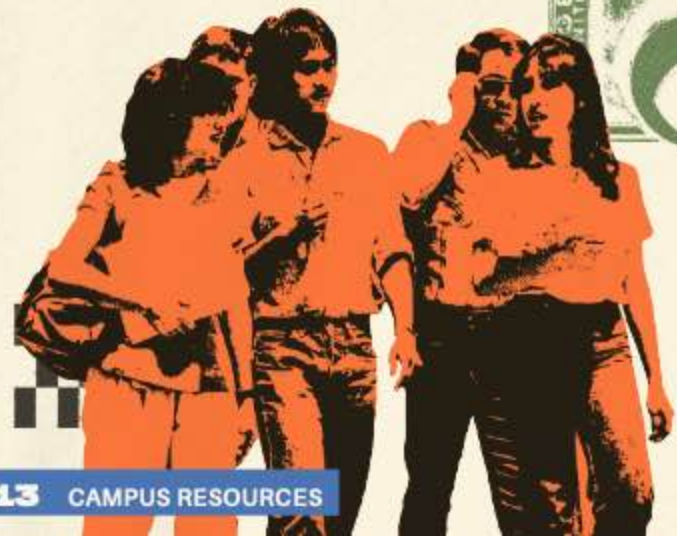
1949 W.K. Kellogg deeds 813 acres of land along with its Arabian horses to the state of California.

1955 CPKV offers bachelor's degrees amidst pushback from pro-UC members.



1961 Cal Poly Pomona joined the CSU system and became a co-ed university after enrolling 329 women.

1966 The Pomona campus of Cal Poly San Luis Obispo separates itself and became California State Polytechnic College, Kellogg Campus.



1972 The Kellogg Polytechnic College gains university status and renames itself to its current name California State Polytechnic College, Kellogg Campus.

1976 The first Women's Resource Center was developed through ASI funding.

1982 The W.K. Kellogg's Arabian Horse Library was established.

1995 Three cultural centers opened at CPP.

2005 CPP officially qualified as a Hispanic-serving institution.

2022 The CLA building was demolished after discovering it sat on top of a fault line.

2023 Construction of Park 98, a green space for students, was completed in March.



CPP

WHO EXACTLY IS BILLY BRONCO?



by BILLY HUANG

Cal Poly Pomona's school mascot Billy Bronco has been serving the community for years bringing the eight academic colleges together during major events on campus.

Representing every student and faculty member at CPP, Billy Bronco's main job is to put smiles on everyone's faces and energize the crowd through meet and greets, photo ops and dance routines.

Although the exact history of Billy Bronco is unknown, a Poly Post article written in 1947 titled "Poly's New Name To Be Broncos," detailed a close run-off election that was held to decide whether CPP would be the Broncos or the Rancheros. The Broncos ended up "winning by a narrow majority of 62-43."

Prior to having Billy Bronco as CPP's mascot, a real-life horse was the face of the school. In 1968, CPP's first Arabian Horse mascot, Bir-Doktor, made his debut in the Fall Festival Parade. Another Arabian horse Special K, named from entries received from a contest, replaced Bir-Doktor in 1971, but he died 10 months later due to an abdominal injury.

There are two versions of the Billy Bronco known to students today: the traditional Billy Bronco and a buff Billy with arm muscles usually reserved for athletic events.

It is not a single person's job to be inside the Billy Bronco costume. Anyone who's willing to be the mascot during an event can borrow the costume from Lorraine Fernandez, the athletics operations coordinator of Broncos Athletics Department who is also the holder of the suit.

According to Broncos Athletics Director of Marketing & Creative Services Sarah Macias, Billy Bronco is often a different height or interacts with students differently at various events because it's a different person inside each time.

"Literally anybody (can be Billy Bronco). We've had administration staff members be Billy, and we've had students be Billy," said Macias. "Billy is very inclusive. You can be very tall and wide and wear Billy or you can be very small and petite and wear Billy. There's really no size that can't be Billy."

While being inside the Billy Bronco costume is fun and exciting, Fernandez mentioned in order to maintain a good image of Billy, part of the process of borrowing the costume is a protocol sheet that participants have to read and sign before the suit can be in their possession.

Paul Hottinger, an associate librarian, borrowed the Billy Bronco costume for a Dr. Seuss Day event the library hosted for the Children's Center.

Despite all the rules and the costume getting quite hot, Hottinger was excited to put on a show for all the children and be able to see through the mouth of Billy "the wonder and joy in their eyes seeing an animated character come to life."

"Having a mascot, it's a symbol that represents all students," said Hottinger. "It's a cartoon-y type character that is just made to bring smiles to people's faces. It rallies everyone around and it's just like, how can you be sad when Billy Bronco is coming up to you for a high-five?"

Student Support & Equity Programs | Division of Student Affairs



UNDOCUMENTED STUDENTS SERVICES

Undocumented Students Services (USS) supports the holistic success (academic, personal, and professional) of our community at Cal Poly Pomona. Services are available to students who come from mixed-status families, Temporary Protected Status (TPS), refugee status, and undocumented with or without Deferred Action for Childhood Arrivals (DACA).

OUR PROGRAMS AND SERVICES

We offer students, faculty, and staff support through our various services and resources, which includes:



CONTACT INFO

Location: University Plaza (bldg. 26, room 101)

Email: dream@cpp.edu

Phone: 909-869-2728

Website: www.cpp.edu/brncodreamers



RENAISSANCE SCHOLARS

Foster Youth Support Services

Launched in 2002, Renaissance Scholars (RS) is a comprehensive program dedicated to support the success of current and former foster youth attending Cal Poly Pomona in both undergraduate and graduate levels. This innovative program draws its holistic service model from the Educational Opportunity Program (EOP) and the Casey Family Programs' *It's My Life Framework for Youth Transitioning from Foster Care to Successful Adulthood*.

- Undergraduate students can select to participate in the RS full program which has specific student requirements and expectations or participate in the RS Fostering Success Drop-in Services (FSS) that has limited access to program benefits.
- Graduate students attending Cal Poly Pomona are only eligible to participate in the RS Fostering Success Drop-in Services.

OUR PROGRAMS AND SERVICES

- Financial Assistance
- Access to On-Campus Housing (year-round)
- Priority Registration
- Summer Bridge / Transfer Bridge (eligible students)
- Academic Advising & Coaching
- RS Success Seminars
- Peer Mentoring
- Academic Skill Development & Tutorial Services
- Access to Mental Health Counseling Services
- Access to Campus Health Center & Wellness Education
- Student Engagement / Community Events
- Leadership Development & Educational Enrichment

CONTACT INFO

Location: Bronco Bookstore (Bldg. 66-122) & Bldg. 1-219

Email: renscholars@cpp.edu

Phone: 909-869-3138

Website: www.cpp.edu/ssep/renaissance-scholars

7 Resources

to support students' academic journeys

by EVELYN JIMENEZ-ARGUETA

Students attending Cal Poly Pomona have a number of resources and services included in their tuition they can take advantage of. From health services to academic support, students are able to use these seven resources to help them get through their years here at CPP:



Student Health Services

Through Student Health Services, students are able to be seen by professional medical examiners and given professional medical advice, while the Wellness Center focuses on education in nutrition, stress management, time management and sexual health.

"The Student Health Services is housed with doctors, nurse staff, lab staff and X-ray staff to be able to care for students if they are feeling sick, injured or have some type of illness," said Kenya Q. Luse, senior coordinator for health promotion and wellness. "The Bronco Wellness Center does a lot of education on different health topics and preventative health."

The Wellness Center is considered a non-judgmental safe space where they don't tell students what to do but rather provide them with the education, so they can make the decision for themselves in regards to their health.



Care Center

The Care Center helps students who may be struggling with obtaining basic needs, including housing, food and clothing.

"The Care Center provides a variety of well-being and basic needs resources including mental health resources, housing resources for students who are housing insecure or experiencing homelessness, food assistance, including CalFresh, basic needs grant, Medi-Cal connection, absence and withdrawal support, the clothes closet and much more," said Westin Prisbery, interim associate dean of students.



International Center

Through two offices, the International Student and Scholar Services and the Office of Study Abroad, CPP's International Center welcomes incoming and current international students and scholars and provides study abroad and exchange programs.

"ISSSO provides services to degree-seeking international students studying on an F1 visa," said Kelly L. McCullen, interim associate director for the International Student and Scholar Services. "We provide immigration and advising support. The OSA provides opportunities for CPP students to study internationally while fulfilling course units for the academic program."

The only requirement to receive services at the international center is that the student be an international student who wants to study at CPP or a CPP student who wishes to study internationally.



Office of Student Success

The Office of Student Success has multiple departments including academic innovation, support and learning services, and strategic initiative for student success.

The Bronco Advising Center, which falls under the strategic initiative for student success, can help with class registration, academic records, general academic advising, financial aid, student accounting, graduation pledge and undeclared advising.

"We provide academic advising with degree, progress reviews, academic planning, registration and graduation assistance, referrals to campus resources, student success, workshops and student events," said Student Success Coordinator Annette Mastin for the College of Letters, Arts and Social Sciences. "Our center also has a space for students to hang out, do homework and/or connect with others."



Learning Resource Center

The Learning Resource Center provides students with subject tutoring for groups and individuals in courses like math, science, engineering, business, social sciences and liberal arts. It also provides a writing center, which offers tutoring on essays, applications, letters, research, papers, reports, memos and other assignments.

The LRC also hosts workshops on academic skills, which include time management, staying motivated, taking good notes, goal setting and studying for exams.



Disability Resource Center

The Disability Resource Center provides resources for students who have physical disabilities, neurodivergence, invisible and undiagnosed disabilities, psychiatric disabilities and sensory disabilities. Students who have any kind of disabilities are given accommodations to housing, mobility assistance, accessible furniture, communication, modified attendance, extended deadlines, alternate media, note taking and tests.

Students are able to apply via the DRC Registration Process online through CPP's website. Once students submit an application, they can schedule an intake appointment, which determines the eligibility and receive an orientation.



Veterans Resource Center

The Veterans Resource Center provides information and support for students who were or are affiliated with the military.

The VRC provides computers, free printing, counseling, guidance and peer support. It offers scholarship opportunities and connects students with other veterans, while also providing referrals to programs on and off campus and veteran-specific services.

Express your creativity through these 5 UNEXPECTED LIBRARY SERVICES

by JESSICA SILVERIO
& KATELYN LA

Cal Poly Pomona's University Library isn't just a place for books and quiet study; it's a hub of unexpected and innovative services that cater to the diverse needs of students and the community.

From 3D printing and laser cutting to recording podcasts and expert research assistance, the library offers far more than your typical reading experience.

MAKER STUDIO

If you're looking for a place to let your creative juices flow, check out the Maker Studio on the second floor of the library. This space is a collaboration between the library and the Office of Innovations that is free for any student, staff and faculty to use. Basic materials are provided; however, they do ask that students bring their own material when creating larger projects.

The Maker Studio has a team collaboration station with a flip chart. There's also a 2D design and fabrication station that comes with tools like a digital sewing machine, letterpress, laser cutter and much more. You can find a 3D printer, Alienware hardware, and a 3D system sense 2 scanner in the 3D technology center.

Ross Gomez Perez, a visual communication design student who used the digital sewing machine to create Halloween costumes, mentioned that first-time users should not be afraid when it comes to utilizing the workspaces at Maker Studio.

The Maker Studio is open from 12 p.m. to 5 p.m. from Monday to Friday, and walk-ins are welcome at any time. However, they ask students to complete training before using the equipment. After watching the required videos and taking an in-person test, students are provided with a card to confirm their certification, then they're free to use the equipment whenever desired.

In addition to providing these resources, the Maker Studio also hosts workshops that allow students to create different types of crafts. Keep an eye on its Instagram page and Discord server to get updates on when these workshops occur.

Elena Montalvo, an ambassador for the Maker Studio, said they have done a T-shirt printing workshop, plushy making workshop and keychain workshop. She mentioned they're planning to host more workshops in the future like a soldering workshop and a leather workshop.



photos by ALEXANDER NOVOA

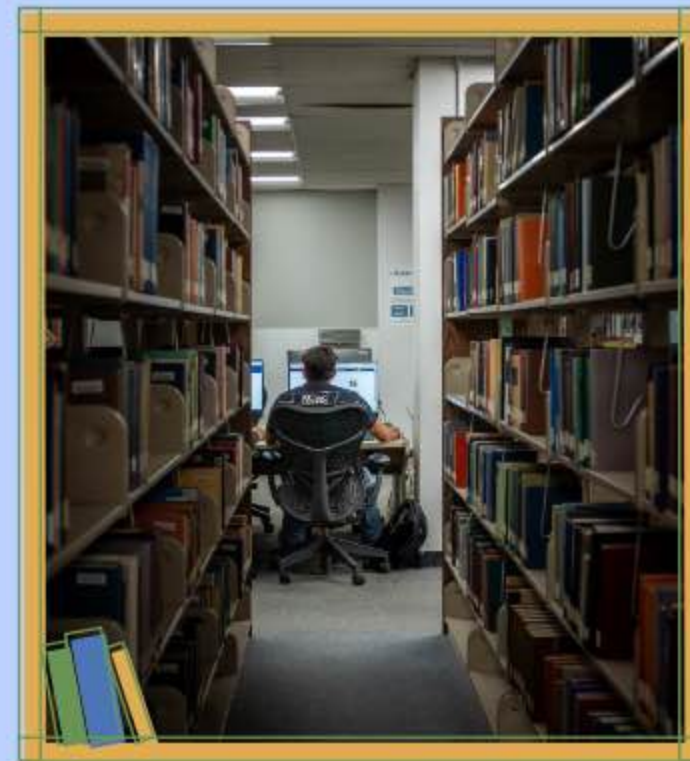
MEDIA STUDIO

One of the standout features of the University Library is the Media Studio, a destination for recording professional-quality videos and podcasts.

Whether you're practicing for presentations, creating video content for a class or even introducing yourself as part of an online portfolio, this studio provides the tools and support to take your creative vision to the next level.

"This is a room, which has been soundproofed and set up to do sound or video recording," said Shonn Haren, a research and instruction librarian. "It has a green screen and has hook-ups there for a variety of different things. You can bring your own computer or bring your own thumb drive to do the recording, and you basically can check out a small kit at the circulation desk, and you can go in there and do audio recordings, whether it be something for class or whether you record podcasts."

The Media Studio is situated on the second floor of the University Library in room 2434. To ensure a seamless experience, students can easily make reservations online. Once your reservation is confirmed, simply visit the second floor circulation desk at your appointed time to check out the Media Studio kit, granting you access to all the resources you need.



INTERLIBRARY LOAN SERVICES

CPP's commitment to academic excellence extends beyond the boundaries of its own library. The interlibrary loan service is a resource available to current students, faculty and staff, offering access to a variety of library materials that may not be readily available within the University Library.

One of the key services within this system is CSU+, a consortium program that unites all 23 California State University libraries along with select participating libraries outside the CSU network. This collaboration enables the exchange of library resources, granting you access to an extensive collection of materials.

In addition to CSU+, the interlibrary loan service is a tool designed to connect you with library materials that go beyond the university's own holdings and even beyond the CSU+ network. Through ILLiad, the system will automatically scour the resources of public and academic libraries across the United States and internationally, ensuring students have the information needed for their academic and research pursuits.

"This is done at no additional cost to you because you've already paid for this with your tuition and fees," Haren said. "If it's a book, it can come in physical form, and you can get it at the Bronco lockers or check it out from the circulation desk. If it's an article, it usually comes in the form of a PDF, so you don't have to return it."

You can return library items at the circulation desk during regular library open hours, and there are also two book drops on campus: one near the Student Services building and another by the Bronco Bookstore. Keep in mind, returning items in the book drops may take a bit longer to process, so if your due date is approaching, return your items directly at the second floor circulation desk for faster handling.

PRINT SOURCES

During a time when technology is so heavily relied on for research, most students don't think to check the library for materials. While print sources are underused, there are helpful resources students can take advantage of.

"There is a lot of coverage of topics out there that's not going to be covered in an article because it's too short and narrow," said Haren. "If you need a broader coverage of something, you need a book. In a lot of cases, a lot of books are not in electronic format, so you're going to look at a print book."

While the thought of trying to find one piece of information from a large print source is daunting, there are methods to help the search go smoothly. Haren said he is planning to release some tutorials that go over ways to use things like the table of content and the index to find information. Or you always ask a librarian for assistance.



COURSE SUBJECT LIBRARIANS

At a large school with such a variety of majors, it makes sense the library would provide students with librarians who can help with each area. Course subject librarians are the best people to ask for help when looking to start a research project.

"The whole goal of having a subject librarian is we aren't necessarily total experts in the topic, but we are experts in helping you find stuff on a topic," said Haren.

All you need to do is come into the library and ask for some help. The librarians will ask a couple of questions to gain a better understanding of your needs. With that information, they're able to find articles or books based on the description of what you want.

Haren said the best part of his job is being able to help a worried student find what they're looking for, so they can leave empowered. So, don't be afraid to come to the library and ask one of the many subject librarians for help.

Cultivating Community

Cultural Centers provide space for every CPP student

by DARREN LOO

At Poly Pomona is a diverse campus, and with diversity comes different cultures and backgrounds. The cultural centers located in buildings 95 and 26 are a great place for students in the same cultures to meet and gather as well as help people of different cultures learn more about other cultures.

