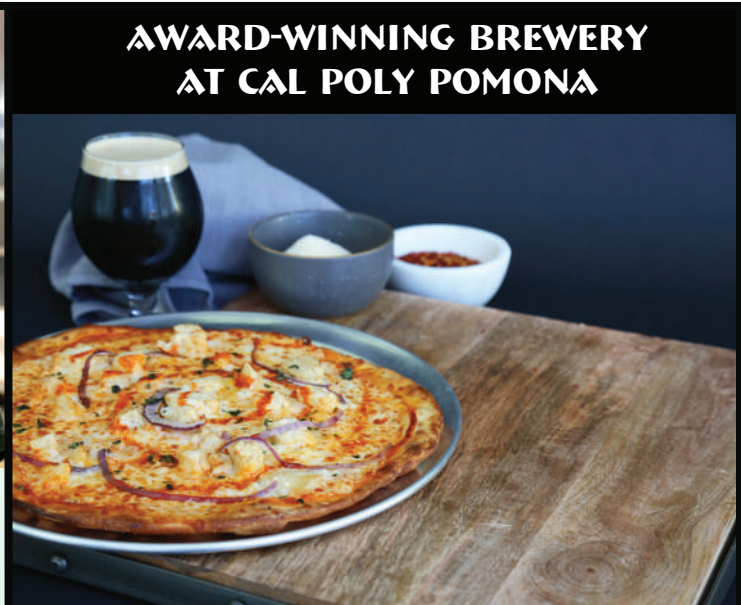


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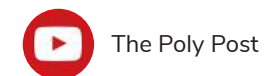
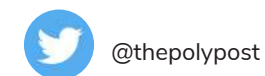
A word from the staff

Whether you're new or returning to campus, the Bronco Guide magazine is your source for exploring and discovering Cal Poly Pomona. This magazine divides CPP into six sections: campus life, student life, resources, leisure, food and sports. Each section is chock full of information about different facets of the campus community — the new modernized student services building, the campus' more than 70-year-old Rose Float tradition, the best places to study for exams, intramural sports and more. Information beyond campus, such as local hiking spots and downtown Pomona nightlife, is also available.

The Bronco Guide magazine is produced by The Poly Post for students, by students. The Poly Post is the university's student newspaper serving as a weekly news source for the university body and a prime example of hands-on learning at CPP. The newspaper is run by student editors, writers, photographers and videographers.

New issues print every Tuesday during the fall and spring semesters except on holidays and final exam weeks. Grab the latest issue in a green bin outside Building 1 or at multiple locations all over campus, such as the Bronco Student Center, the University Library, Campus Center Marketplace, University Village and outside every classroom building. Look for the green bins!

The Poly Post is also available online at thepolypost.com and on Facebook, Twitter, Instagram, and YouTube.



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WRITERS

- | | |
|---------------------|-------------------|
| Ariana Afzali | Sarah Madrigal |
| Hector Amezcuita | Christina Manuel |
| Elizabeth Aquino | Grace Mikuriya |
| Jessica Araujo | Allison Now |
| Christian Arredondo | Milaan Olinger |
| Jacqueline Ayala | Ruth Olivares |
| Christina Berberian | Dipali Patel |
| Brenlyn D'Amore | Natali Perez |
| Victoria Gonzalez | Eileen Qiu |
| Elizabeth Hernandez | Michelle Quintero |
| Ashly Hernandez | Ashley Rowles |
| Maya Hood | Brian Sease |
| Taylor Johnson | Michael Uba |
| Isac Kim | Sabrina Zelaya |

PHOTOGRAPHERS

- Elizabeth Aquino
- Taylor A. Boomsma
- Victoria Gonzalez
- Elizabeth Hernandez
- Taylor Johnson
- Sarah Madrigal
- Grace Mikuriya
- Milaan Olinger
- Ruth Olivares
- Eileen Qiu

Marketing Director

Linda Perez

Editorial Advisor

Richard Chang

Publisher

Dr. Richard Kallan

Publisher

Dr. Vinita Dhingra



Karen Ho
Magazine Editor



Reagan Zorn
Marketing Coordinator



Taylor Boomsma
Photo Editor



Lindsey Sanders
Lead Graphic Designer



Angely Flete
Graphic Designer



Marissa Nieto
Graphic Designer



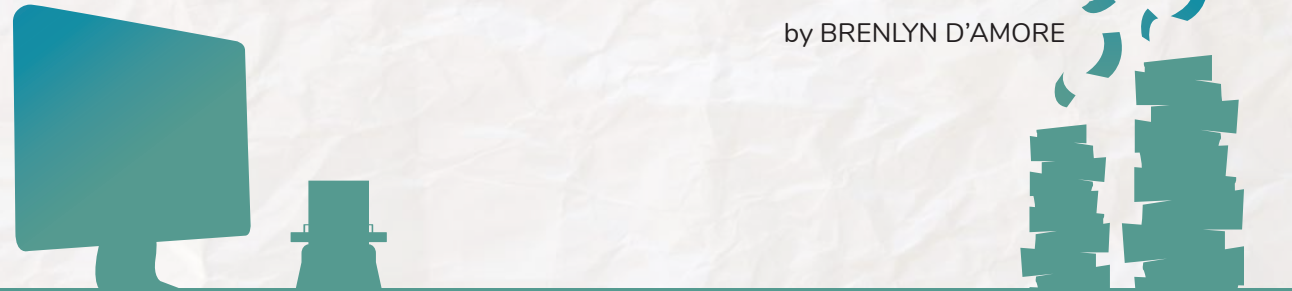
Laura Menchen
Account Executive



Jovian Lin
Account Executive

THE POLY POST 79 YEARS OF CAMPUS COVERAGE

by BRENLIN D'AMORE



With almost 80 years of campus coverage under its belt, The Poly Post is Cal Poly Pomona's student-run newspaper that began in 1940. It provides news to a student body of more than 21,000 and about 2,400 faculty and staff members.

The weekly newspaper is published every Tuesday with four categories of content: news, arts and entertainment, opinion and sports. The newspaper staff meets twice a week in Building 1, room 210 to discuss the week's newspaper, story topics and news reporting.

The staff is made up of eight student editors, and writers are students enrolled in the newspaper practices and advanced newspaper practices classes. The staff is advised by Professor Richard Chang, who has more than 20 years of experience as a journalist in Southern California.

The Poly Post newspaper is a required class for all journalism students, but freelancers from outside the journalism major are welcome to pitch and write stories.

"My experience writing for the Poly Post was amazing," said Brenda Ruedas, a communication student who graduated in 2018. "It was fun, and I got to meet some of the greatest people that were friendly and helpful."

Student journalists at The Poly Post aim to cover stories that pertain to news and events on campus, as well as neighboring areas that are relevant to students and faculty. Outside of writing, The Poly Post also has a video department dedicated to filming segments covering events or topics relevant on campus.

Students at The Poly Post are in charge of every aspect of the paper, from pitching stories, to designing the layouts, to sending the layout for printing, to managing its website and social media and to creating news videos for YouTube. The newspaper allows students to "learn by doing" in correlation with CPP's philosophy.

The Poly Post is often the first place student journalists have their articles published. It also gives aspiring journalists a taste of what it's like working in a professional newsroom.

"The feedback I received was really helpful," said Jennifer Morales, a fourth-year journalism student, who plans on becoming a freelance journalist for food magazines post-graduation. "If I wrote something incorrectly, it would be corrected and I would have to rewrite it before my story was published."

The communication department has always given students the freedom to publish any stories they see fit.

"We have always let students lead the way at the Poly Post. We haven't ever turned down a story that a student wanted to publish," said communication department chair and The Poly Post publisher Richard Kallan.

The communication department plans on integrating some reporting class assignments with The Poly Post in the future.

If you are interested in journalism, publishing, or broadcast, the Poly Post is a great place to get started.



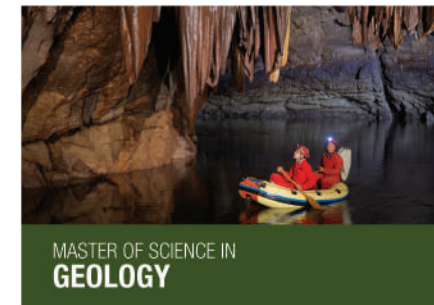
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A LETTER FROM THE UNIVERSITY PRESIDENT



President Coley's top 10 tips for success

Welcome to the Bronco family and to the start of an exciting chapter in your academic journey.

Cal Poly Pomona is an epicenter for creativity, discovery, and innovation. Our inclusive polytechnic identity and our commitment to learn-by-doing will be the foundation of your education here and help prepare you for life long after you graduate.