The cultural centers offer many services, including printing services, access to a microwave, study spaces and much more. The centers also host events such as resume workshops and networking events. Here are some ways students use the cultural centers as well as some fun events you can attend:



photos by DARREN LOO

ASIAN AND PACIFIC ISLANDER STUDENT CENTER

The cultural centers don't only offer support and educational seminars, but they also host fun events. The APISC, along with Associated Students Inc., hosted the Bronco Night Market, which was a well-liked and popular event.

"I really liked the vibes of the Bronco Night Market," said Jayson Pacio, the president of the Filipino-American Student Association Barkada and a computer information systems student. "We had the Barkada band perform there. All the vendors and all the other cultural clubs being there gave a really warm feeling, and it was welcoming to see all that. It made me feel more proud about my culture and everyone else's culture that was involved."

BLACK RESOURCE CENTER

Although CPP is a diverse campus, it is also very much a commuter school. This can make it hard for some to find a sense of community on campus. However, Elom Attipoe, a social justice leader at the BRC, explained the cultural centers are a good place to find that community.

"When it comes to the centers, we're very welcoming here," Attipoe said. "So you just come in, talk to somebody and be around people who look like you, think like you and can help you out with what you want to do in the future."

The BRC is behind the Black Thriving Initiative and many other clubs and organizations that push for a more equitable community at CPP and help Black students network.



CÉSAR E. CHÁVEZ CENTER FOR HIGHER EDUCATION

For students, some days can be really long. Some might have a class in the morning then another in the evening. The culture centers could be a place for some to simply take a nap or catch up on some homework.

"The culture center is a safe place for me, like I take a lot of naps here," said Dominic Estrada, a civil engineering student. "I like to relax before I get through the entire day. I get some of my homework done. I get to interact with some people in the community, so it's a really nice like break from school while you're still at school."

The César E. Chávez Center for Higher Education also collaborates and supports many clubs and organizations on campus, such as the Mexican American Student Association, which helps foster more community for Latinx and Chicanx students.



PRIDE CENTER

Being part of the LGBTQIA+ community can be challenging, whether that's with finding confidence or finding your identity. The Pride Center can help with any challenges that arise among the LGBTQIA+ community and has resources available that can help with challenges.

"It's nice that you can just be here and hang out with people that won't ask anything of you," said Spoon Malorca, an anthropology student. "Another resource we offer is the clothes closet. You can take whatever you want from that for free or you can donate to that if you have old clothes you don't want anymore. And that's really good because it helps people who don't necessarily have the money or confidence to go out and buy clothing that is affirming for their gender."



NATIVE AMERICAN STUDENT CENTER

The Native American Student Center is quietly tucked in the stables on the hill. It's usually a quiet environment, but there are times when groups of people do show up.

They offer similar resources as the other cultural centers, but they also have a 3D printer.

"You don't have to be Native American to come to the NASC," said Moises Gonzalez, a social justice leader at the NASC. "You can just come here, print something or do work because I think people don't come because they think they have to be Native American. We're diverse; anyone can come; anyone can enjoy their time."

WOMXN'S RESOURCE CENTER

Being a parent can be hard, especially when paired with either school or work. The Womxn's Resource Center offers many useful resources to support parenting Broncos.

Karina Sernas, a liberal studies student and a co-chair of the Parenting Broncos Club, appreciates the support the Womxn's Resource Center gives to parenting Broncos.

"They really want to look out for the parenting community on campus," Sernas said. "There's even a lactation room next door that the Womxn's Resource Center takes care of that anybody could use, which is awesome."

Overall, the cultural centers are definitely something students should visit at least once during their time at CPP. Students don't have to be part of their respective culture to visit the cultural centers. Anyone can go, hang out, maybe meet some new people and use their resources.

CAMPUS SAFETY at CAL POLY POMONA

A UNITED EFFORT

by BETTI HALSELL

Although Cal Poly Pomona is a relatively safe campus, students might fear walking to their cars late at night or be afraid of getting their bike stolen. The University Police Department provides a number of services to ensure students feel safe at all times on campus.

Operating on a 24-hour timeframe, year-round, UPD consists of sworn-in law enforcement and functions as a full-service protection firm. The department delivers emergency response, criminal investigations, crime prevention and educational initiatives.

"CPP is a relatively safe campus given its location, size and population," said Chief of Police Linh Dinh. "That said, CPP is an open campus, therefore, accessible to the general public and external influences. Campus community members should practice the same safety and prevention measures as they would in their home cities or municipalities."

There are numerous amenities set in place to protect the CPP community, especially after dark. The Safety Escort Service is available Monday through Thursday after 6 p.m., providing support in getting from class to their cars or another spot on campus.

Other services include emergency call stations, the blue phones located throughout campus and spread out within the parking structures, and the CPP Safety alert system sends text and voice alerts to phones, email addresses and campus-owned computers.

UPD also works collaboratively with University Housing Services and other departments to develop stronger forces of protection around CPP.

La'Keisha Beard, director of residence life, emphasized the importance of maintaining physical security while living in the dorms, including ensuring doors and windows are always closed and locked when residents aren't in their rooms.

"A primary safety concern in the residence halls is people propping open exterior doors, which allows open access to residence facilities and creates a potential safety and security concern," Beard said.

In addition to the awareness of this potential breach in security, Beard outlined other residential focuses including the reduction in bike theft, noting UPD's Bike Registration service available for students looking for extra protection for their bikes. Registering your bike supports proof of ownership, deters theft and assists with recovery.

Business student and campus resident Deja Jimenez feels safe on campus and confirmed she hasn't experienced any feelings of distress, but she still takes the necessary steps to stay protected.

"Usually when I'm out, I'm out with friends," Jimenez said. "I go back to my dorm — not too late. I try not to stay out late, just because I guess I'm scared of being alone."

An immediate resource to have saved in your cell phone is UPD's phone number, (909) 869-3070. Unless you're calling from a CPP landline, call this number instead of 911 if you encounter an on-campus emergency for a quicker response time, since 911 will lead you to Pomona's police department instead.



Student Technology & Resources at Cal Poly Pomona

Information Security

Keep your BroncoAccount secure with multi-factor authentication.

eduroam & Campus Wi-Fi

Access the Internet on your devices.

Virtual Software Lab

Access specialized academic software.

MyCPP

Your portal to campus services.

Canvas

CPP's Learning Management System.

CPP Mobile

Multiple campus services, available for Android and iPhone.

IT Service Desk

Technology support.

Tech Lending Program

at the University Library.



Namecoach

Record your name's pronunciation.

www.cpp.edu/it/students/

Computer Labs

Locations and software.

Microsoft365

One terabyte of storage; install Office apps on up to five devices.

Portfolium

Create your portfolio.

Zoom

Video conferencing.

LinkedIn Learning

Learn new skills.



CalPolyPomona

Division of Information Technology and Institutional Planning



SHAKING UP CPP

HOW TO PREPARE FOR AN EARTHQUAKE

by TESSA DUFORE & TAYLOR JASEPH

Cynthia Peters, media relations interim associate director, remembers both the 1971 Sylmar quake and the 1994 Northridge quake. A third earthquake left her with a unique story to tell.

"I was in another apartment that was really earthquake safe. It was built on rollers, so it was supposed to move. I also had a waterbed. And for rollers and waterbeds and earthquakes — they amplify, both of them amplify. I don't know what I was feeling in my bed, but it was more than what was registering on the ground. So that was exciting. I don't recommend that combination."

- Cynthia Peters

Cal Poly Pomona's campus is built along a fault line, so being earthquake-ready is a big concern for students and faculty. In fact, the CLA building's position on the San Jose fault line contributed to the decision for demolition.

Interim Manager of Emergency Management and Business Continuity Ariett Carmona said the best way to prepare for an earthquake is to practice. The Great California ShakeOut is just for that purpose, teaching the campus community what to expect in the event of an earthquake.

For incoming freshmen moving into dorms, it's important to bolt down furniture. Attaching heavy bookshelves to the wall and keeping in mind the placement of heavy picture frames can prevent injury.

Carmona urges the community to prepare an earthquake kit including necessities like water, food and battery packs to charge your phone in case of an emergency. She highlighted that adding personalized things to reduce stress is also an important addition to the kit. Squishmallows and pictures of family members might help someone remain calm in such a stressful situation. Things that will keep people entertained also help reduce stress.

EARTHQUAKE KIT ESSENTIALS



Pet owners often overlook making another kit catered to their pets, yet evacuation shelters often only accept service and support animals.

"On the federal side of things, a lot of times all they can accept is service or support animals, so people would end up staying with their dogs in cars," Carmona said.

Smartphones are becoming a more integral part of emergency plans. Carmona pointed out that on Androids and iPhones, there is a medical ID option in settings. Medical officials like first responders can access the medical ID containing blood type, allergies, emergency contacts and other important information without having to unlock the phone.

Carmona also recommends people send texts and post to social media before trying to call to tell family members they are safe. Calling is slower in times of emergencies.

Carmona remembers the time her family faced the 1985 Mexico City earthquake that was a magnitude of 8.0.

"It's something that impacted my family greatly," Carmona said. "A lot of people died. A lot of buildings were destroyed. I think the ground shook for like a minute and 20 seconds, which is an eternity. My grandma — my mom couldn't find her for two and a half weeks. ... In the meantime, there were a lot of deceased, and so my mom was trying to see if her mom was one of them. Everyone was separated. They lost the house. They lost businesses, including my family themselves. When I say I have been prepared for earthquakes or incidents, I have been prepared my entire life because my family was impacted so greatly."

Carmona's mother eventually reunited with her mother, and her family has since implemented emergency plans for events like earthquakes and fires.

Since a seismic event is highly likely in California, the California State University system created the seismic review board to prepare and ensure the safety of all 23 campuses.



From the review, buildings on the campuses were placed into either "Seismic Priority List 1" or "Seismic Priority List 2." The lists track which buildings the seismic review board should analyze. On the first list, there are two CPP buildings listed: Building 98 of the remaining CLA and Kellogg West. The second lists 12 CPP buildings.

According to Matthew Whinery, the senior associate vice president of Facilities Planning & Management, it is not cost-effective to upgrade some of the campus buildings on the seismic priority list. The Los Olivos Dining Commons, as an example, is not used anymore because it is so close to the fault line and would be too expensive to meet current earthquake safety requirements.

The main reason so many campus buildings fall onto the seismic priority list is because of how old the buildings are, but Whinery said this is a good thing.

"In many cases, the age of the building is actually a positive as opposed to negative," Whinery said. "I've been told by many people in Facilities that, like Building 1 is an incredibly strong concrete building that the way they built it, these older buildings are rock solid."

Like Carmona, Whinery advised students to practice for earthquakes and participate in the Great California ShakeOut to prepare in the event of an earthquake.

"All of the buildings on campus are approved," Whinery said. "They are safe to be in."

As an engineering school, CPP has an Earthquake Engineering Research Institute club. EERI, the non-profit organization, annually holds international competitions to see which schools can build the best high-rise models to withstand earthquake simulations. The competitions align with talks and research exhibitions about earthquakes.

Marissa Hernandez, EERI's CPP student chapter president and a civil engineering student, said the club will start writing the proposal for CPP's high-rise model in December. In spring, the team will build the model out of balsa wood and laser-cut wood a bit thicker than popsicle sticks.

"We want to win this year," Hernandez said. "Now we're looking forward to our competition this year. We have a good team. We have new people, too, that are getting involved. So, we're really excited to see, and we had a good start."



The Care Center is a first-stop location for any student seeking assistance with basic needs and wellbeing services.

We seek to normalize resource seeking and create a culture of care where all students have the tools and resources to achieve their personal and academic goals.

Services Include:

- Food Resources
- Housing Resources
- Financial Resources (Basic Needs Grant)
- The Clothes Closet (Free, Professional Clothes and Accessories)
- Case Management Services

cpp.edu/carecenter



CalPolyPomona

Counseling and Psychological Services (CAPS) is the campus' mental health provider. We provide short-term individual, couple, and group therapy services in comfortable, confidential settings, both in-person and through telehealth sessions.

Our therapists are licensed to practice in the State of California and CAPS is accredited by the International Association of Counseling Services.

Services Include:

- 24-hour Crisis Intervention
- Individual, Couple, and Group Therapy Services
- Mental Health Workshops and Outreach
- Clinical Consultations
- Mental Health Awareness Training

cpp.edu/caps

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GETTING ON THAT CHINA

JOBS ON CAMPUS FOR STUDENTS

by KATELYN LA

Cashier, barista, assistant, tutor, safety instructor. These are some of the many jobs at Cal Poly Pomona students can apply for. Foundation, ASI and groups that run the work establishments on campus are dedicated to providing an environment that supports the students with not only a paycheck but also flexible shifts surrounding their course schedules.

"We're very flexible because we understand that they're students first, then they're employees," said Shari Benson, chief human resource officer of Cal Poly Pomona Enterprises.

BRONCO BOOKSTORE

Located in Building 66, the Bronco Bookstore is one of many places students can apply to work for. The Bookstore opens applications for new employees at the start of each semester, so students interested in working here should keep an eye out on the Foundation website for these new job postings.

With a variety of departments ranging from the tech center to cashiers, there are multiple chances to work independently or with others.

"You do have moments where you have to communicate with your team members or managers, but the fact that you can work independently, I really like that," said Natalie Vieyra, a member of the ecommerce team.

BRONCO RECREATION & INTRAMURAL COMPLEX

Work establishments on campus are understanding of students' busy school schedules. When having to balance so many requirements, it is helpful to have a manager who understands this.

"My manager is pretty understanding that I'm in a hard major as a mechanical engineering major, while also being in soccer," said Lindsay Sung, a member services attendant. "So, she works well with me and my schedule and understands that I have other things other than work I have to worry about."

From being a member services attendant to being an intramural sports official, this is a place for those wanting to work in a field with athletics. Here, student workers help students scan into the building or hand out rental equipment.

CARL'S JR.

Nicholas Magtangob, a team member at Carl's Jr, recounted a time when he was playing volleyball with some coworkers outside the residential dorms. Two former customers recognized him and asked to join in the game. Working as a cashier helped him gain new friends.

At Carl's Jr., becoming a team member means learning a large range of skills. Team members learn how to do everything from cooking the food to working the registers. So, if you prefer to work away from the eyes of other students, working in the kitchen is a great option. If you would rather interact with customers, cashiering is the place for you. Working at a job with high customer interaction can help build friendships you wouldn't have made before.

STARBUCKS

Starbucks is a job that comes with more stress than one might expect. As the go-to place for students and professors to get their coffee, Starbucks always has a steady flow of activity. When everyone is waiting for their drinks with only a set amount of free time, tensions become high when drinks are made wrong or take too long.

"I've had a couple customers be rude," said Sofia Luminato, a barista. "They've actually tossed the drinks at me and got mad."

However, she noted customers like this are few and far between. Despite this incident, working at Starbucks does come with its perks. If workers work longer than a four-hour shift, they get a free checkout for under \$12.

STUDENT SERVICES BUILDING

Working at the Student Services Building is where student employees learn a lot about CPP. As the go-to place for questions, employees need to be prepared to answer questions any guests have. These student workers help lead the campus tours around school while answering any other inquiries.

Even though there is a high amount of interaction with other visitors, employees still have plenty of time to bond with their fellow coworkers.

"I feel like it's just a really good work environment," said Sedona Quimby, a Bronco outreach ambassador. "Everyone's really friendly, and it's a lot of information we need to know to do this, but it's been really fun."

An on-campus job provides the opportunity to make lifelong friends in a positive work environment. It leads to students enjoying going to work, even if it is just to see friends.

photos by ALEXANDER NOVOA

GAME ROOM

The Game Room is another great place on campus to apply for. As a place for students to go unwind and have fun with friends, the vibes are mellow and relaxing. The Game Room has a larger range of hours than most other work places on campus, opening from 7 a.m.-10 p.m. Monday through Friday and 8 a.m.-3 p.m. on weekends. This means there is always a way for students to get hours in without having to compromise their class schedules.

"It's helpful that I'm working here on campus, so I'm able to work on homework as well as taking care of things here at work, too," said Paul Lopez, an operations attendant and event liaison. "It's convenient because I can go straight from class to work and not have to commute anywhere."

HOW STUDENTS GET THROUGH COLLEGE: ADVICE FROM UPPERCLASSMEN

by KRISTINE ASHLEY PASCUAL

Going into your first year of college is scary. As teenagers who a lot of the time still feel like kids, a big campus community such as Cal Poly Pomona is a whole new playing field.

But upperclassmen can help. They have gathered knowledge over the years about getting the grades you deserve, parking and even putting yourself out there socially, despite it being uncomfortable. Here are five things to know before starting your first semester at CPP, according to upperclassmen:

PARKING

With almost 30,000 students, parking can be rough, especially when almost everyone is commuting. So it's important to get to campus early.

"Make sure to leave early enough to account for traffic and lack of parking spaces if you commute," said Youssef Zerroug, a computer science student.

Trust the upperclassmen when they tell you to leave early, maybe even do some test drives to get a feel for how long it will take to arrive on campus. Make sure to allot enough time to leave your house, walk to class and sit down to at least catch a breath. Sometimes the traffic doesn't come from the freeway; it comes from the parking lots.

"The most useful part is to learn where to park when all the lots are packed and when traffic is high," said Zerroug.



photos by KATELYN CHOW



CAMPUS CLUBS AND SOCIALIZATION

From fashion clubs to auto clubs and video game clubs to cultural ones, there are more than 300 campus clubs, so students are sure to find one that piques their interest.