During orientation, you will connect with the people, places and resources you need to be successful, and when you begin classes you will discover additional opportunities for engagement with the campus, future employers and our surrounding communities. I encourage you utilize all the opportunities a Cal Poly Pomona education offers.

As you begin this journey, let me share the Top 10 Coley Tips for Success.

- 1 Be confident. It's natural to feel anxious. Our faculty and staff are invested in your success and we are confident in your ability to achieve your goals.
- 2 Be open to new possibilities, ideas and perspectives. College is a time of learning, exploration and discovery.
- 3 Print a copy of your class schedule, even if you have a smart phone, laptop or tablet.
- 4 Join a club and get involved. Clubs and organizations are excellent ways to meet new friends, learn more about your major, and practice your leadership skills. We have about 300 to consider.
- 5 Be an active participant. Ask questions in class and talk with your professors during office hours. Find out how you can join a research team, collaborate on a co-curricular project or volunteer in the community.
- 6 Challenge yourself. The more you immerse yourself in college life, the more rewarding your experience will be.
- 7 Wear a helmet! There are lots of ways to get to campus (bikes, skateboards, scooters). Be safe and watch for pedestrians.
- 8 Ask for help. Don't be shy; seek assistance. Take full advantage of the support services available, including tutoring, counseling, wellness and academic advising.
- 9 Connect with us. Follow @calpolypomona on Facebook, Twitter, Instagram and Snapchat. And don't forget to follow me on Instagram — @prescoleycpp
- 10 Bring a reusable water bottle. We love the sun in Southern California, but it's essential to stay hydrated. Fill up throughout the day at the filtered water stations across campus and help us meet our sustainability goals by limiting the use of disposable plastic bottles.

Again, welcome to Cal Poly Pomona! We look forward to seeing you on campus.



ASI PRESIDENT LETTER

Hello! Welcome to the Bronco Family and the start of a new academic adventure. My name is Pasindu Senaratne. I am a fourth-year finance, real estate, and law major and I will be serving as your ASI President this year. My vice president, Rachel Hunter, is a fourth-year political science major. Our job is to amplify the student voice, so please use us and ASI as a resource to enhance your college experience.

While college can be difficult to navigate at first, given a few months, you all will be experts in everything Cal Poly Pomona. Since you all are at the beginning of your journey, I encourage you to get involved. While the primary goal of attending a university is to get a degree, to truly get a full college experience, involvement in a club or organization is key.

I have been fortunate enough to be involved in various clubs and organizations throughout my four years. This has given me the opportunity to gain friends, connections, and resources both on and off campus. With stressful times that are bound to happen, these support systems have allowed me to thrive at CPP.

With over 300 clubs and organizations on campus, there are many unique opportunities to get involved in. If it is just attending a meeting to make some friends or becoming part of their leadership team, there is a place for you here at Cal Poly Pomona.

If you ever have any questions, comments, concerns, or just want to say hi, please come talk to the student leaders in the ASI Student government offices on the first floor of the BSC. If you would like to get in contact with me directly my email is asipresident@cpp.edu.

My vice president Rachel and I are always looking for feedback and will ensure that you are supported throughout your time here at Cal Poly Pomona because at the end of the day, "you belong here." Welcome to the Bronco Family!





COMMUNITY THROUGH CLUBS:

FOUR TO TRY

by TAYLOR JOHNSON

Unique to CPP, University Hour, or "U-Hour," is a one-hour gap from noon to 1 p.m. on Tuesdays and Thursdays that allows students to participate in clubs or festivities on campus. No classes are ever assigned during this hour. U-Hour is the perfect opportunity to explore the different organizations on campus. Whether you are new to the campus, or feeling the itch to become more involved, here are a variety of clubs here at Cal Poly Pomona to get you started.

Fashion Society

The only fashion club on campus that is open to all majors, the Fashion Society allows students to express their creativity and showcase underlying artistic abilities. This club exposes students to prominent and up-and-coming organizations and influencers in the industry. It is about "pushing your comfort zone and following your passion," according to president of the club Kathia Noguera about the many new friendships and confidence she has gained since joining.

Veterans Club

The Veterans Club is an all-inclusive club that meets every other Tuesday of the month. The club consists of dependents and past and current veterans. They've hosted bowling nights and beach days and attended local veteran events. The club does community service for organizations such as the Red Cross. Director of communications Jacob Wolak, a Marine Corps veteran, says the club allows him to "help veterans and other students who are going through the same thing he is."

Brothers Movement Club

With the motto, "Gentlemen in every room, greater men in society", the Brothers Movement Club provides a community for men of color on campus. The club was originally started to heighten retention rates. Treasurer Jordan Lee says the primary objective is "to set a foundation for black men to be successful and thrive here." Brothers Movement opens the doors for networking with black faculty members on campus for helpful mentoring relationships.

Dumbledore's Army

If you prefer to dive into your favorite Harry Potter book over your academic textbook, then Dumbledore's Army may be for you. Club member Adriana Urrutia says she "has always loved Harry Potter movies since she was little" and was looking for a club that allowed her to "depress from school and have fun." Their meetings include games that correlate with topics from the novels.

A list of all campus organizations are available on myBAR at <https://mybar.cpp.edu>.

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**Are you interested in community service, campus involvement and networking?
Consider Greek Life!**

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Go Greek!

WELLNESS CHARITY ACAD... TRADITION PHILANTHROPY... SISTERHOOD... BROTHERHOOD... LEARNING SAFETY... COMMUNITY

ERHOOD... TRADITION... SAFETY... CHARITY... PHILANTHROPY... LEADERSHIP... SERVICE... VALUES... COMMUNITY

COMMUNITY, PHILANTHROPY AND LEADERSHIP IN GREEK LIFE

by ALLISON NOW



Greek life is a way to join something that is bigger than yourself. Not only do you get to meet new people, but you also get to help your community.

"I'm not going to say Greek life is for everyone but it's definitely worth a try," said Jaclyn Molnar, fifth year engineering major and former president of Kappa Delta sorority. "It's not at all what the movies and TV shows make it out to be. Especially at Cal Poly, Greek Life is very close, so we all try to help each other out instead of putting each other down."

To join a fraternity or sorority, students rush or go through recruitment at the beginning of the school year. Joining Greek Life introduces students to a new world of brotherhood and sisterhood.

"People always say, 'Don't let your college years roll by you and make sure to get involved,'" Jason Aita, third-year business major and Pi Kappa Phi President said. "Halfway through my freshman year I had not really done anything, and my friend group was still relatively small, and I realized I wanted more from college."

Each Greek organization raises money and volunteers for a designated philanthropy. They have their own Philanthropy Week for raising money for their charities. The organization plans games, events and other activities for the week, and other Greek organizations participate to support.

Come spring semester, the Greek community comes together for two events, Up for a Cure and Greek Week. All money raised during Up for a Cure goes to St. Jude's Children Hospital.

Greek Week has a different theme each year and each organization is assigned a role under that theme. In past years, events included a food fair, Greek Olympics – when students compete against each other at different games – and a lip sync battle.

"I love the people in it and the opportunities it offers. I have made lifelong friends and people that I can actually call family," Aita said. "You become more aware of a lot of things and people who are less fortunate because of the philanthropy events. That is something I did not realize before Greek life."

Greek life also offers student leadership opportunities, like president, social chair or vice president of finance positions. Each position challenges students with responsibility for their chapters.

"I love my sorority and everything we stood for," Molnar said. "I felt that I would be good for the position and could help my chapter improve. I eventually ended up running and I was given the opportunity to go to national conventions to represent my chapter, and I learned leadership skills I wouldn't have otherwise."

Fraternities & Sororities

The IFC fraternities on campus are Phi Kappa Tau, Pi Kappa Phi, Sigma Alpha Epsilon, Sigma Chi and Triangle.

Panhellenic sororities include Alpha Xi Delta, Chi Omega, Kappa Delta, Phi Sigma Rho and Zeta Tau Alpha.



CELEBRATION, EDUCATION AND IDENTITY EMBODIED AT THE CULTURAL CENTERS

by JACQUELINE AYALA



Cal Poly Pomona brings together students from different countries, traditions, sexual orientations and religions at the Cultural Centers, located at Building 26. An energetic and colorful hub, the row of centers serves as safe environment where students could celebrate and discuss cultures and self identity with social justice leaders and peers with open ears.

The six cultural centers hold special events every year, offer student leadership opportunities and workshops for different skills. Though each center caters to their respective demographics, ultimately everyone is welcome to visit and immerse themselves in a new culture.