Being a first-year, it is extremely important to put yourself out there, connect and meet new people. Students who live on campus have it a little easier, but most students are commuters, so it is easy to feel disconnected from campus.

"I guess my biggest struggle was feeling disconnected from everybody on campus," Zerruoug said. "I'm participating in club, work and more extracurriculars than before, which has benefited me tremendously by helping me feel more involved in the CPP community and by improving my skills, knowledge and such."

Each semester, CPP also holds a club fair where for a few hours, students make their rounds and see which clubs interest them. Digital marketing master's student George Barahona urged incoming students to take advantage of on-campus clubs and organizations.

"I cannot stress this enough: join clubs and organizations," said Barahona. "I had no idea that you could add clubs and organizations to your resume as experience. I wish that was something I knew before going to college."



TIME MANAGEMENT

When students first enter college, sometimes it can be difficult to balance academic life and social life. While it is important to challenge yourself, take time to yourself.

"It's about giving myself the space to focus on one thing at a time and then also making free time for myself," said Elizabeth Raburn, a physics student. "As much as I love dancing or as much as I love doing these long derivations of certain equations, I never want to make myself feel burnt out. So, there are times that I take for myself to watch my favorite show, dance or work out at the BRIC."

Some students like to stay organized with planners, but calendars are also a really great resource to jot down events and meetings. Google Calendar is another good tool to keep track of a busy schedule.



RESOURCES, RESOURCES, RESOURCES

There are so many free resources on campus. Professors' office hours are a great starting place, but sometimes students need something that doesn't fall within their major.

"For those feeling behind on curriculum (especially CS students), there's lots of free resources online including roadmaps, information databases and learning tools that you can utilize whenever," Zerroug said.

Professors want to help students, but it is up to you to approach them during office hours.

Besides professors, there is the Learning Resource Center for tutoring, Career Center for jobs, Student Health Center for check ups and more. Knowing about these resources and utilizing them is a key to success.

NETWORKING

"Something I wish that I did during undergrad was build a network and meet more people," said Barahona.

Networking is huge in college. In many career fields, it really is about the people you know, so make sure to introduce yourself to people working in your desired job, those who come to your classes as guest speakers and talk on club panels. Having a LinkedIn and making the effort to create connections with other professionals can also help make or break a future career.

"I've really made sure I've networked, I've communicated," said Raburn. "I go to the professor's office hours every single week. I'm constantly talking to just people in my major, and I've also branched out and joined more social clubs."

It can be scary to put your foot in the door and talk to professionals working in the real world, so it's key to remember not to push yourself too hard. However, introducing yourself and making your name known might be the reason you get a job in the future.

"I just emphasize this: Don't be afraid to immerse yourself in the community, whether it be academically or socially," said Raburn. "Open yourself up to opportunities that are being presented to you."

THE DORM LIFE

by KATELYN LA

Gabriela Ake, a resident of Bonita, decorated her dorm in multiple ways to give it a homey feel. She hung pictures of family and friends back at home and keeps religious items like La Virgen de Guadalupe as reminders.

Dorming is a great opportunity for students to make new friends and learn to gain a new sense of independence. Basic amenities are provided by the university and the close proximity to classes is a huge perk. Cal Poly Pomona offers a wide variety of dorming options that will suit the needs of any student.

According to the University Housing website, to ensure you get the dorm you want, first-year students and transfers should apply early. The housing office gives priority to those who apply early based on the date and time the housing forms are submitted online. For returning students, they also give priority to those who apply early in addition to paying the \$450 initial payment.



RESIDENTIAL HALLS

The Residential Halls house first-year students and are the newest dorms on campus. The halls, Sicomoro and Secoya, are located on the south side of campus by Centerpointe Dining Commons and the Bronco Student Center. This new eight-story building has a communal space on the first floor. There, students will find a kitchen, some study rooms and the laundry room.

The laundry room does cost money to use. It is \$1.25 to wash and \$1 to dry. Residents can pay through the Pay Range app or use coins.

As a newer building with so many floors, there is an elevator for residents to use. However, since there are approximately 450 residents in each hall, the elevators can get busy. There are stairs residents can use if they don't want to wait.

From the second floor up, residents will find the dorm rooms with a residential adviser in each wing. In each room, a bed, desk, chair, drawers and closet are provided for each resident. The room sizes will range depending on how many roommates you have. There are five bathrooms in each wing shared between three to four rooms.

The residential halls provide many amenities all within a small radius. Located next to Secoya is a volleyball court that is free for students to use. The BRIC and The Game Room are also a short walk away.

RESIDENTIAL SUITES

Estrellas, Bonita, Del Sol, Montanas and Luna are the suite-style buildings located next to the BRIC. These suites are for transfer, returning and graduate students. Every building has elevators and stairs to reach each floor as well as a laundry room.

Like the first-year dorms, the laundry room does cost money to use. It is \$1.25 to wash and \$1 to dry. Residents can pay through the Pay Range app or use coins.

Every suite has a balcony, a living room and a kitchenette area with basic furniture included.

Residents have the option between staying in a suite with four single rooms, two single rooms and a double room or two single rooms with an RA. Every bedroom provides a bed, dresser, desk and closet. There are two restrooms in each suite, with a vanity outside the shower room.

"I saw the suites, and they look like little apartments," said Ashantai Sanders, a resident of Bonita. "They're comfortable and way cheaper than the other dorms."



UNIVERSITY VILLAGE

Located across the street from CPP, the University Village is another option for transfer, returning and graduate students. While it is further from campus, there is a shuttle service that takes students to and from each location. The proximity to the Farm Store also means many students go there for their groceries.

The Village has a swimming pool and basketball court residents are able to use. There is also a 24-hour computer lab and free on-site laundry services.

The Village offers three types of rooms. One option has two double rooms with a total of four residents. Another option has single rooms with a total of four residents. The last option is the same as the previous but with larger square feet. Each apartment comes with two bathrooms, a kitchen, a dining room and a living room. Basic amenities are also provided.

"What I like about the Village is that it feels more like an apartment rather than a dorm," said Enrique Charles Kalis, an RA at the Village. "That's something I really enjoy and appreciate."

TRADITIONAL HALLS

The Traditional Halls are the red-brick buildings located on the north side of campus. These buildings - Encinitas, Montecito, Alamitos and Aliso - are also for first-year students.

Unlike the Residential Halls, these buildings only have three floors. The first floor contains dorm rooms as well as a communal area that includes a pool table and ping pong table. This is where residents will find study rooms, the kitchen and the laundry room.

Like the Residential Halls, the laundry room does cost money to use. It is \$1.25 to wash and \$1 to dry. Residents can pay through the Pay Range app or use coins.

Behind Montecito, residents will also find a basketball court that is free to use.

Every dorm room comes with a bed, desk and chair, drawers and a closet for each resident. Unlike the Residential Halls, all the rooms are the same size. So, if you are in a single, you would be able to get a room just as large as the room for those in a double. Each floor has two restrooms for the floor to share, one for men and one for women.

The walk to Centerpointe to get a meal is far; however, the Traditional Halls are near the College of Business Administration, which has a Pony Express along with Element Coffee and Food.

"Living independently, that's the best part of dorming," said Dylan Tram, a freshman dorming in Montecito. "I'm responsible for my own actions now."

Tram noted dorming is not completely what he expected. Despite this, Tram is happy dorming has allowed him to make many friends.



photos by LAUREN WONG & MATTHEW REYES





does driving to school DRIVE you nuts?



by BILLY HUANG



Part of the college experience for most Cal Poly Pomona students is having to commute to school everyday. Whether it's the endless traffic on the freeway or trying to find a spot in the jam-packed parking lots on campus, getting to class on time is not an easy feat.

As a commuter school, the majority of students attending CPP dedicate hours of their time on top of their busy school schedule to just driving. While it may be a struggle to get on campus everyday, many students choose to commute from home because of how expensive dorm rooms can be.

Unless students are willing to pay almost \$8,000 every semester to share a room with two other people — or more than \$9,000 for their own room — leaving home early and driving to school seems like the only viable option.

"I do find it a bit inconvenient that I have to drive (to CPP), but it is just less financially straining compared to living on campus," said Marco Joson, a computer science student. "I think it would be nice to live on campus at some point while attending this school, but as of right now, I have no choice but to commute."

Time management is also a crucial component to student success, but having to commute to school can often discourage students from even wanting to set foot on campus. Not only do students have to strategically plan how much time they need to get ready for school, they need to take into account how much traffic there is, how long it'll take to park and the time it takes to walk from the parking lot to class.

"I lose an hour and a half having to drive there and back," said Christian Cook, a computer science student. "It also takes me at least half an hour to get ready every morning, not to mention the horrendous parking situation on campus and the 15 minutes that it takes me to walk from Lot M to my class. It's not a big deal day to day, but over the course of a semester, those hours can add up."

If a college student spends an average of two hours a day getting to and from school five days a week, that is at least an extra 150 hours per semester students have to sacrifice and plan their schedules around.

Additionally, students struggle to find any parking spaces during busy times like U-Hour — from noon to 1 p.m. when

students have a break from classes, which can often lead to tardiness and lowered participation grades, putting even more mental stress on students.

Unlike students who live on campus, those who commute to school have to go through a series of obstacles before they can sit down in the classroom and begin learning. According to electrical engineering student Carlos Horta, the main concern for him is getting to school on time and safely.

"The biggest struggle for me is the time commitment," said Horta. "Also driving is not the safest. I actually just got into an accident today on the way here. I'm OK and here in one piece, but it's just a little annoying. That's it."

As upsetting as being tardy may be, safety should always be a priority for students and faculty members when commuting to school. According to USA Today's report on fatal car crash statistics, the number of deadly car crashes has risen over the last several years. From 2018 to 2022, the number of fatal accidents in the United States has increased by more than 16%.

Even though these struggles remain a reality for all commuters at CPP, the dream of one day being able to receive their diploma is what "drives" many to keep up with their daily routine. With enough determination, good planning and time management, college students can overcome these struggles and continue their path to success.

WANT TO SHAPE THE FUTURE FOR YOUNG CHILDREN? JOIN US! Early Childhood Studies Department

The Early Childhood Studies (ECS) program provides students with the knowledge and skills needed to make a positive difference in the lives of children from prenatal to age eight and their families. We are dedicated to fostering a student-centered, active learning environment where students take theory into practice using a social justice lens that values inclusivity and diversity and advocates for ethnic/racial, gendered, and other underrepresented individuals in society.

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how to get to class **ON TIME**

by JESSICA SILVERIO

At Cal Poly Pomona, the race against the clock to make it to class on time is a daily battle every student can relate to.

Between a large campus and tight schedules, finding the right mode of transportation can be the key to success. From pedal power to the latest in electric scooters, here are some innovative ways CPP students are navigating their way to classes:

photos by ALEXANDER NOVOA



bicycles

Among the diverse modes of transportation favored by CPP students, bicycles are one of the top choices. The convenience of pedaling offers an efficient and eco-friendly way to navigate the expansive campus. With dedicated bike lanes and racks for secure parking, CPP has prioritized cycling as a reliable means of getting around campus while also promoting sustainability.

"I'd say biking around campus is only worth it when you have multiple classes that are spaced far apart or else there's not enough time saved to justify hauling a bike to school," said Ryan Mittelstadt, an aerospace engineering student who uses a bike to navigate the campus. "It's brought my travel time from 20 minutes to two minutes."

When locking your bike, lock the frame with a sturdy, burly chain or U-Lock, and secure the wheels with your lock. This will ensure your bike is just the way you left it.

To ensure extra safety, CPP students are eligible to park their bicycle in a secure bike cage located in Parking Structure 2. You must have a valid Bronco ID to use this service and 24-hour access to the bike cage is free.

skateboards

Similar to bicycles, skateboards also have a dedicated following among students who prefer to ride with a twist of old-school cool. Skateboards provide an agile and fun way to navigate campus, especially for those who have mastered the art of cruising on four wheels. Skateboarders find their own rhythm on the walkways and open spaces, making it a unique mode of transportation that combines style and efficiency.

"My longboard has absolutely made the campus much more accessible than if I was walking," said Kyle Just, a computer science student who's embraced skateboarding as his go-to mode of transportation. "I can't imagine getting around campus any other way."

Whether you're weaving through pathways or cruising down sidewalks, skateboards offer a time-efficient solution that has found its place among the diverse transportation options at CPP, helping students race against the clock and win the battle of getting to class on time.



e-scooters

Electric scooters have become a popular choice among students seeking modern and efficient transportation solutions on college campuses. These battery-powered companions have emerged as game-changers in the transportation landscape at places like CPP. E-scooters are designed for short-distance travel, making them perfect for navigating the campus quickly.

"Having an e-scooter allowed me to quickly get around campus, especially when I only have 15 minutes between classes," said Anthony O'Neill, a business student in technology and operations management who emphasizes the value of e-scooters. "It has also opened way more parking options, as I don't mind parking far away from my class and can avoid the crowded parking lots."

As with any mode of transportation, safety should be a top priority. Take extra precautions, wear protective gear and adhere to campus regulations to ensure a smooth and secure ride.





Senior Projects

How Broncos prepare for life after college

by TAYLOR JASEPH

Capstone project. Senior seminar. An internship. Senior project. All of these have something in common for Cal Poly Pomona students: It fulfills the mysterious senior project requirement most students need to graduate.

What fulfills the senior project requirement varies from department to department. It could be an individual project thought up completely by the student, or it could be a group research project of up to 20 students. The point of a senior project is for the student to take all they have learned in their three to four years at CPP and apply it to a tangible experience they can showcase to their industry.

Music Department

Music industries student Stacey Garcia's senior project of putting together a live concert turned into a mosh. After a year of planning and contacting bands, it was the day of the concert, and in live shows there will always be some issue that pops up unannounced. So, Garcia got to CPP early.

"Usually in live stuff you run into issues, something somewhere doesn't work, and you have to figure it out," Garcia said.

For Garcia's live show, the unannounced issue was a speaker not working. Frazzled, Garcia called everyone in the music department for help. The problem was a routing error, and the department technician fixed it quickly. But Garcia planned for this, putting a cushion in the schedule to account for problems, so the dead speaker barely cut into the bands' sound checks. Garcia's concert continued without a hitch, and yes, it did turn into a mosh.

"It's a chance to showcase the things that you learned whether it be outside the classroom or even inside the classroom, but also kind of specialize it to your interests," said Garcia. "And it's something that I'm definitely going out to employers and being like, 'I had the title of production manager on this project. I was the person who did all of this, and this is what I have to show for it.'"

In the music department, the students think up their own individual project. Garcia began thinking of her idea a semester before she enrolled in her senior project course. Garcia then spent the fall semester planning what her concert needed and reaching out to the bands.

The spring semester was when she began implementing everything she needed for the concert, working closely with the music department chair to show CPP what she learned from her three years at the university.

Computer Science Department

In the Computer Science Department, a senior project is not required in the student's course curriculum to graduate, but students have the option to do one. By doing a senior project or an internship, it will fulfill two required elective units for the student, one for each semester.

Whenever a faculty member begins a new research project, it is announced within the department, and if students are interested, they are able to work with the faculty member and gain course credit.

Department Chair and Professor Daisy Tang encourages students to do a senior project, as it provides something a student can't get in a classroom. By immersing themselves in a research project for a year, students learn more skills to be more prepared to join the industry, go to graduate school or even continue to a doctorate program.

"They are more independent," Tang said. "They need

to think about their problems and how to solve them. It's something that you cannot get from a typical classroom. Typical classrooms, the professors prescribe what kind of project they want, and it's more a fixed way of solving the problem."

Tang is advising three different senior projects. All the projects are related to the Boston Dynamics yellow robot dog named Spot, sometimes seen in the University Quad.

Tang's three groups are each programming Spot to learn and complete a new task. The first group is working to integrate ChatGPT with Spot, so it will do the tasks the speaker wants Spot to do. The second group is working on a surveillance project, where Spot's camera will be programmed with facial recognition. Any stranger the robot doesn't recognize, Spot will bark at them. The third group is working with Spot to teach it how to play Tic Tac Toe.

Urban and Regional Planning

Gwen Urey, chair and professor in the Department of Urban and Regional Planning, did her undergraduate senior thesis on murals. She bought a 30-day Greyhound bus pass and rode around the United States looking at murals and speaking with people in mural making. Urey never thought of herself as a good student, but her senior thesis was formative for her, and she gained some chops after obsessing over murals for a year.

In the URP department, the senior project is broken into two courses. The first one taken in fall is structured like a class where students review research methods, conduct searches to scope out topics and come up with topics that interest them. By the end of the semester, students

have a proposal they will present to a jury — one faculty member who partners with someone from the industry — to be approved.

The second semester is a supervisory course where the student will work with a faculty member to execute their proposal, creating deliverables of a paper and poster. Another jury of industry professionals then scores the posters based on a rubric of CPP's overall student learning outcomes.

"They're not grading the students; they're grading the program," said Urey. "Have these students learned the stuff you promised them they'd learn."

The purpose of the senior project is so the student has a culminating experience that is not a group project. This is an individual project where students are doing their own research, doing their own writing and being solely responsible, so students can go to their industry and show they did their project themselves.

URP students, along with their senior project, also need to do a capstone project over two semesters called Community Planning Studio. This is where a team of students work together to develop some sort of plan for a local jurisdiction or organization.

"When that is happening, students get much better prepared for it and get invested in it years before it happens and realize what they're interested in matters and can really help them shape their destiny, and also they can change their mind," Urey said.