African American Student Center (AASC)

The AASC helps African, African American and black college students thrive in their degree programs. It offers programs and services that help students to grow and develop into young professionals, preparing students to be leaders and pushing towards academic excellence. Key events hosted by the AASC include Black Empowerment Week and the annual Pan-African Graduation Celebration. Organizations that are part of the AASC are Alpha Kappa Alpha Sorority, Inc., Black Student Union, Omega Psi Phi Fraternity, Inc. and Shades of Queens.



Asian and Pacific Islander Student Center (APISC)

The APISC promotes, educates and celebrates the Asian and Pacific Islander community. It organizes projects, resources and services to cater to Asian and Pacific Islander students to encourage involvement and learn about community-related issues. The center offers a peer mentor program and the APISC Resource Library that books and videos that can be used for classroom instruction, research, personal enrichment and education. Highlight events during the year include the Pan-Asian Graduation Celebration and Lunar New Year. Some organizations associated with the APISC are the Armenian Student Association, Korean American Student Association and Barkada.



Pride Center

The Pride Center provides an educational, supportive and safe space for students of the LGBTQ community, promoting empowerment and social justice on sexual orientation and gender identity. It also offers internet resources and health, HIV/AIDS and parenting services. Transgender student services are also available. Main events hosted by the Pride Center include Queer Chats, Drag Show and the Lavender Graduation Celebration. La Familia (LaFa), oSTEM and Queer People of Color (QPOC) are some of the five student clubs associated with the center.



Womxn's Resource Center (WRC)

The WRC promotes gender equality through empowerment and brave spaces that encourage awareness and discussion of womxn's issues. Womxn-identified individuals can thrive while also gaining a greater understanding of the impact of gender on culture. Five focuses come with the services offered: community, service, resources, identity development and education. Throughout the year, the WRC offers Grrrls Nights and Womxn Wednesday Workshops and in the spring, the annual Vagina Monologues. The WRC advises two groups, V-Team and Men Against Violence (MAV), which focuses on signs of personal abuse and what CPP students can do to prevent violence.



César E. Chávez Center for Higher Education (CECCHÉ)

The CECCHÉ strives to increase the outreach, recruitment, retention, graduation and cultural pride of the Chicana/Latina community on campus. Sixteen clubs and organizations with their own history and purpose comprise La Union, a program that offers leadership opportunities through workshops and educational programs. The most popular events hosted by the CECCHÉ are the Día de los Muertos celebration, Noche de Fiesta and the RAZA Graduation Celebration. A few organizations that are part of La Union are the Spanish Language Association, Hermanos Unidos and Alpha Pi Sigma.



Native American Student Center (NASC)

The NASC serves Native American students as a resource for Native American culture and issues to create learning opportunities to help students become leaders in their community. It currently has nine resources that educates students about American Indian and Alaska Native representation in fields of science, technology, engineering and math, and Indian health services. Workshops, socials and programs about Native American history and culture are also offered. Two organizations, American Indian Science and Engineering Society (AISES) and Inter-Tribal Student Leadership Council (ITSLC) are associated with the center.



W.K. KELLOGG HORSE CENTER CONTINUES A CAMPUS LEGACY

by MILAAN OLINGER

Out in the pasture roams a herd of majestic Arabian horses. Galloping with their heads held high, their powerful hooves hit the ground as they collectively move with the wind amongst the sea of grass. These graceful creatures are located at the heart of Cal Poly Pomona's campus at the W.K. Kellogg Horse Center.

Filled with rich history and home to approximately 100 purebred Arabian horses, the Kellogg Ranch stretches 35 acres long and provides students with the opportunity to learn and be a part of the Kellogg legacy.

Today, as one of the oldest continuously operated Arabian breeding programs in the U.S., the tradition of the horse center continues to live on due to dedicated staff and volunteers.

"We strive to be the best in the world at what we do," said Jeanne Brooks, director of the W.K. Kellogg Horse Center. "We hold ourselves to a very high standard in terms of the horse care, upkeep of the farm and the training system that we do, as an educational model for everyone."

None of it would be possible without Will Keith Kellogg, who purchased the land in 1925 to fulfill his childhood dream of owning Arabian horses. He searched for the finest Arabian horses, acquiring them from the East Coast and England and bringing them to their new home in Pomona.

The alluring horses caught the attention of people all over, and the Kellogg Ranch became a popular stopping point in Southern California, especially for Hollywood stars. Kellogg's horses even had a taste of stardom, appearing in films like "The Son of Sheik" in 1926 starring Rudolph Valentino.

The ranch was given to the U.S. Army during World War II for the purpose of breeding war horses. But after the war ended, the army turned the ranch over to the U.S. Department of Agriculture who decided to sell everything, leaving the fate of the Kellogg Ranch uncertain.

But in 1949, the W. K. Kellogg Foundation fought to keep it going, striking a deal with the president of Cal Poly San Luis Obispo to establish the College of Agriculture. The new college was separated from San Luis Obispo in 1966, and by 1972 it became a standalone university and eventually Cal Poly Pomona.

There are many ways that students of all majors can get involved with these majestic animals and become part of the Kellogg legacy.

The Cal Poly Pomona Horse Show Team is for all students who are interested in riding horses. The team competes as part of the Intercollegiate Horse Show Association, the world's largest intercollegiate equestrian organization. The riders compete all year long.

Owning a horse is not required and everyone of all levels of riding experience is welcome to join.

The Horsemanship Club, in its third year, has already grown to almost 100 members, provides all CPP students with the opportunity to learn and interact with the Arabian horses. Whether you're an experienced rider or just a beginner, all students are able to participate and help operate the famous Kellogg Sunday Shows, take lessons with the horses, help care for them and many other exciting opportunities.

"It's a great way to get involved," Brooks said. "You get to be around the horses, be with other students who also love horses, but learn it in a safe and controlled fashion."

The Sunday shows, which originally started in 1926 to promote the ranch and the horses, are still put on by the students and staff here at CPP. The shows are held on the first Sunday of every month during the school year to showcase the intelligence and beauty of the Arabian horses.

The Kellogg Center also offers CPP students the opportunity to join the Foal Watch Program. The program allows students be part of the process of welcoming the new foals into the herd. The Horse Center usually welcomes about 10 to 15 new foals each year and with the Foal Watch Program, student volunteers are assigned a pregnant mare that they will learn to care for during pregnancy and foaling. Students can watch a foal enter the world and take its first breath.

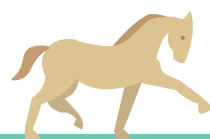
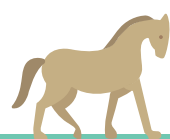
Employment opportunities are also offered to students each year such as stall cleaners and grooms.

Whether students have been around horses their entire lives, or for those that have a curiosity for the animals and want to learn more, come visit the Horse Center and experience it for yourself. The W.K. Kellogg Horse Center has amazing programs and opportunities for students to get involved.

"What I want students to know is that this belongs to them," Brooks said. "They need to come down here, they need to experience it and they need to make it part of their Cal Poly legacy. That is what Mr. Kellogg wanted."



The center is open for the public to visit seven days a week from 8 a.m. to 4 p.m. for check-ins. Visit the Horse Center Office located on Eucalyptus Lane or contact them at arabianhorse@cpp.edu or call (909) 869-4988.





LEFT | The 71st Cal Poly Rose Float parades down Colorado Boulevard on Jan. 1, 2019.

The year's theme was "The Melody of Life" and the Cal Poly team combined musical instruments with figures of life from outer space.

The float featured a front-man astronaut named Morgan, playing the guitar, and his partner Sally, playing the tambourine. They were accompanied by six alien friends, one imitating Morgan by playing air guitar beside him.

"We have such a great float. The aliens are adorable," Elizabeth Myers, a fourth-year mechanical engineering

student and Cal Poly Rose Float team member said. "And our astronauts, Captain Morgan, our front astronaut, had so much work put into him by every element, from the design to the construction and decorations teams. They all came out with such a great combination of features."

The year for the members of the Rose Float Program began in February of last year and continued until days before the parade.

Manufacturing of the float began during the summer. The workload was split between both campuses until October when Cal Poly SLO transported their half down to CPP and continued to work together in Pomona from then on.

"It was definitely surreal seeing something that my team and I stared at since June, when we started manufacturing some of the key elements, come through Colorado Boulevard," said Chris Foronda, a third-year chemistry student and the CPP club chair. "It was super exciting and the energy over here was ecstatic."