Civil Engineering Department

By the end of the year, my senior project group of 20 students need to present a redesign of an existing reinforced concrete 23-story hotel to be constructed almost completely out of timber.

In the civil engineering department, the students don't think up our own senior project, nor do we work alone. In the semester before we enroll in the senior project course, all students are sent an email with 10 to 15 options we need to rank, hoping to be assigned to our top pick. At the beginning of the next semester, we are notified on which senior project we received and add the course to our schedule.

The whole senior project is student-run with the aid of one or two advisers, testing every one of us on what we have learned in the three or four years at CPP. It is on us

to research and understand what we need to do for our project, simulating an environment reliant on teamwork, which is what the whole engineering industry is about. At the end of the year, the department holds the senior symposium, where all senior projects present to faculty and students alike.

Senior projects might make us cry in frustration or bang our head on the desk when something doesn't work out — but this is what they are supposed to be. Senior projects are meant to be stressful and challenging, meant to make us cry and lose sleep. But senior projects are also meant to give us something to show to our industry, where we can say, "I did this."

Capstone project. Senior seminar. An internship. Senior project. All of these words accomplish the same thing for CPP students: They provide a tangible experience that prepares us for life after college.



Survivor Advocacy Services (SAS) is available to students, staff, faculty, and alumni, who have been impacted by sexual violence this includes sexual assault, intimate partner violence, dating violence, sexual harassment, and stalking.

The survivor advocate provides confidential emotional support and a non-judgmental space to discuss concerns and options with individuals who are in crisis. When a person decides to meet with the survivor advocate this does not initiate any formal reporting, investigation, or complaint process.

Confidential advocacy are one on one settings that provide a safe starting process with a trauma-informed and culturally responsive lens for students, staff, faculty, and alumni affected by these issues.

Speaking with a survivor advocate provides guidance to an individual in finding resources to connect too by assisting the survivor in making informed decisions by developing an action plan so the individual can choose, which plan best supports one's needs in moving forward.

Ways to connect with SAS and get involved:

SAS Peer Educator, Graphic Designer, and/or ongoing campus wide prevention education programs.

If you or someone you care about have been impacted by sexual violence and would like to speak to someone confidentially, please contact SAS at: (909) 869-3102

HOURS: Monday-Friday: 9am - 5pm EMAIL: survivoradvocacy@cpp.edu @cppsurvivoradvocacy



COMING OF AGE

ALUMNI OFFER ADVICE FOR NEXT GENERATION OF CPP STUDENTS

by ATHENA FLORES & ELIZABETH TEO

Going to college is never a linear experience but more of a squiggle that ebbs and flows or coils like your tangled headphones from your pocket. It is complicated, frustrating, confusing and sometimes fun, but these years allow students to learn more about themselves.

No matter where they came from or how long it took them, for alumni who've had to say goodbye to Cal Poly Pomona and thought about their time at the school, it's always bittersweet reflecting on their squiggle of a journey from the start to end.



YARITZA GONZALEZ

Yaritza Gonzalez began her college journey at just 17 years old as a physics major and graduated at 23 as a music industry studies major. Her college experience has been anything but linear and uncomplicated; however, Gonzalez found peace in the person she has grown to become.

"It's been a whirlwind of emotions," said Gonzalez. "It's been a big journey of learning who I am, how to exist outside of my home and how to become an adult. Growing up."

After moving to CPP from what she described as an overprotective home in San Diego, Gonzalez got her first taste of total freedom when she moved into the dorms: no bedtime, no chores and no accountability.

As the semester passed, reality hit hard for Gonzalez when she realized she would have to return home for break. Although happy to see her family, she had been keeping a secret. Gonzalez failed all her classes in her first semester of college and was put on academic probation.

Fearful and nervous, she told her stepfather as soon as he picked her up. Gonzalez carries his response to this day. Failure is not something that you need to keep a secret, it is something that you own up to and learn from.

"Failure is not a bad thing, it's vital to your own growth," Gonzalez said. "I think taking ownership of that is super important. It's OK to fail."

As her first year passed and time continued, Gonzalez was faced with many more hurdles and life lessons.

"I had never experienced burnout to the extent that I experienced last year," Gonzalez said. "Everything was changing and nothing was consistent, and I required consistency. Everything in me wanted to give up, but I just learned resilience and to power through even when you don't want to."

Despite the challenges, Gonzalez kept going and learned the importance of time management. She explained if you're responsible, the time will come from somewhere.

"I have homework to do and I have friends to catch up with, so you slap them together and do homework with your friends," she said. "You become flexible. You are capable of doing more than what you realize."

ALEX KLINE

During alumnus Alex Kline's first year, he faced his first challenge: finding a major, which didn't come easy being undeclared. Now the newest member of the CPP athletics department, Kline ended up in business administration with an emphasis on computer information, graduating in 2019.

When asked how his college experience was from his first to last year, Kline described it as "baseball" since he was a catcher for the CPP's baseball team.

The yearly informal ping pong tournament made his team a family. Being the group's baby, as many of his teammates were juniors and seniors, Kline leaned into gaining knowledge from the older guys on the team.

His favorite moment was playing, which he described as a team moment, making it to the World Series twice and being able to be a part of it.

But even though most of the moments were positive, Kline did experience drawbacks being on the road. He could not commit the time to lean into his coding classes and get the hang of things. But he ended up becoming interested in marketing and his path changed.

While Kline might not use coding as a skill today, he found many indirect benefits to his life. His classes taught him about critical thinking and using his technical knowledge with shortcuts. From student to peer, talking with old coaches and staff has been a highlight of his journey today.

Looking back, Kline wishes he got more involved and experienced other things besides baseball. There are so many things on campus, and wanting to know and experience them is something he wished he made a part of his student life.

LILY QUIROS

Lily Quiros attended CPP from 2009 to 2013, where her graduating class in food science and technology consisted of only 20 students, and professors knew everyone by name.

When entering college, Quiros felt the shift from the structured routine of high school to the liberty of making her own schedule. She encountered the choice of afternoon classes, minimal class days or asynchronous learning. The endless possibilities overwhelmed her, but the balance of having all of the time and getting things done is where she found herself struggling the most during her freshman year.

"I kept telling myself, 'I can do this later,' or 'I have the whole weekend because I don't have class,' only to find myself with nothing done the day before class," Quiros said.

She also had to change her mindset about her classes because a fear of failure was another source of pressure. Priding herself in her academics, Quiros took a chemistry class that did not come easy to her, and she felt like she failed. However, she soon realized that was not the case at all.

"I still had that high-school mindset of having to keep my GPA up," Quiros said. "... But that pressure is unnecessary, and you are there because you want to be there."

Quiros encouraged students to pick a major and classes they enjoy, so they can get somewhere they want to be.



United in BRONCO PRIDE

Cal Poly Pomona's cherished traditions & events

by PHOENIX GUEVARA

Amidst the classes, clubs and day-to-day campus life, Cal Poly Pomona students always have something exciting to look forward to thanks to the university's roster of spirited traditions and events.

Whether it's the thrill of BroncoFusion, the joy of snagging a free hot dog during the annual Hot Dog Caper or the late-night adventures of Midnight Madness, Cal Poly Pomona creates unforgettable college experiences through treasured traditions, like these, that unite the campus community yearly.

BRONCOFUSION

"A student will know whether or not their campus feels like home within the first six weeks being on campus," said Roger Fang, Associated Students Inc. programs coordinator and a CPP alumni.

This is why BroncoFusion takes place during the very first week of fall semester - to help new Broncos feel at home right away.

BroncoFusion has evolved into the most highly-anticipated back-to-school tradition, uniting thousands of Cal Poly Pomona students for a night of chart-topping music, contagious excitement and new beginnings with artists like Ty Dolla \$ign, Dillon Francis and MISS DRE along with student performers.

"From my experience when I lived on campus, I got to meet my friends and immediately went to BroncoFusion as my first memory of Cal Poly Pomona," Fang said.

BroncoFusion started decades ago as a small, welcoming event that transformed into a can't-miss concert. The event's name reflects the fusion of music, entertainment and camaraderie that defines the Bronco spirit.

HOT DOG CAPER

For more than 40 years, CPP has hosted a tradition that has fed thousands - the Hot Dog Caper.

Aside from the food, the Hot Dog Caper is a simple yet powerful opportunity to bring the entire CPP community together. This tradition has enabled generations of friendships, memories and connections of Broncos who fondly recall bonding over the hot dogs.

This event takes campus unity to new heights as an army of staff, faculty and student volunteers unite in service and Bronco pride. Months of meticulous planning go into prepping for the operation of grilling and distributing hot dogs, chips and popsicles.

"The Hot Dog Caper is my favorite tradition," said engineering student Anthony Carpenter. "It really brings everyone together. I look forward to it every year."



BRONCO NIGHT MARKET

The cultural centers and ASI are constantly striving to create new and exciting traditions that evolve with the interests of each new generation of Broncos. One of the newest additions is the Bronco Night Market.

Hosted by the Asian and Pacific Islander Student Center along with ASI in early October, the night market transforms Bronco Commons into a hub of student talent, creativity and entrepreneurship. More than 30 artisan vendor booths line the commons, filled with a wide array of handmade goods. Shoppers can find everything from clothing and jewelry to paintings and ceramics.

A central highlight of the market is the array of student-run booths, where student entrepreneurs share their own creations. For student vendors like Mei Darmawan, who is also an architecture student, the Bronco Night Market was the perfect launch pad to unveil their passions and talents to fellow Broncos.

"Absolutely, I would love to come back," Darmawan said. "The turnout has been amazing, and I am a proud CPP student."

Along with vendors, Bronco Night Market has games, performances and many activities to give Broncos a night to remember.

With its communal atmosphere and mix of vendors, the Bronco Night Market creates an exciting new space for students to connect, support emerging student businesses and experience all the talent and creativity Cal Poly Pomona has to offer. A time-honored tradition at two Cal Poly universities is the creation of the Cal Poly Universities Rose Float.

photos by ALEXANDER NOVOA,
TOM ZASADZINSKI & DARREN LOO

PASADENA TOURNAMENT OF ROSES PARADE

Each year, students from the Pomona and San Luis Obispo campuses come together to design, fundraise and construct an award-winning float to be showcased in the Rose Parade in Pasadena on New Year's Day.

The student-built float is a year-long labor of love and commitment. Students devote thousands of hours working around the float's theme and structure, welding the steel base, shaping intricate floral decorations and bringing the design to life.

Winning more than 50 awards to date, the Cal Poly Universities' Rose Float is a testament to the dedication and talents of both Cal Poly Universities' students. This collaboration across Cal Poly campuses also forges lifelong friendships and unforgettable memories.



MIDNIGHT MADNESS

No list of beloved Cal Poly Pomona traditions would be complete without Midnight Madness.

Held late-night every semester on the eve of finals week, this event provides a fun study break when students need it most.

Midnight Madness takes over the entire Bronco Student Center, transforming it into a sprawling wonderland of activities, including arcade games, music and more.

The theme from last December was Into the Galaxy. Students floated through zero-gravity laser tag, danced at the galactic silent disco and got their extraterrestrial fortunes read.

better your brain manage your stress

by MATTHEW ACOSTA

Each and every day Cal Poly Pomona students walk in and out of the Bronco Recreation and Intramural Complex to gain a better physique or to improve their physical health overall, but a blind eye is turned when it comes to working on mental health.

Behind the BRIC, students can find the old CPP gym, which is mainly used as office space and the gym for IPoly students. However, within this building, CPP's Mind and Heart Research Lab resides helping students to find calm in their ever-busy lives.

"The main thing we do for the campus is that we are a center for emotional health and well-being," said Mind and Heart Research Lab Director Alane Daugherty. "This is more of a proactive approach in establishing mental and emotional well-being."

Daugherty's approach to mental health is a proactive one, helping students to understand themselves as well as what techniques and approaches work best for them before they reach a crisis point in their lives.

With a resource this important and so centralized within the campus, there are many students who have never heard of the Mind and Heart Research Lab, let alone know that there is a building behind the BRIC.

The typical way for students to find out about the lab is through the stress management course or through one of the lab's meditation groups. Without either of these two avenues, the lab has little to no on-campus exposure.

Many students look to take the stress management class as a general education course or because they feel they can add an easy class to their schedule. In the case of kinesiology student and Mind and Heart Research Lab student assistant Michael Hanna, the course started out as this, but it became a bigger part of his life than he would have ever expected.

"I took stress management and didn't think much of it, but once I started the course, it changed," said Hanna. "Dr. Alane would put us through a quick two-to-three-minute meditation to focus on the now, which later in the semester I realized how much those helped me throughout the rest of my day."

The lab hosts resources like the emWave, which is a device that connects to the user's finger or ear to measure heart rate in relation to stress levels.

"Our need to come back to calm is built into our psyche, and we're just not getting it," said Daugherty. "We have to do it ourselves, and that is what the lab is all about, providing a space to come back to calm."

Though the Mind and Heart Research Lab is connected to Daugherty's classes, any student is welcome to come during the day for any of their mental health needs, from the emWave to just simply sitting in the lab to destress the day away.

With the assistance from her student assistants, the lab runs five days a week, working with students who enter the lab to create a positive experience and spread the word about the lab with the campus community.

Some of the student assistants come directly from Daugherty's classes, as interests in different areas of kinesiology are covered.

"I took stress management my first semester at Cal Poly because it was recommended by my counselor," said kinesiology student Mark Hanna. "But as I watched the lectures and participated in activities and meditation, I became more attached to it and really enjoyed it."

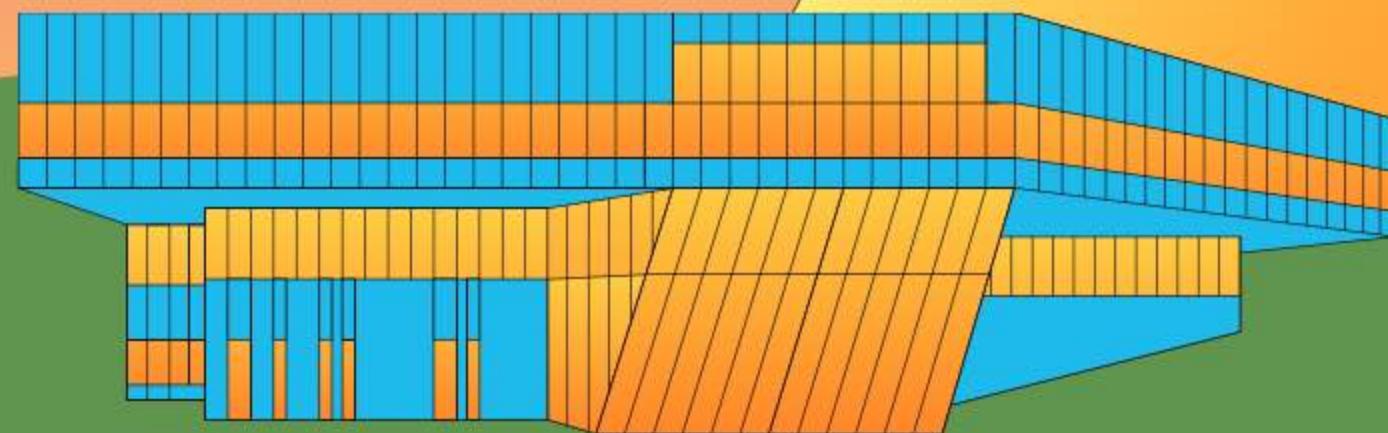
From yoga and meditation to the emWave and just sitting in the Mind and Heart Research Lab with some of the student assistants, there is a way for each and every member of the campus community to learn not only to manage their mental health but to learn to develop a thriving mental state.

Many people view meditation as something that has to be done alongside spiritual individuals that you must commit your life to, but in reality a solid meditation session can be 15 minutes long.

"One of the biggest pieces of information I want to give people is it doesn't take a lot," said Daugherty. "Little shifts go so far in the world of neuroscience; little shifts eventually start to add up."

In this hidden on-campus gem students truly can learn to develop their life skills and cultivate their minds to be able to tackle the vast challenges life has to offer, all they have to do is explore what's behind the BRIC.

Counselors and therapists are also available to currently enrolled students at no cost through Counseling and Psychological Services. CAPS is located in Building 66 (the Bronco Bookstore), room 116 and is open Monday through Friday from 8 a.m. to 4:30 p.m. CAPS is open through all breaks except for holidays and campus closures. To reach CAPS by phone, call (909) 869-3220.



FARM STORE FOODS

photos by
LAUREN WONG

For CPP, from CPP by SAMANTHA CARMONA

From its sweeping green hills and its iconic horses and pastures, the agricultural side of Cal Poly Pomona is something most students and faculty are quite familiar with. And these fields and groves aren't just for show. The campus's cultivated landscape is a reflection of its "learn by doing" philosophy, giving students the opportunity to work on real farmscapes.

Between the CPP Nursery and AGRiscapes farm, there are plenty of products on campus grown, tilled and picked by students ready to purchase at the on campus CPP Farm Store.

ORANGE JUICE

One of the more iconic products is the freshly squeezed orange juice, made with oranges available on CPP campus. The orange groves, also under the surveillance of the College of Agriculture, are similarly harvested by students.

The Farm Store squeezes the oranges every morning and doesn't add any additional sugars or ingredients to the juice, resulting in a deliciously refreshing and revitalizing drink. Farm Store Manager Brianna Cox describes CPP's orange juice as "just not the same as other juices."

CPP orange juice can also be found outside of the Farm Store in the Campus Center Marketplace, where it is sold at Fresh Escape.

CPP ICE CREAM

One of the latest endeavors for CPP products is its ice cream made in collaboration with Coney Island Creamery in San Dimas, California. Originally available as a limited pumpkin flavor during CPP's Pumpkin Festival, the product expanded its variety after positive feedback.

Eric Phan, hospitality student and culinary development student assistant, explained the ice creams go through several rounds of testing to develop the best flavor.

"We requested that the farm had pumpkins for us, either the large jack-o-lantern sized pumpkins, or the little sweet pumpkins," Phan said. "And we would develop and test a bunch of different versions of the pumpkin puree, send the pumpkin puree over to Coney Island Creamery and have them develop the pumpkin ice cream that we had during that time."

The ice cream is available in two flavors, avocado and satsuma mandarin. Each is extremely smooth and not too sweet, representing a perfect balance between the flavor in focus and the creaminess that comes with ice cream.

The Farm Store, located on campus just off Temple Avenue and South Campus Drive, is open seven days a week and offers online ordering for curbside pickup.

RED WINE & ROSÉ

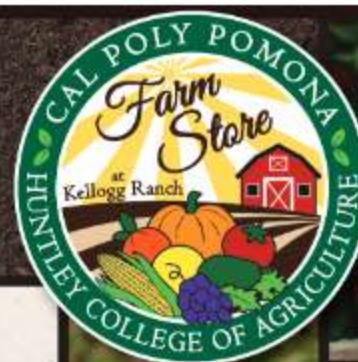
In addition to Innovation Brew Works, CPP's own campus brewery, the Farm Store has its own specialty CPP wines for those who wish to have a more sophisticated alcohol to savor.

Horsehill Vineyards, a project created in collaboration between the South Coast Winery in Temecula and the CPP Don B. Huntley College of Agriculture, currently has two varieties of red wine available at the Farm Store: the 2017 Zinfandel and 2019 Red Blend. The two wines are made with CPP student-harvested grapes, which are then bottled at South Coast Winery and shipped back to campus.

Even the designs of the bottles are student-created with motifs representing CPP icons, such as the Koi Pond, Bronco Shuttle and the gone-but-not-forgotten CLA building.

The reds each have a unique robust flavor, which can be paired with other products available at the Farm Store such as cheeses and honey. A 2022 rosé is also available for those who prefer lighter wines.

Farm Store AT CAL POLY POMONA



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When asked about his least favorite part of the Cal Poly Pomona campus, Landscape Service's lead grounds worker Jesse Quiroz smiled and said, "John." His coworker John Hiatt, a gardener specialist, laughed.

Quiroz has maintained CPP's beautiful campus for 34 years. Hiatt graduated from CPP in '85 with his bachelor's in ornamental horticulture and once donated several trucks full of plants from his own garden. Those plants, including many flower varieties growing in the Rose Garden, are what Hiatt calls his "babies," plants he has raised himself and planted all around campus.

"Don't tell his wife," Quiroz joked.

Hiatt donated a Kashmir cypress tree, *cupressus cashmeriana*, last year.

"That was a very special tree for me and my wife," he said. "I have to look at it all the time and give her reports on how it's doing."

Part of what makes CPP an attractive choice for incoming students is its beautifully designed and well-maintained campus. Landscape Service's 36 team members each do

their part to nurture the 525-acre campus. Since CPP is a commuter school, many students miss out on the BioTrek, gardens, trails, natural settings and wildernesses that make up the university and surrounding area.

"We've all been in this line of work for a long time," Landscape Services Manager Brian Lake said of himself, Quiroz and Hiatt. "There's the love of landscape and plants and so on, but there's also a love of college campus. We all three enjoy being on a college campus and interacting with other staff members walking to work, interacting with students walking to class. And it's definitely a really nice part of the career. That's for sure."

As folks who have been on campus much longer than the average student, Quiroz, Hiatt and Lake have spots they prefer more than the rest.

"The Japanese Garden — I can get in there, and I do the trimming on the pine trees and the sculpted junipers," Hiatt said. "And I can get in there and start working on one of those and the rest of the world disappears. It's just me and the tree. And just because I'm usually right there by the waterfall, and just that drowns out all the sounds, and it's just me and the tree."

Water often informs CPP's most popular places, especially during hot weather.

"In the summertime when it's unbearable down on campus, and we do move our teammates to shady areas, plan our work so we're working not in the direct sun if we can help it," Quiroz said. "But a place that I like to go to is up in the canyons behind Building 1. In the summer when it's hot, I'll go up there and turn on some sprinklers, create a draft and the mist."

Hiatt mentioned the area had seen better days when he was a student.

"It was like a botanical garden," Hiatt said.

BioTrek's Project Blue features a curvy sidewalk path that also lies behind Building 1, an area of about 50 natural springs that contribute to the campus' unusually high water table.

The BioTrek is comprised of four learning centers, including Project Blue, used for education and outreach, but the centers are also stunning and open for students to enjoy.

"I love all the gardens the same, but I do like the way they change throughout the seasons," said BioTrek Horticulture Technician Michelle Terrazino. "It depends on what's flowering or fruiting."

In winter, she said red toyon berries begin to fruit in the Ethnobotany Center, which features a waterfall and pond. Toyon, *heteromeles arbutifolia*, sprout delicate white flowers in the summer. Yet, Terrazino's favorite plants are not always the most colorful, and the first place on the list of her favorite plants often changes.

"The Buckeye right now lost all of its leaves," Terrazino said. "It's got these giant fruits hanging on it right now, but in the spring it's really green and beautiful, and it flushes out. And I think the Buckeye looks beautiful in the spring, not necessarily very colorful. But, it's got the green leaves, and I just like the way it's an indicator of the seasons. Right now (in November), it'll go dormant and then it will leap out in the spring and then flower."

Students can enjoy seeing the Buckeye's full green body in spring, the white toyon flowers in summer and the red toyon berries in fall. But plants often have more to offer than pretty visuals.

"I love bay laurel, too — one of my favorites," Terrazino said. "I just love it. I love the smell. I love just getting a leaf and kind of crumbling it up."

The BioTrek's Mesozoic Garden grows mostly Australian plants that have been around for 250 to 65 million years. BioTrek Curator Ed Bobich said he helped come up with the garden's theme, avoiding at all costs the over-done Jurassic theme that was popular during the time.

"I go and I look at that garden almost every day, and I can't believe how good it actually looks," Bobich said. "That garden is always going to be special to me."

Finally, the BioTrek's Rain Bird Rainforest Learning Center is the favorite of Hannah Herrick, president of the BioTrek and a plant science student.

"My favorite task to do in the mornings I'm working is getting to water the Rainforest," Herrick said. "It's just so peaceful. You get to see the water dripping from the canopy. It's a very serene experience."

Fridays, when there are less students on campus, are the best days to see more wildlife, according to Herrick and Terrazino.

"I was walking by the pond, and I just saw this massive egret," Herrick said. "It was like blinding white. I like pause, like physically, like I didn't know what to do. And I ran back inside and I was like, 'Guys, there's this massive egret out there.' So we all go outside, right? And we're like, trying not to spook it. So we're crouched down on all fours, looking at it behind the bush, so we're not scaring it away because we want it to come back. ... He just goes up the oak road strolling along the side paths, and it's like he's just another student."

CPP has many unique natural features in addition to wildlife Bobich hopes will be preserved. Both Herrick and Bobich said their favorite plant that grows on campus is the Southern California black walnut tree. Bobich said those trees typically mix with other trees, so it is unique that CPP has an entire woodland of just black walnuts. It is Bobich's favorite "partly because those walnuts are the most delicious walnuts I've ever eaten in my life," he said. Herrick said the trees grow in her hometown.

CPP has a seemingly endless list of places to find peace or see something cool. The people who work in those spaces love the plants that fill the campus' unique natural places.

"There's so many places on this campus that have that peace or peacefulness in them," Hiatt said. "It's amazing. There's 11,000 students on campus at a time, and there's so many little nooks and crannies in places you can go. And you can just sit and be, and you don't even really see or hear those other 10,000 people or 11,000 people on campus. It's just you and nature. It's great."

The people who maintain CPP's beauty are especially passionate, and that pride can be seen everywhere and anywhere.

"I've been here every year and I never want to leave," Quiroz said. "I work with a lot of good people, and this to me, Cal Poly is my playground, and everybody that I know and love is here. So I'm here every day, and every day is a great adventure. It's just a beautiful place."



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Student Health Services; Main Entrance
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WE DEFINE THE *Future*

CaMpus couture

How students style CPP sidewalks, AMM runways

by KRISTINE PASCUAL & ALISSA REID

Fashion is a form of expression. Whether someone follows social media trends or takes inspiration from celebrities online, everyone has the right to express their personality through their clothing.

Cal Poly Pomona has its own fashion department, apparel merchandising and management, where students learn how to market and make clothes. At the end of each school year, AMM seniors partner up with the Bronco Bookstore in their production class to create a line of stylish campus merchandise called AM².

Fashion is found everywhere on campus, not just the AMM building. Whether it's thrifting, scrolling through Pinterest or following the latest TikTok trends, Broncos have style.

For communication student Ami Medina, who is also in charge of the Fashion Society social media for the AMM

department, fashion has always been a part of her life. Growing up, Medina remembers spending hours of her freetime drawing designs and sketches of dresses, shoes and skirts. She looks to Zoë Kravitz and Lily-Rose Depp as her main fashion icons.

"(Kravitz) is one of my favorite actors, but I also love the way she dresses out in the streets," Medina said. "Like when paparazzi take pictures of her, she's just killing it every time."

Her favorite trend is the controversial denim-on-denim look or a 1970s rock aesthetic.

"I experiment a lot," she said. "At first I have a vision of what exactly I'm going for, and then I try it on. If it looks good, then great, I got it the first try. But usually that doesn't happen. So, I try on different bottoms, shoes, jackets, accessories just to try and make something work. Eventually I get it."

AMM student Elle Delgado is also a huge fan of a denim-on-denim look. For her, a good pair of trousers, jeans and a quality coat are essential in her closet.

"I like a good pair of Doc Martens," Delgado said. "I



feel like those are also timeless, like a good oxford or loafer shoe."

Doc Martens have been around since the 1960s, but they especially became popular the last few years. CPP students can be seen rocking a pair of platform boots, loafers and mules. Baggy jeans and trousers have also been popular because they're easy to style and comfortable.

Alyssa Barajas, an AMM student, said a good way to get inspiration for your outfits is to go on Pinterest. "I'll look at Pinterest, and it's already curated to the things that I like, so I can get a good idea of what I want," Barajas said. "It's never copying what's exactly on there, it's more about making it my own and getting inspo."

If you're looking to experiment with fashion, anthropology student Jeneveve Gregory recommends trying different styles and learning what works for your body.

"Go with your own style and taste and try to go secondhand," Gregory said. "You're still going to find trendy pieces at thrift stores, but they're going to be more unique."

No two students at CPP have the same exact style. Clothing and fashion at a commuter school is such a great conversation starter. A single compliment on a pair of shoes can strike a conversation or even spark a future friendship.

"I really do appreciate the fits on campus that are very unique and have their own touch to them," Medina said. "It makes my day and I admire them so much."



Kicking, Catching, Running Oh My:

A Collection of Bronco Athletics

by CHRISTIAN MALONE & JONATHAN SANTIAGO

Cal Poly Pomona is known for many things — engineering, the Rose Float and agriculture to name a few — but athletics is not usually considered one of those things. Despite CPP's status as an NCAA Division II school, the Broncos have excelled across the board in all of the sports the campus offers for collegiate athletics.



WOMEN'S SOCCER

Head coach and 2023 CCAA Coach of the Year Jay Mason led CPP's women's soccer team to its first-ever regular season title in 2023 as the team logged one of its most impressive seasons yet.

After a relatively slow preseason featuring two wins, two losses and two draws, the Broncos came alive in the regular season, recording four straight wins to open conference play and going undefeated through the first seven games.

Ultimately, the Broncos' 8-2-1 conference record earned them a first-round bye in the CCAA Tournament and the team's first-ever CCAA regular season title. After dispatching of the Cal Poly Humboldt Lumberjacks in the semifinals, the team finally fell to the Cal State San Marcos Cougars in the finals, bringing an end to its 2023 campaign.

In 2024, Mason looks to keep the ball rolling for the Broncos with the help of a plethora of returning stars.

CPP's offense will be spearheaded by forwards Jaclyn Cuevas and Tara Oper, both of whom earned All-West Region honors after playing in all 19 games for the Broncos and scoring eight and six goals respectively.

Midfielder Liberty Ortiz also earned All-West Region honors as she proved to be an essential playmaker for CPP. On the defensive end, goalkeeper Bella Hara excelled throughout the season, earning two CCAA Defensive

Player of the Week awards and securing seven clean sheets, including a breathtaking seven-save performance against Humboldt in the conference semifinals.

MEN'S SOCCER

In 2023, men's soccer head coach Matt O'Sullivan successfully led the Broncos to their eighth-straight NCAA Division II Championship appearance in his fourth season at the helm.

CPP started the season strong, going undefeated in the first 10 matches of the season. Highlights included the team's eye-catching 8-0 victory over Stanislaus State as well as a pair of impressive back-to-back road wins against the San Francisco State Gators and Cal State Monterey Bay Otters, for which goalkeeper CJ Walker and defender Jasper Winslow earned Defensive Player of the Week and Offensive Player of the Week awards respectively.

The Broncos entered the postseason seeded second, bested only by the Cal State LA Golden Eagles. After slaying Monterey Bay again, the Broncos met their match against the Golden Eagles in the CCAA Tournament finals.

In the NCAA Division II tournament, CPP met a near-identical fate, comfortably defeating the Otters before falling to the Golden Eagles to end the season. Throughout the whole year, Cal State LA was the only team CPP ever lost to.

Despite a number of CPP's top performers, including forward Paul Roger Henschke, midfielder Melvyn Perez Cortez and defender Cesar Ruvalcaba graduating in



photos courtesy of TOM ZASADZINSKI

2023, the team looks prepared for more success in 2024. Forward Jakob Singh, who recorded six goals for CPP, will return in 2024 as will Winslow and midfielder Max Laguna, a key playmaker who played in all 21 games for the Broncos.

VOLLEYBALL

Fresh off its first-ever CCAA Tournament title in 2022, CPP's volleyball team came into the 2023 season with lofty goals and expectations. And with the help of veteran head coach Traci Dahl, they delivered.

The team went 13-2 in the first half of the season, finishing the regular season with a 13-5 conference record, good enough to earn CPP its third-straight CCAA Tournament berth.

After sweeping Sonoma State in the quarterfinals, CPP's conference tournament run came to an end with a 3-1 loss against the Cal State San Bernardino Yotes. After earning an at-large bid to the NCAA Division II West Region Championships and recording another sweep against Point Loma Nazarene University, the Broncos again fell to the Yotes to end the 2023 campaign.

Statistically, the 2023 squad was among the best in program history. Outside hitter Samantha Campion and opposite hitter Daisy Duke spearheaded the offense, recording 4.42 and 4.24 points per set respectively, as they cruised their way to a pair of All-American recognitions.

Setter Caitie Mueller helped lay the groundwork for the team's success, recording 10.50 assists per set throughout the season as she joined Duke and Campion



as All-Americans, marking the first time in program history three Broncos secured the honors. Defensively, libero Avery Percival earned All-CCAA honors as she managed an impressive 4.01 digs per set.

BASEBALL

Head coach Randy Betten was back in charge and looking to three-peat as CCAA champions for his 11th full season with CPP's baseball program in 2023.

The Broncos got off to a hot start, going 8-1 in the preseason, before achieving more mixed results in the regular season. Ultimately, the team ended just over .500 with an 18-17 conference record, sneaking into the play-ins of the double-elimination CCAA Tournament.

After a convincing victory over the San Francisco State University Gators in their opening match, the Broncos were knocked down to the loser's bracket by the Cal State San Bernardino Yotes via an extra-inning walk-off grand slam. While CPP convincingly beat Stanislaus State 10-1 to stay in the tournament, the Yotes, now in the loser's bracket as well, again beat CPP, ending the Broncos' hope for a third-straight conference title. In the NCAA postseason, CPP fell to another CCAA rival, the Cal State Monterey Bay Otters in an intense 13-12 slugfest.

Pitcher Caleb Reyes had a stellar season on the mound for CPP, earning a 2.67 ERA and collecting multiple personal accolades, most notably the 2023 NCAA Division II West Region Pitcher of the Year award.

Pitcher Rhys Stevens was close behind with a 3.13 ERA, while the biggest offensive stars of the year were center fielder Nin Burns II, who led the team with 39 runs, and left fielder Brent Cota, who finished runner-up in runs and led the team with 66 hits.



CROSS COUNTRY

In 2023, head coach Chris Bradford led CPP's cross country squad to respectable regional results in his seventh year leading the Broncos.

During the regular season, the women's squad scored two first-place finishes at the Seawolf Invite and Pomona-Pitzer Invite as well as more middling finishes at the UC Riverside Invitational and Cougar Challenge. The team then secured a solid third-place finish in the CCAA Championships as well as sixth out of 24 schools at the NCAA Division II West Regional.

Alondra Arias shined particularly on the regional stage, placing 13th out of 164 runners in the six-kilometer race, earning All-West Region honors in the process. Despite the solid finishes, however, 2023 marked the third year in a row the women's roster missed the national championships.