As the float traveled down Colorado Boulevard, thousands of people in the stands and millions all over the world witnessed Cal Poly's award-winning float glide down the street.

"When I saw it initially, it was like I almost wanted to cry — it was just so beautiful and magnificent," University President Soraya M. Coley said. "We have never won this award before and so it was clearly something that was so telling around the collaboration, cooperation, the talent of our students and our great directors at San Luis Obispo and Pomona."

Rose Float

Cal Poly Universities' 70-Year Collaboration

by ALLISON NOW



What started in 1890 as entrants decorating carriages with colorful flowers in bloom, the Rose Parade has evolved into parade floats displaying state-of-the-art technology covered with flowers and natural materials.

Cal Poly Pomona and Cal Poly San Luis Obispo began jointly participating in the Tournament of Roses Parade in 1949. To this day, the universities' float is the only student-designed and student-built float in the Rose Parade. Both campuses join forces, combine resources and apply the universities' "learn-by-doing" philosophy to construct a float together.

This year's float, "Far Out Frequencies," is the 71st from Cal Poly. It won the Extraordinaire Award for most extraordinary float for the first time at the 130th annual Tournament of Roses Parade in Pasadena on New Year's Day. This award is the universities' 59th.

The float also earned the California Grown Certification for including nearly 91 percent of plant materials from California. This is the eighth year the Cal Poly float has earned this certification.

IMMERSE INTO A DIFFERENT WORLD WITH THE INTERNATIONAL CENTER

by TAYLOR A. BOOMSMA



Witnessing the magnitude of the Forbidden City in China, hearing footsteps clacking down the cobblestone streets of London, escaping to Myeongdong in Korea for bustling nightlife and shopping, or sipping afternoon tea in Paris, all while still studying for your education, studying abroad enriches a student's life.

"Immersing yourself in another culture is kind of one of the best parts of studying abroad because you realize things about yourself that you never knew," said Mariana Uy, a fifth-year architecture student who studied in Denmark.

Being a part of another culture, meeting new people, trying different foods and having experiences outside of one's comfort zone is really a rewarding experience.

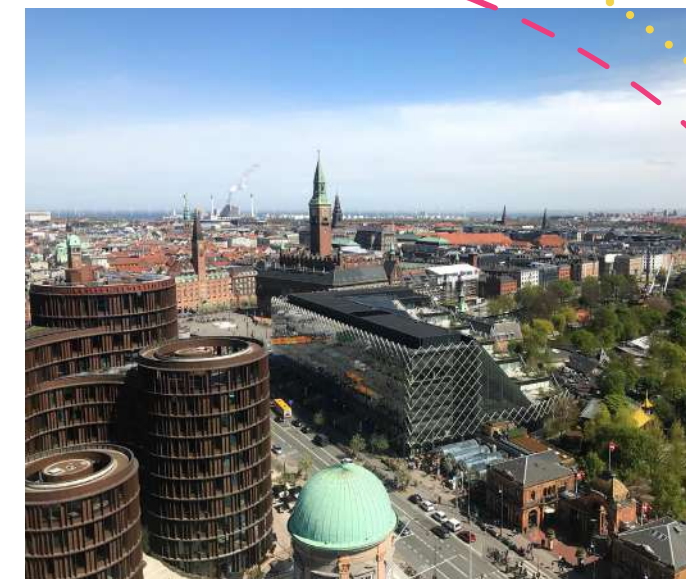
"Being out of your comfort zone makes magic happen," said Stephanie Contreras, a fourth-year architecture student. She spent six weeks studying in China and Japan. "It definitely makes you grow. And I think that was the greatest lesson."

Featuring different programs from short term, faculty-led study abroad to year-long exchange programs, the International Center, nestled in Building 1, room 104, aims to enrich student experiences.

Students can choose from a number of different countries to study in while learning different cultures and getting school credit that counts toward their major. They're able to have hands-on experience with classes but also enjoy and learn different cultures while abroad.

"The first week we went to a lot of site visits like the Forbidden City, the Summer Palace, the Temple of Heaven and things like that ... after the final we went to the Great Wall of China," said Contreras.

The four main options for study abroad are the faculty-led program, exchange student program, CSU international program and independent programs.



FACULTY-LED PROGRAMS

Faculty-led programs are short term, ranging from a few weeks to a couple months, led by Cal Poly Pomona's own professors. Students can choose from seven different countries.