The men's side saw more success. While they matched the women's side with two first-place finishes, they excelled further in the postseason, finishing runner-up in the CCAA Championships and third in regionals to earn their eighth trip to nationals in the past 10 seasons.

At the national championship, CPP finished 23rd of 34 schools. Ricardo Vargas, the sole Bronco representing CPP in the previous year's nationals, led CPP again in 2023, finishing 106th out of 260 in the 10-kilometer race.

TRACK AND FIELD

CPP's track and field rosters headed into the 2023 season at the top of their game. In 2022, both squads won their first CCAA Championship titles since 1997, with the women's squad also securing back-to-back, top-20 finishes in the NCAA DII National Championship meet.



Headed into 2023, both squads were confident they could repeat as champions thanks to the squads' diverse skill sets and strong comradery. Throughout the year, a multitude of athletes secured CCAA weekly awards, but above all were twins Ayana Fields and Ryan Fields.

The twins both led their respective squads in track events throughout the season, and both secured CPP Athlete of the Year awards for the second year in a row. Other standout stars on the men's squad included thrower Aaron May, multi-event competitor Gerwin DeHaan and jumper Justin Cardoza, who won Field Athlete of the Meet, Freshman of the Meet and the High Point Award on the men's side.

On the women's side, sprinter Yuna Quineat, mid-distance runner Arissa Hatcher and thrower Keiana Turner all put up numbers for the Broncos, especially in the CCAA Championships.

In the end, both squads repeated as CCAA champions, with the men's squad scoring a conference-record 311 points at the championship meet and head coach Chris Bradford winning CCAA Coach of the Year for both rosters.

At the NCAA Division II Outdoor Track and Field Championships, the team added 13 All-American awards. The women's side shined especially bright as jumper Jade De Souza and the 4x400-meter relay team of Ayana Fields, Jaelyn Thomas, Yuna Queniat and Ari Milton shattered school records in their respective events.

MEN'S BASKETBALL

CPP's men's basketball team is among the most storied squads Bronco Athletics has to offer. Since head coach Greg Kamansky took over in 2000, the team has secured 15 CCAA Tournament appearances, 14 NCAA Championship Tournament appearances, three West Region titles and a national title. The 2023-24 campaign, however, was uncharacteristically rocky for the squad.

Mired by injuries early on, the squad stumbled out of the gate, winning just two of its first eight matches. After returning from winter break, the team settled in and was able to find moments of brilliance. Two games in January especially stood out, namely Jan. 18's contest against Stanislaus State, which saw four Broncos reach double-



digit points in a 73-64 victory and Jan. 28's 70-67 upset victory over the nationally-ranked Cal State Golden Eagles.

While the Broncos began turning their fortunes around in the latter half of the season, it proved to be too little too late as they missed the postseason for a second year in a row. Despite the season ending early, the team still has plenty to look forward to in the 2024-25 campaign as the vast majority of the young squad returns another year.

Guard Bam Johnson, the sole All-CCAA honoree on the team, led the team with 70 assists in the 2023-24 season. Forward Brandon Porter led the team in scoring, totaling 334 points and averaging 12.8 points per game. When it comes to raw mechanics, guard Jaden Winfield stood out as he boasted the team's best 3-point percentage and free-throw percentage, with marks of .365 and .700 respectively.



WOMEN'S BASKETBALL

Since head coach Danelle Since Bishop joined CPP's women's basketball squad in 2010, the team has appeared in the CCAA tournament in all but one season, and in the 2023-24 campaign, the Broncos looked to keep that success going.

In November and December, the squad went 6-3, highlighted by a resounding 94-49 preseason victory over the Bethesda University Flames. After returning from winter break, the team kept the ball rolling, eventually achieving a 15-7 conference record largely courtesy of three separate four-game winning streaks sprinkled throughout the season.

Heading into the CCAA Tournament seeded third, the Broncos made quick work of the Sonoma State Seawolves 74-45 before falling to the Chico State Wildcats in the conference semifinals. The team's second-straight berth in the NCAA Division II Tournament, on the other hand, was short-lived as the Broncos fell 66-61 in their opening match against the Western Washington University Vikings.

After a strong showing in the 2023-24 season, the team looks destined for more success as the vast majority of the team's brightest stars are set to return for the 2024-25 campaign.

Guard Kalaya Buggs finished the season with a team-leading 66 total steals, while averaging 14.5 points per game. Forward Sydney Nelson was the sole Bronco to outscore Buggs, averaging 15.1 PPG. Forward Jeanette Fine was an all-around powerhouse for the team, shooting .472 from the field while averaging 11.9 points per game and 5.6 rebounds per game despite missing a month due to injuries, while Breanne Ha broke the single-season 3-point record with 73.



5 UNDERRATED CLUBS TO JOIN ON CAMPUS

by EMELY BONILLA

Attending a school with nearly 30,000 students, it may be overwhelming trying to make friends, find resources and create a place where you feel like you belong, but clubs are an easy place to start.

Clubs often focus on a uniting factor. Whether it be a hobby or a major, there will always be a place for everyone to get involved. These clubs provide a great place to start navigating life at Cal Poly Pomona:

Forensics and Security Technology Club

College students use the internet on a day-to-day basis. Whether it's checking Instagram or submitting an assignment, it is integral to a student's life. The Forensics and Security Technology Club teaches students about proper internet etiquette.

FAST is a cybersecurity club on campus open to all majors who are interested in learning about internet safety and who may be interested in pursuing this outside of what may be taught in a classroom.

"A lot of people don't know about online safety," said Alexander Eckert, president of FAST and a computer science student. "They'll use the same passwords and stuff. That's something that is very important to us, trying to raise awareness of cybersecurity and why it's important."

More and more companies are beginning to invest in cybersecurity, as cyber threats like stealing information or financial losses become more common. This is a field that is becoming more marketable, but it can also be a source of fun as well.

The club collaborates with other digital clubs on campus to create CPP's Cybersecurity Awareness Week. Every year FAST plays a big role in helping the community learn about internet hygiene.

"We talk about good internet practices and internet safety, but we also show off like some malware or some hack," Eckert said. "I'll be showing how you can stop hackers from exploiting your personal information in those ways. We help students through two demos, one about hacking into Wi-Fi networks and another one about credential harvesting."



Game Development Club

Getting a higher education can sometimes be draining. It is important to prioritize things that bring you joy, like gaming. The Game Development Club is an organization that focuses on team building through creating friendships and video games.

Melvin Gitbunrungsing, club president and a computer science student, feels this club is one of the most important things he has been a part of at CPP.

"I think it is so cool that I can be one of those people who makes games and spreads joy in people's lives," he said. "When I first joined this club, during my freshman year, I had no friends. It wasn't until I joined this club and started to network here was when I got a social life."

Gitbunrungsing helps club members make connections within the club, which may lead to them to create a video game together. Every semester, the club splits into groups to create any type of game they would like on any type of console they would like.

Though game development may seem daunting, the Game Development Club is open to everyone. Whether you would like to build your own game or just hang out, this club is always open to anyone who loves to game.

Liberal Studies Club

The Liberal Studies Club is an organization on campus that helps anyone who is interested in teaching. This club is open to all majors who hope to one day be in a classroom.

Amanda Selfridge, club president and liberal studies student, has been a part of the club since her first year. This club helps students who would like hands-on experience in a classroom find resources and opportunities that suit them.

"We as a club offer and focus on the 'learn by doing' motto at Cal Poly," Selfridge said. "It's kind of hard to get the information and resources about your major if you're not directly involved in anything, so our club really focuses on providing things like guest speakers that talk about how to get into that credential program, teachers coming and talking about their experiences."

Biotechnology Club

In a field as big as biology, it can be useful to have guidance when trying to understand what area suits you best. The Biotechnology Club focuses on helping all majors dip their toes in research and understand if biotech could be a place for you.

"When I first joined the club as a freshman, I had no idea what research was," said Randy Hernandez, club president and biotechnology student. "I didn't even know that research was technically a requirement for most technology majors. The Biotechnology Club really helps emphasize how important it is for students to get into research or finding different programs, so that way they can get hands-on learning for their specific major."

The term biotechnology is often used as an umbrella term in this field because it includes a wide variety of topics, such as chemistry and physics. A club like this can be valuable for incoming freshmen or transfer students to explore how their curriculum can be used all while making friends.

"We do like to emphasize ourselves too and building that community of biotechnology students," Hernandez said. "That's a really big part of this industry in general. Networking with people you know, so that we can get a better understanding. Even if it's not directly like biotechnology related, we still want to give students this idea of bonding with each other, so that it's much easier for when it comes to conversations about biotechnology that they feel comfortable."

Library Club

When you think about the Library Club you probably think about books and discussions, but this club is much more than that. This club is a great resource for incoming Broncos to learn about what resources the University Library has to offer.

"The Library Club is meant to be like a place for you to meet people and do stress relieving activities to kind of hone in on things that interests you like art and books," said Lauren Wong, club president and visual communication design student.

This club provides many opportunities for Broncos to get involved and even get out of their comfort zone. Wong has been a member of the Library Club for three years and hopes this club will help others like her find their place at CPP.

"I feel like (the club) helped me grow a lot as a person and in terms of reaching out to people and talking to strangers," Wong said. "I think especially the club fairs and club meetings themselves have helped me just get used to talking to more strangers because I've always been kind of a shy person. It's just really nice to be able to talk to new people who are excited about things that I am."



photo courtesy of LIBRARY CLUB, LIBERAL STUDIES CLUB, & FORENSICS AND SECURITY CLUB



VIDEO: CPP Letters repainted in support of Palestine

4 ways to join

Activism on campus

by ATHENA FLORES

With the current climate of injustices and worldly issues, it can be frustrating to just sit idly by and watch.

While it's easy to think there's not much to do from a small campus, students within multiple campus clubs and organizations at Cal Poly Pomona take a stand and strive for change. Here are four of the most operative student activism organizations and how to get involved:

Students for Sustainable Future

What once started as a club centralized around a plant-based lifestyle, Students for a Sustainable Future has evolved to a strong sense of public engagement and sustainability advocacy.

Vice President Carlos Callejo III explained that the many projects the club produces, including vegan bake sales and clothing drives, are to drive sustainability and get students involved. One of these projects is Cal Poly Pomona's community garden.

"The idea is that it's a safe place for Broncos to come and participate in an activity that both fosters community and the tenants of sustainability," Callejo said.

The idea to create the garden was proposed back in 2022 when the club posted on its social media and encouraged volunteers to join. Slowly, the community garden has amassed a strong band of student support and attentive upkeep.

Survivor Advocacy Services

Survivor Advocacy Services is a program at CPP that offers guidance and support to students, faculty and alumni who have been impacted by sexual violence.

In April 2024, SAS led a Sexual Assault Awareness solidarity walk, where students and faculty marched around campus sporting handmade signs with phrases like, "Your voice has power" and "No means no."

Additionally, by holding events and workshops on topics like sexual harassment, stalking and domestic abuse as well as partnering with organizations like the Womxn's Resource Center and the Pride Center, SAS provides allyship and advocacy for those in need.



Middle Eastern Student Association

In Fall 2023 and Spring 2024, the Middle Eastern Student Association, a club dedicated to uniting students of Southwest Asian and North African identities, took a powerful stand in solidarity.

The newly founded club joined the CPP campus community in January 2023 and has taken no time bringing in waves of activism. As the media sheds more light on the social and political violence in Palestine, MESA has been a guiding force of activism on campus, not only spreading information about what is happening but also holding protests to bring awareness. This past year, the student-run club has also partnered with Students for Justice in Palestine.

"MESA performs activism through posting, protesting and spreading awareness," said Ala Elkamari, who is a member of both MESA and SJP. "We are using our voices as Middle Easterners to make a positive impact at CPP and outside."

In addition to their social justice work, MESA offers a safe and welcoming community for CPP students by hosting movie and game nights, bonfire socials and even potlucks.

Students for Quality Education

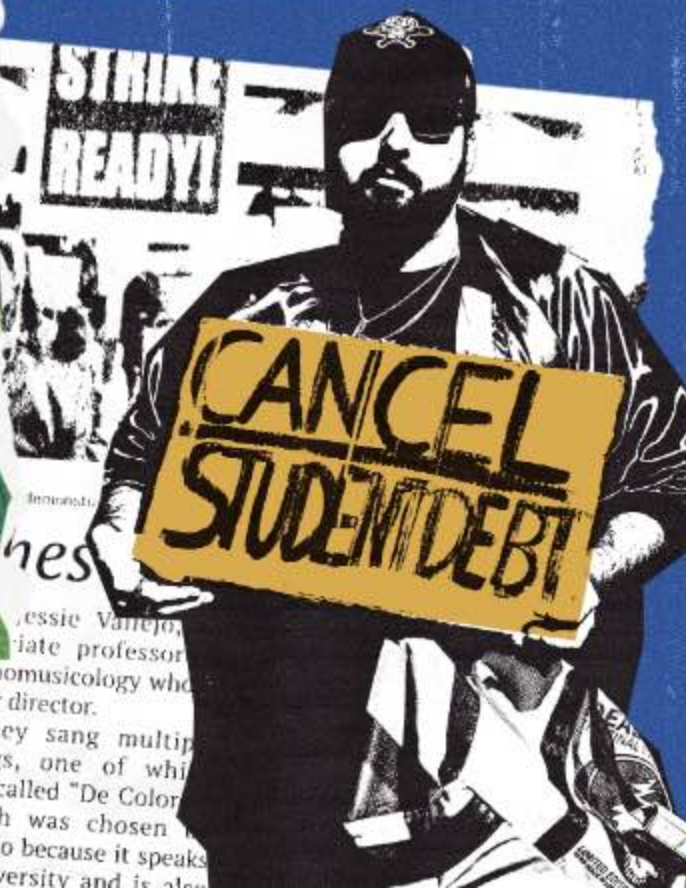
A group of campus students, faculty and supporters stood at the center of campus Oct. 24, 2023. Their frustration and hurt fueled action as they practiced a strike against the CSU tuition raise. The group was Students for a Quality Education.

SQE was founded in 2007 and, according to its mission statement, fights for accessibility, affordability and equity at CPP.

The organization has three fundamental purposes: to promote student voices, social justice and students and faculty rights, to engage students, faculty and staff, and to build community, friendships and a better CSU.

CPP student and CSU Student Workers Union intern Tori Umeda, has worked with SQE in the past and emphasized the importance of activism on a college campus.

"As the next generation, we're going to be the ones who will be making the next best decisions for our community and really society as a whole," said Umeda. "Organizations like SQE and CSUEU give us the platform to do just that, to openly and safely express how many of the college education system's grievances have impacted us socially, culturally and politically."



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CLUB SPOTLIGHT STEEL BRIDGE

by MARISSA PARKINSON
& LANN NGUYEN

Dive into the vibrant world of "learn by doing" at Cal Poly Pomona, where students are turning their academic journey into thrilling adventures. Explore the engineering prowess of the Steel Bridge team, constructing scaled-down marvels with precision and teamwork.

Jordan Chung, a civil engineering student, was the co-project manager for the 2023-2024 team that won first place at the regional competition in Hawaii in spring 2024 and overlooked the progress of the team's work. The team is composed of several students from all variations of engineering including civil, mechanical and electrical.

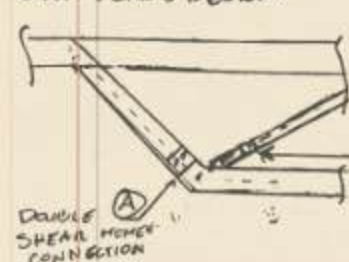
The team's goal is to design, fabricate and build a scaled steel bridge to compete against other schools in regionals and learn through hands-on, real-world experience along the way. There is a combination of laying out the plans, physically building the bridge, all while networking and making connections with companies and sponsors to be successful.

"We do a lot of brainstorming on how we can improve our designs each year," said Chung. "In terms of fabrication, we put a lot of hours into learning how to safely use the tools that are necessary to cut steel and polish our bridge."

Each year the steel bridge team is given a real-life scenario that's scaled down, and they must implement their combined skills of what they've learned so far in engineering classes. Fundraising is also a major component, which allows them to be resourceful utilizing their personal connections and reaching out to new ones along the way.

It is a one-tenth scale bridge, so the scenario provided gives the team the challenge of creating a 200-foot-long bridge in a 20-foot-long model. This is managed by 22 officers on the team, each assigned a specific role. General members are a vital component in helping with the rest of the process. There were 55 members total during the 2023-2024 academic year.

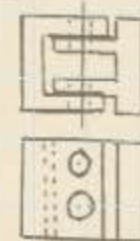
LAST YEAR'S DESIGN



3 BOLTS FOR 3 MEMBERS

SINGLE SHEAR PIN CONNECTION

(A)



(B)



"There's a lot of team bonding, but besides that, in terms of technical performance, a lot of our fabrication design takes at least like five hours a week of every week of the year," Chung said. "With the work we put into the design and fabrication along with construction, there's a good amount of our time put into this project, and we are competing at a high level."

Students are encouraged to join the team, even with little to no experience because the hands-on learning process is key to gaining that experience while still in school. This year-long process is completely student-run, which means designing, fabricating and building the bridge is entirely the students' responsibilities.

The only outside work being done is the creation of the actual steel, which is manufactured and purchased from an outside company, and the rest is done in-house.

"I'm actually an out-of-state student from Washington state, and in terms of the civil engineering program itself, I heard a lot about its 'learn by doing' methods through the website," said Chung. "I saw all the different club opportunities and how great professors are in the department, so that's what really got me to apply here and attend."

Joshua Menjivar, a civil engineering student and the safety officer for the 2023-2024 team, made the switch from a marketing student and has excelled in his newfound niche.

"Steel Bridge as a whole has been great, not only for the competition but also the people that I've met," said Menjivar. "It helped me feel like I was getting ahead of my classes."

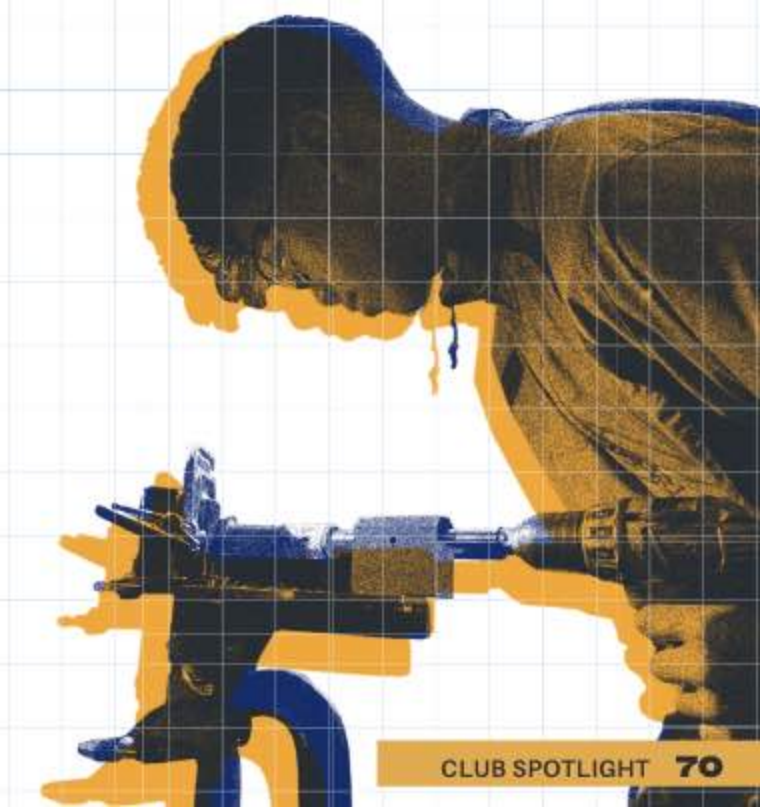
The networking that comes with participating in the steel bridge competition exposes students in similar studies from other universities bringing opportunities for future collaborations.



Menjivar learned the importance of teamwork. When the Steel Bridge team ran into trouble along the way, they leaned on each other and utilized strengths to persevere. Building the bridge requires skill and practice, so that is what the team will be doing until the next phase in the competition.

Maysa Barakat, a civil engineering student, originally joined the Steel Bridge team to pass the time with a project but soon realized the hands-on experience she was getting through Steel Bridge was irreplaceable and incomparable to just having a lecture. She served as the fabrication captain in 2023-2024 and is set to become project manager for the 2024-2025 team.

"The biggest thing for me as captain was to ensure everyone was having a good time, and we maintained a positive environment," said Barakat.



photos courtesy of STEEL BRIDGE

BAJA & FSAE

by ALEJANDRO BARLOW



photos courtesy of BAJA & FSAE CLUB

When Ayson Mar, an electrical engineering student, saw the Society of Automotive Engineers' vehicles inside the trophy case on his campus tour, he knew he wanted to attend Cal Poly Pomona.

With more than 300 clubs on campus available for students at CPP, it can be overwhelming and difficult to find one that suits you best. Clubs range from being academic and major specific to social and recreational. Few clubs fit in multiple categories, but SAE is a club that goes hand in hand with academic learning and builds social bonds simultaneously.

SAE is an intercollegiate engineering and design competition that consists of college students building a kart and racing them. Three different organizations encompass SAE at CPP: Baja SAE, Formula SAE and Formula E SAE. The different disciplines have more specific needs and rules to follow but share the same guidelines for competition. The first part is building the car and inspection, then there is a cost analysis of the car itself and a presentation, a variety of performance tests and lastly the endurance race.

FORMULA SAE

Take a Formula One car and shrink it down to be about the same size as a typical go-kart and you get the Formula SAE vehicle. Despite the name of the club and competition, the car does not take a special formula of racing fuel and races on regular E85 gas or C85, which is a more concentrated fuel. To prepare for the competition, the team must create the car from scratch; only a few parts are the same for everyone such as the engine, according to Formula SAE President Senha Ramakrishnan.

"We stick to the same work cycle as Formula One does," Ramakrishnan said. "We're all year round, six months to design and then the other rest to basically test and compete at our competition."

Formula SAE takes the same amount of time as Formula One to work on the car not only because SAE builds the kart from the ground up but also because Formula SAE constantly improves upon older designs to get better marks for each part of the competition with each new kart. Formula SAE takes time to improve in every part of the three-day competition.

Day one of the competition is usually a technical inspection and presentation. Inspection is usually going to a tent and waiting for a person to check one or two parts of the kart then sending you to another tent to do the same, according to Ramakrishnan.

The presentations are usually completed day one but, if needed, go into day two. The team has a business presentation, cost presentation and a design presentation to showcase and get points adding to the total overall points.

The presentations are all similar to each other but require different breakdowns. The business presentation is a pitch to sell your vehicle to a company to manufacture. The cost presentation is an audit of the kart down to the last zip tie. Design presentation consists of the specs and overall design of the kart.

Ramakrishnan said the other competitions are performance tests of the vehicle in skid pad, acceleration and auto cross, each consisting of speed tests through different tracks: a tight circle track for skid pad, drag race speed test for acceleration and autocross consisting of hairpin turns and slaloms to test handling and speed to finalize placing for the endurance race.

The endurance race is the main event, according to Ramakrishnan, where everyone anticipates pushing the car to the limit in the high-speed, 30-minute race.

"We have a joke for these competitions," Ramakrishnan said. "There's only action for like 30 minutes. But the other 24 hours is basically sitting around and waiting for your turn."

BAJA SAE

According to Andre Davancens, a communication student and president of Baja SAE, if you are a person who doesn't mind playing in the mud from time to time, then Baja SAE may be the place to look.

With Baja SAE, the competition outline is generally the same as Formula SAE. Both build a car from scratch and have presentations; the only difference is Baja has a taller car and drives on all terrain.

"We started out with the Baja taxi," Davancens said. "So, it was basically like a hodgepodge of five different scrap

taxis that were turned into a race car."

Davancens said Baja started out competing in the '70s in the Galaxy 500 and now competes in the collegiate Baja SAE competition. From welding together different scrap cars to building complete karts, Baja SAE has many similarities with Formula SAE.

Baja SAE has a four-day competition, according to Davancens, with the first two days consisting of "static events." These static events consist of inspection and business presentations. Inspection is similar to how Formula SAE has their inspections, and the business presentation involves selling the car and services to an imaginary company while giving a full audit of the kart.

The third and fourth day of the competition consists of the "dynamic events" or the vehicle portion. The dynamic events test parts of the vehicle like suspension, traction, maneuverability and a hill climb before the endurance race.

"(The endurance race) takes the whole day," Davancens said. "It's basically 100-plus. Schools are going head to head, wheel to wheel on a modified dirt biking track. It's crazy, and it's always a ton of fun to watch, and it's an incredible torture test of not just the vehicle but the team."

The Baja endurance race is four hours, and teams get disqualified if they crash into a competitor. Formula SAE staggers racers into small groups who drive on the track after about every minute to give time for each kart to go full speed without the risk of crashing on the course. In both cases, the karts can pass.

For Baja SAE, the endurance test goes over all types of terrain, similar to the testing courses the previous day. For both disciplines, the track is revealed the day of the competition, so schools must make the car the fastest in all aspects of racing and not just fast in the straight parts of the track.

For students interested in SAE Baja or Formula, all they ask is that students are willing to learn and not be scared to pick up some tools. They are not just limited to engineering students.

"If you're a business major, and you wanted to work on engines, we'll let you," said Mar, who is also the design and electrical lead for Formula SAE. "You know engineering is not exclusively for engineers. Anybody that wants to get their hands dirty and learn about any system on the car is totally allowed to do so. I think it's a good opportunity. If you like cars, if you like engineering, you like marketing, there's something for everyone in it."

If you have an interest in vehicles, check out the club listing on MyBar or visit any of the open shop days any Friday in the semester. Both SAE teams work out of the same shop. Some crossover and assistance occur, but the teams ask students to pick one and stick with it for the season.

SAE is also now branching out to the electric market for racing with the newest team Formula-E SAE. Formula SAE should be on MyBar and at the club fair starting in fall 2024.



ROSE FLOAT

by DARREN LOO

Continuing the 75-year-old tradition, Cal Poly Pomona and sister campus Cal Poly San Luis Obispo came together to build another Rose Float for the 135th Rose Parade.

Being fully run by student volunteers, the Cal Poly Rose Float is the only float in the Rose Parade to be designed and built fully by students, as well as one of the only self-built float entries in the parade, giving students from both campuses a true polytechnic experience.

Competing against professional float builders, the Cal Poly University's "Shock n' Roll" Rose Float earned the Crown City Innovator Award in the 2024 Rose Parade, which recognizes the float with the most outstanding use of imagination, innovation and technology.

Although the whole parade only lasts a little over two hours, the process of constructing the Rose Float runs all year round starting with the teardown of the previous float and starting the design contest. Building such a feat requires lots of teamwork, according to the presidents of the Rose Float, Matthew Rodarte at Pomona and Quinn Aekmon at San Luis Obispo. The float starts in two separate parts. Half of the float's

frame begins construction in SLO and half in Pomona. By mid-fall semester, around October, SLO's half gets towed down to the Pomona Lab where they are put together and the float's decorative elements are made.

From October until the Rose Parade, the SLO team drives to Pomona early every Saturday morning to work on the float over the weekends. After both teams finish constructing the elements, the float is brought over to Pasadena where the float gets its colors.

All the colors on the float are some form of organic matter, from rice and dried flowers to live flowers and so much more in accordance with rules set by the Tournament of Roses. Since the float is decorated with possibly perishable items, decoration week, where the whole float gets covered with flowers, is saved for the very last few days.

"There's no such thing as an easy deco week," said Rodarte. "We definitely had some times where we were like, 'Are you kidding me? We're in deco week, and this is happening right now?'"

photos by DARREN LOO

During deco week this past year, the team had a hydraulic component slip, which required them to practically tear the area apart to go inside and fix the component. However, they pushed through, got it fixed and the rest went smoothly.

Both Rodarte and Aekmon started their Rose Float journey as freshmen at their respective schools. Aekmon found out about Rose Float at an open house before starting at Cal Poly. Once she started, she went to an interest meeting Rose Float hosted and immediately fell in love with the community the club fostered.

A common misconception is that people who join Rose Float have to be engineers. But, Aekmon joined Rose Float as a theater major where she helped with all the backstage work like building props and sets.

"If you want to learn something related to your major, Rose Float probably has a place for you, but if you want to do something completely outside your major, Rose Float still has a place for you," Rodarte said.

Recently, Rose Float also worked with the Apparel Merchandising and Management department to use Neoprene fabric on parts of the float that bend and flex.

To join Rose Float, Rodarte recommends students to go to a club fair, talk to some of the current members and join their mailing list.



National Association for Music Educators

by CHARLIZE ALTHEA GARCIA

The path to post-secondary education varies for everyone, and the path to a profession is far different as well. But for students of the National Association for Music Education, there was an intrinsic calling for them, as they trekked through secondary education: teaching.

NAFME is a community for students involved in music education, the music educators of the future. Students of NAFME have one motivation: to create an environment that encourages one another and one day, their students. Each individual member believes in both the force of music as well as a good teacher in a student's life.

Primarily, music pedagogy majors occupy membership, but NAFME welcomes students from all backgrounds. Meetings and workshops are held biweekly to discuss various topics in methods of instruction and musical practice.

Joelle Espinosa, a music pedagogy major, found her love of teaching from her high school choir teacher.

Her teacher was beloved by all but faced potential termination as their school was initiating budget cuts.

"When they were doing the first round of budget cuts in education, they handed her the pink slip," Espinosa said.

Music education positions itself first in line in cost reduction for most schools, posing job insecurity for most music educators.

"There's always that fear," said Espinosa. "What's going first? It's going to be me."

Frivolity and music are often equated to each other. Dismissive attitudes circulate in implementing music as core curriculum. Seldom do many people understand that the practice of music adheres to many skill sets and contributes to the development of a child.

"I wish they could see there's a lot to learn from music other than frivolities, especially when it comes to expanding our horizons beyond the general education classroom," Espinosa said.

She also mentioned the multi-faceted resources music inhabits, such as music therapy and engagement of students with special needs.

"There's more to utilize," said Espinosa. "It's really hard, especially with the way school counties are slowly going.



photos courtesy of NATIONAL ASSOCIATION
FOR MUSIC EDUCATORS



It's really: fight for your place in your district."

Music pedagogy student David Polanco, who is also vice president of NAFME, started his music education in high school, playing the saxophone in band. Alongside many students, Polanco received musical training that proved insufficient when attending in college. Academic expectations combined with competitive surroundings ultimately contributed to an urge to quit.

The lack of emphasis in music education in schools can be found in its minimal classes and varied efforts from teachers. It was not until college that Polanco received the proper training.

"You think you're right here," said Polanco, gesturing with his hands from a low standpoint. "When in reality, everyone's right here, and you're all the way down here. But I'm going to get you here with everyone else at the end of the semester. And you're going to go above and beyond."

Polanco took his first private lesson with a professor at Citrus College, where he was confronted with a reality check of his skill level. But with the guidance of his professors both in community college and at Cal Poly Pomona, his potential defeat inevitably turned into ammunition.

"I've taken that to heart," he said. "I never thought of a ceiling, and I'm always constantly trying to improve."

Polanco transferred to CPP, experiencing somewhat adjacent reality checks to his musicianship. Polanco's embouchure, the use of the lips, facial muscles, tongue and teeth in playing a wind instrument was corrected by a CPP professor in his first private lesson.

"It just takes one person," said Polanco. "One person to tell you what's wrong. It took five minutes to fix eight years.



It just, it just doesn't make sense."

Music pedagogy student Fernie Portillo, a member of NAFME, teaches piano to students from all ages. He takes ingredients and references them to qualities that contribute to an individualized piece.

"Make a ham sandwich that is your own," Portillo said. "But don't be too crazy with it. You still have to recognize what's going on. The big thing I always emphasize with them is, 'I want to hear what you have to say.' Life affects everyone vastly different. How I play a passage is going to be different compared to how my students play a passage."

As music educators of NAFME navigate the program at CPP, simultaneously, they begin to grow their own values that one day will shape the students of tomorrow.

"The big thing I really emphasize right now is to let them have the freedom to say what they want to say because I know there's a lot of social pressure," said Portillo. "There's a lot of tough things that make us all really bottled up, and music is a good outlet for that."



BRONCO LIFTING CLUB



by MARLINE ESQUIVEL



photos courtesy of BRONCO LIFTING CLUB

Susanna Eng, a civil engineering student at Cal Poly Pomona, credits the Bronco Lifting Club for not just improving her physical health but her mental health as well.

"I gained a lot more confidence in this club," said Eng. "Jokingly I lift with anxiety, but it also helps me control that in a way that makes it beautiful."

The Bronco Lifting Club's main goal is to cultivate an environment for all types of lifters, with the hopes to build a community of diverse CPP students. The club accepts all skill levels; if you have never set foot at the gym or happen to be an elite lifter, everyone is welcome to join the club.

"We work with anyone," said Ruben Zepeda, a kinesiology student and one of the social media managers of the Bronco Lifting Club. "People are always scared. They're like, 'I've never done it before.' That's fine. I was scared of weightlifting because I thought I might miss it and drop it on myself."

The Bronco Lifting Club focuses on powerlifting, Olympic weightlifting and bodybuilding. There are two sides of the club: the Olympic weightlifting side and the powerlifting side. The membership fee is \$35 a semester. You receive a Bronco Lifting Club T-shirt, and club dues cover new equipment and other club activities.

Olympic weightlifting meets every Friday at 2 p.m. in the Bronco Recreation and Intramural Complex, where they've also purchased their own equipment. Two men's and one woman lifting bars are able to be checked out to any member of the club. The training consists of perfecting the two main Olympic lifts, such as the snatch and the clean and jerk.

Powerlifting meets on Saturdays off campus at a nearby private gym in Irwindale called Hidden Strength. Coaches and athletes focus on group training sessions. However, individual guidance is given to any member on the three main lifts: squats, bench and deadlift.

Eng, also the treasurer for the Bronco Lifting Club, played a major role in revitalizing the Bronco Lifting Club because COVID-19 put a pause on all clubs on campus and made CPP go fully remote.

Shortly after CPP returned to in-person instruction in 2022, Eng and fellow kinesiology student Sean Thai, current president of the Bronco Lifting Club, and Skylar Khamphou, a CPP alumni, began training with Felix Lien, a CPP alumni and the Olympic weightlifting coach.

"Through my training at the BRIC, that's when I started meeting other people who were interested in learning the lifts I do or even did the lifts I do and suggested we lift together," said Eng.

The three friends began training at the BRIC and little by little established a core group of 14 friends who constantly trained together. They began hosting weekly training sessions and created a Discord server to stay connected.

"I know that the BRIC here is a communal space, but a lot of time the athletes are separated, so by being part of the club, I get to interact with people who have similar interest as me," said computer science student Tony Gonzalez, who holds two roles in the club, scheduler/secretary and director of the powerlifting team. "We get to participate in cool events together and share that experience, really just a team aspect and a communal feeling."

Around March of 2022, Eng, Thai and Khamphou started talking about the possibility of revitalizing the Bronco

"I gained a lot more confidence in this club. Jokingly I lift with anxiety, but it also helps me control that in a way that makes it beautiful."

—Susanna Eng

Lifting Club. The challenge was neither one of them knew the steps to follow to start a club, let alone how to run a club.

However, they were all willing to take on the challenge. Eng had the most contacts since she worked on campus, and they began to put their plan in motion. In June of 2022, club applications were turned in and a budget was requested to officially make the Bronco Lifting Club a reality.

The club was also recognized by the USA Weightlifting organization in September of 2022, allowing the members to compete under one name the Bronco Lifting Club.

"I had a very positive experience with the sport of Olympic weightlifting and would hope that it will continue to grow after I leave Cal Poly," said Eng.



PICK YOUR PATH:

Scenic Drives

by DARREN LOO & CHRISTIAN MALONE

With Cal Poly Pomona primarily being a commuter school, most students on campus spend lots of time behind the wheel. For most students, a lot of that time will be spent sitting in bumper-to-bumper freeway traffic or snaking through the surface streets of the San Gabriel and Pomona Valleys to make it back home. But driving doesn't always have to be a means to an end, especially in scenic Southern California.

Those willing to shell out a little of their time and a little extra gas can easily access countless scenic roads to take in all the natural and human-made beauty the region has to offer. Here are some of the best scenic drives in the Los Angeles area:

PACIFIC COAST HIGHWAY

The Pacific Coast Highway has long been one of the most famous roads in the nation, and it's understandable why. Serving as both a major thoroughfare in California's urban centers as well as a scenic drive along the more sparsely populated areas of the coast, PCH is perhaps the quintessential California drive.

While the route runs 656 miles all the way from Orange County to Mendocino County, Southern California alone hosts multiple scenic stretches of the road. From the route's southern terminus at Interstate 5 in San Juan Capistrano, the road closely hugs the coast for 32 miles, passing through Dana Point, Laguna Beach, Newport Beach and Huntington Beach in the process.

After passing through slightly more inland areas in southern Los Angeles County, the route returns to the beach in Santa Monica, running parallel with the water for 38 miles through Malibu before plotting inland once again near Point Mugu State Park.

These two stretches of road offer a mix of dense cityscapes, quaint downtowns, breathtaking cliffs and picturesque beaches. They let drivers make quick stops and get perfect views at the Santa Monica Pier, the Getty Villa, El Matador State Beach and countless other Southern California landmarks.

While the road can get fairly busy during rush hour and on weekends, these famous routes are undeniably worth

visiting, especially in the summer. On top of taking a short drive up the closest parts of PCH, highly adventurous students can explore the further reaches of the road and turn the route into a road trip.

"I've driven PCH a few times down toward the Carlsbad area, and I also one time drove all the way from Santa Cruz down to Los Angeles," said Nicholas Grovhoug, a business administration student. "I'm from Sacramento, so that was one of my drives from Sacramento to here, so I just decided to go that way because I thought it would be more fun. And it definitely was; it was worth it, and it was a really awesome experience to go that far and spend that much time on it. It was incredible."

ANGELES CREST HIGHWAY

Although longer, one of the most scenic drives in Southern California is Angeles Crest Highway. Stretching about 66 miles, Angeles Crest Highway's eastern end lies just east of Wrightwood at Highway 138, and its western end is in La Cañada Flintridge north of Pasadena.

Carving through the San Gabriel Mountains, Angeles Crest Highway's highest point sits close to 8,000 feet at Dawson Saddle. Throughout the drive, Angeles Crest Highway offers views of both the San Gabriel Valley and Inland Empire to the south and the Antelope Valley to the north.

Car enthusiasts love taking their cars up Angeles Crest Highways, as it has many turnouts that offer astounding views of the city. Mountains and forests give people amazing photo ops throughout the drive. The windy road also offers a challenge to drivers who are up for it.

"I love going up Angeles Crest, driving through the windy roads, having a good time, and sitting up there until sunset," said Andrew Benavides, a computer science student. "I like playing a lot of racing simulators, so it's cool to be able to be on the road in an actual car."

Angeles Crest Highway also caters to students who love nature. Throughout the drive, there are many hiking trails

ranging from beginner friendly like the Manzanita Trail to some of the hardest like the Gabrielino Trail.

"I've been to the Strawberry Peak Trail," Benavides said. "It was a relatively rough hike. You know, you're up in the mountains, the air is a little thinner up there, but I'd say it's pretty average and definitely doable."

ARROYO SECO PARKWAY

Freeways are not the kind of road most people would consider scenic, as they are designed to maximize traffic throughput above all else. The historic Arroyo Seco Parkway is a bit different, though. Originally built in 1940, it harkens back to a time when roads were meant for leisure and practicality.

Starting as a surface street in Downtown Pasadena, the parkway runs south, becoming a freeway in South Pasadena and continuing on for eight miles before turning into Interstate 110 in Downtown Los Angeles.

The parkway follows the winding path of the Arroyo Seco seasonal river and is flanked by historic neighborhoods and countless parks through South Pasadena and Northeast Los Angeles.

After passing Interstate 5, the route straddles the hillsides of Elysian Park and splits as the southbound lanes elevate over hilly terrain, while the northbound lanes go through four historic tunnels at the base of the hills. The southbound lanes also boast a perfect view of Downtown Los Angeles between trees along both sides of the parkway.

While the road's age gives it its historic charm and natural beauty, it also means the parkway is outdated by modern freeway standards. The road was originally designed for speeds of 45 miles per hour, and many of its onramps and offramps resemble the 90 degree turns you'd see on a surface street over the ramps you'd expect on a typical freeway.

As such, the route can be dangerous to drive, especially during rush hour. When cruising the parkway, use caution on the numerous tight curves along the route. It's also best to stay out of the right lane to avoid merging and exiting cars that can grind traffic to a halt.

Eat, shop, play, one stall at a time

5 BEST MARKETS IN SOCAL

by ELIZABETH TEO

It's a sweet, warm smell with a hint of salt that wafts in the air. The popping of kernels becomes rhythmic as the paddle stirs the popcorn to ensure a perfectly even coat of sugar and salt. My favorite vendor, Sam, hands me my medium bag of perfectly toasted kettle corn. This is the perfect way to start a Saturday as I continue my walk around the stands.

Tucked around, between and in the surrounding cities of Pomona lie different farmers' markets and swap meets waiting to be explored. If you have a free weekend and are looking for fresh produce, delicious food or a fun activity, here is a list of fun markets around the area:

MT. SAC FARMERS MARKET 1100 N. GRAND AVE., LOT B, WALNUT

Starting with the closest market to Cal Poly Pomona, the Mt. Sac Farmers Market occurs from 8 a.m.-2 p.m. every Saturday.

This is perfect for on-campus students who might not have transportation and are looking for a weekend activity. It's only a 15-minute bus ride from campus. If you have transportation, parking is free and only a few steps from the market.

Within this one-block weekly farmers market, you'll find a limited number of stands filled with fresh produce and delicious pastries. Aerospace engineering student Michael Patton recommended the fresh chocolate croissant topped with almonds for a crunch.

"You can eat the croissant with your eyes before tasting it with little almonds on top, but the taste is even better," Patton said. "It is like a hug from a French person with chocolate."

The prices range from around \$4-\$6 with multitudes of options. If you decide to go to this market, check out all the fresh pastries, bread, honey and kettle corn to make the most of your experience.



CHINO HILLS FARMERS MARKET 13920 CITY CENTER DR., CHINO HILLS

Moving south, around 15 minutes away from campus, is Chino, a great area in itself for shopping. But if your class gets canceled on a Wednesday or you need a break from stressors, there is a perfect farmers market to visit.

Located near a Panera Bread, there's plenty of parking only a short walk to the two-block market. The first block includes fresh fruits, vegetables, pastries and even fresh hummus or salsa.

The first thing you should grab is a cupcake from the My Delight Cupcakery food truck. Big and blue, you cannot miss it with some exciting options. I opted for a classic red velvet. Even though I'm not a big fan of sweets, the cupcake is moist with the balance of cream cheese to cake without drowning you in sugar.

Steering away from edible goods, there are vendors with beautiful plants to liven your room or jewelry to enhance your outfit or give as a gift.

Continuing down the block, you can grab a bite from multiple food stands. There is a wide variety, from freshly-made pizza to Chinese and Mexican cuisine.

SWAPMEET DE CHINO 13004 CAMPLUS AVE., ONTARIO

Known for its agriculture and different animals, the Chino Hills swap meet is a traditional outdoor market that also has a variety of foods available to satiate your hunger.

"I could get small mangos by the pound, but these are the largest mangos you have ever seen," said agriculture student Esmeralda Arias. "And even though they are \$4, for the size, I have to get them each time because I feel like Remy from the movie tasting food for the first time."

The best time to head to the Chino Hills markets is around 7-8 a.m. to get good parking. The rows of fruit trees, cows and livestock will greet you on your way there. After arriving, there is an entrance fee that ranges from 50 cents to \$1, so be sure to have some cash on hand.

Arias described her best budget finds in the swapmeet. "I am a broke college student, so my favorite area is in the corner because they have a dollar section for so many random things as well as household items," she said.

The most popular fruit, such as a large bag of oranges, costs \$2, but other fruits can be more expensive due to the season. Fresh peanuts range from \$2-\$9.



SILVERLAKE FLEA MARKET 1911 SUNSET BLVD., LOS ANGELES

If you're looking for something further away with more of a modern vibe, the Silver Lake Flea Market is a fun place to go for a day trip.

Located in the heart of Los Angeles, next to Echo Park, the flea market is full of small businesses with handmade items, thrifted things and other excellent vintage items. Some unique pieces include hand embroidered and woven T-shirts, sweaters and hoodies.

This market is more expensive, with most things costing more than \$15, but it does have dollar piles. Also, because it's in LA, you have to take a short walk from Echo Park for parking.



COVINA FARMERS MARKET 400 N. CITRUS AVE., COVINA

Live music is one of Covina's farmers market's best attractions. Every Friday from 5-8:30 p.m., people come out to enjoy the music on the lawn.

The market includes around 30-40 vendors selling everything from candy, jewelry and clothing to all types of great food, including funnel cakes, pulled pork sandwiches, roasted corn, fresh fruits and vegetables.

Even though there is free parking, there are many trendy restaurants, making parking difficult. This market is a bit more expensive for produce, ranging from more than \$2 a pound for any fruit, but it's a great place to look at all the artisan goods and support small businesses.

TOP TIPS FOR MARKETS

- Arrive early to beat the crowds.
- Many of the vendors do accept cards, but carry cash for parking and the off chance a vendor cannot accept cards.
- Always wear comfortable walking shoes.
- To become an expert shopper, check out all the stalls for the best-priced produce or whatever you want before purchasing.
- Always bring your bags to a farmers market or swap meet.



The Poly Post presents...

LOCAL Venues FOR CPP MUSIC LOVERS

by EMELY BONILLA & ATHENA FLORES



Fox Theater

Location: 301 S Garvey Ave

Price: \$15-50

The Fox Theater has served as a staple in the Pomona community since its establishment in 1931. What once was an old Hollywood-style movie theater now stands as a popular music venue less than 20 minutes from campus. The Fox Theater is unique for its wide diversity in artists, as it has hosted both student bands and household names like Pierce The Veil and Deftones.

"We don't specialize in a specific genre because we're open to all of it," said Rachel Boell, the house and production manager. "We do private events, weddings, graduations but most of all concerts, rock 'n' roll to R&B to everything in between."

The venue's interior and exterior have stayed true to its original vintage art-deco style. Entering the theater, guests are greeted by a grand atmosphere of long walls, balconies and intricate patterned wallpaper.

Performances occur in three different locations of the theater: the rooftop, the foyer and the main stage. Each room provides a varying experience from intimate to larger.

Pomona's Backyard Show Community

Location: varies

Price: free or ticketed up to \$25

When you walk around campus, take a look at the bulletin boards. There will always be an advertisement for an upcoming show since CPP is home to many student musicians who love sharing their music.

Backyard shows are a staple for up and coming artists to start networking and getting a supportive audience. Artists like Cuco and Chicano Batman are now touring artists who started by playing house shows around Los Angeles County. Pomona bands such as Zombie Loaf and Case Study have also showcased their music in homes all around CPP to kickstart their careers.

Shanuki Wickremasinghe, an architecture student, described how music has always been a part of her life. Wickremasinghe has been playing the trumpet from a young age and now finds herself looking for ways to expand her love for music, including concerts.

"I would love to go to more concerts and really get myself into all of that in the future," Wickremasinghe said. "Once I got to this show, I just felt so relieved. I thought, 'Oh my god, finally I'm doing something fun.' It was nice listening to new bands; it was really relieving."

Attending a backyard show is an easy place to start when transitioning into the live music scene. These shows are inexpensive for music lovers who just want to explore their community and make friends.

photos by DARREN LOO & MATTHEW REYES

Pomona is home to artists like Ben Harper, a three-time Grammy-winning jazz musician, and Rozz Williams, the founder of goth band Christian Death. The music scene of Pomona is constantly expanding and includes people from all different ethnicities, backgrounds and ages. If you're interested in checking it out, here is a list of some of the venues found around Cal Poly Pomona:

The Haven

Location: 296 W. 2nd St.

Price: \$5-\$15

Just a few feet from the Glass House Concert Hall stands a lesser-known indie hotspot called The Haven Pomona. Established in 1992, the venue underwent many changes until it was reopened in 2021. This small all-ages venue contrasts from its competitors, as it embraces local and up-and-coming talent.

The Haven sits at the corner of West 2nd Street in the heart of Downtown Pomona. Although it doesn't look like much on its exterior, when concert-goers enter the small building, they are immersed in an intimate and dark interior. Battered bricks cover the wall from ceiling to floor and a crystal chandelier decorates the center of the showroom.

A CPP history student and musician Nicholas Vela has played at The Haven with his indie-folk band, Raccoon Cartoons, multiple times. He admits it is his favorite venue because of the accessibility and support The Haven offers.

"We have played there around five times," Vela said. "It's always been a really great experience. The Haven is very supportive of local bands. They are willing to lose money and take risks. They are willing to give artists opportunities."



FOOD PLACES TO EAT AROUND CPP

for every budget

by TESSA DUFORE



U-hour at Cal Poly Pomona has started and the campus is bustling. A sea of students weave around each other as lines pile up in front of the spots to eat on campus. Then suddenly there's a deep bellowing rumble, your stomach.

Cal Poly Pomona has plenty of options, but it can get repetitive, limiting yourself to only what's on campus. Fortunately for students, there are many good options nearby for any budget.



Medium Budget: Basil & Co. 23545 Palomino Drive, Suite F, Diamond Bar

Basil & Co. is a perfect restaurant for someone looking to sit down for a meal. They serve Thai food inspired by the time owner Calvin Vuong spent living in Thailand with his wife. "The Thai flavors were burned into my memory," he said. When stopping by, Vuong recommends the papaya salad, a bright sour dish for \$13 or the Drunken noodles, a stir-fry with umami flavor and a spicy kick for \$15. The perfect way to round off your meal is with their mango sticky rice, a warm, sweet and sticky rice paired with fresh mango topped with a coconut cream sauce for \$13.

Low Budget: JJ Boba 3560 W. Temple Ave., Suite A&B, Pomona

Located on Temple Avenue, many commuters pass by a great spot for a quick bite called JJ Boba. Though marketed as a Boba shop, there are plenty of food options to go along with a refreshing drink.

Supervisor Valentino Monroe recommends trying their popular Mango Green Tea for a refreshing and tangy drink to cool you off on a hot day. The steam chicken dumplings are his favorite snack, which pairs well with their in-house soy sauce.

If you're looking for something a little more filling, their platters are perfect. The orange chicken platter includes a sizable portion of sweet and savory orange chicken with a crisp side salad with corn and rice for less than \$11.



High Budget: VITA Italian Bar and Grill 3101 W. Temple Ave., Pomona

If you are looking to splurge for a lunch or a hearty breakfast, VITA Italian Bar and Grill, located in the DoubleTree hotel off Temple Avenue, is a good stop.

"VITA Italian Bar is very local centric," said General Manager Wilfredo Rabaya Jr., who is also a CPP alumni. "I should say, deal with the local people, as you know, farm to table, and we want to promote this to the community."

Starting as early as 6:30 a.m., VITA has an \$18 breakfast buffet with waffles and coffee to start your day. At lunch, try the Linguini Scampi. It has simple but delicious lemon and garlic flavors for \$31.

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Construction on Schedule for Early-2025 Completion

Artist Rendering of Pomona Station



Foothill Gold Line

The Foothill Gold Line is extending the Metro A Line to the cities of Glendora, San Dimas, La Verne, **Pomona**, Claremont and Montclair – and is being built in segments. The four-station Glendora to Pomona segment, funded mostly by Measure M and SB1, is on budget and on schedule to be completed and turned over to Metro in early 2025. Full funding for the segment to Claremont and Montclair is expected thru SB125. In anticipation, the Construction Authority began the process in March 2024 to hire the design-build team.

Construction Questions: Call/text (626) 513-5788
Stay ahead of construction, sign up for alerts: foothillgoldline.org

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