They are flexible and relatively low cost in comparison to the longer study abroad programs.

EXCHANGE STUDENT PROGRAM

The exchange student program can vary in time from summer, semester or even a full year.

Students can choose from a number of partner universities from six different countries while paying regular CPP tuition. They can choose their own courses which the credits earned abroad are transferable to their CPP degree.

CSU INTERNATIONAL PROGRAM (CSUIP)

The CSU International Program is a year-long program and available to all CSU undergraduates and some graduate students.

"Traveling and living somewhere for an entire year, I think it's really different at first, but it becomes normal and home-ish," said Matthew Danna, a fifth-year architecture student who studied abroad in Denmark. "You see the difference in how that changes while you're there."

More than 15 countries are included with this program. A variety of courses are offered and can be taught in the native language of the country, a student can choose to learn a foreign language or decide to take classes in English.

Costs of CSU IP is comparable to the cost of attending a CSU campus.

INDEPENDENT PROGRAM

The final option that a student can choose is to study abroad with an independent program. Independent programs differ in length; summer, quarter, semester or even a full year.

Independent programs can offer options to study in hundreds of countries and different programs. The International Center offers several suggestions for independent programs to get students started.

With all of these options, the decision to study abroad might seem a bit daunting, but the International Center provides information meetings every Tuesday and Thursday to answer questions and provide resources to help students in their decision to study abroad.

"They're pretty good with answering questions quickly," said Uy. "There was a time when I couldn't figure out my finances, and one girl took the time to break everything down for me. She spent like three days trying to figure everything out ... she even contacted all the representatives for me."

Advisers are available to meet with students to help figure out class requirements as well as to answer any questions.

For financial assistance with studying abroad, the International Center has different resources from financial aid to various scholarships and grants to help students.

For students willing to take the leap, the International Center will be always available to be their stepping stone to a memorable experience.





Transfer Student Voices

by RUTH OLIVARES

You could be a first-year, fourth-year or even a professor, but at some point you were new to the campus, as are transfer students. Last year, transfer students made up 50 percent of the incoming class. It may be difficult for transfer students to make a new campus home, but they are not alone.

For third-year psychology transfer student Britney Burgos, transitioning to a new school was easier said than done. Burgos' experience at Mount San Antonio College was sly of the well-rounded college experience.

"I was lowkey; I would stay in a corner and I didn't talk to anyone or made friends," said Burgos. "I wanted to be invisible."

But Burgos turned her wallflower mentality around during her transfer to CPP. After not qualifying for financial aid, Burgos found out her only option would be to pay for school out of her family's pocket.

"I would feel guilty that the money my family paid would go to waste," she said. "I wanted to put myself out there and and meet people so that I could be profitable."

Burgos feared that upon graduation, she wouldn't find a job because of her lack of school involvement, so she pushed herself to get involved. She applied to PolyTransfer's summer program upon receiving an invitation email to apply. She was accepted, and PolyTransfer assisted Burgos greatly in her interest for student involvement, as they spoke about opportunities throughout the program.

Burgos advises transfers to seek a community of supportive individuals. Burgos recommends PolyTransfer, where all transfer students are welcomed.

"You see the same people, and the more you see them, the more you become connected and become a family," said Burgos.

Burgos is now a member of psychology honors association, Psi Chi. She considers the club another supportive community of individuals that help guide her through her academic and professional endeavors.

"Don't be afraid to ask questions and don't be afraid to talk to mentors, professors and peers," said Burgos. "They're there for you, and they're being paid to be there for you."

For those transferring schools with a community of familiar faces, such as fourth-year Christopher Badoyan's case, there are other tips for a smooth transition.



Badoyan transferred with his friends from Citrus College. Because he enjoyed his experience there, Badoyan wanted to carry it over to CPP and did so by reaching out to PolyTransfer.

"They welcomed me with open arms," said the gender, ethnicity and multicultural studies student.

Whether transfers decide to seek PolyTransfer, Badoyan believes there are countless ways to get involved through clubs or campus organizations. He believes involvement can combat feelings of isolation or discouragement.

Badoyan takes advantage of every involvement opportunity. He works at the PolyTransfer center, is in the process of starting a club for transfer students, works for the Intercollegiate Athletic Department and enjoys Greek life as a member of the Pi Kappa Alpha fraternity.

"It's a great opportunity to meet other guys and transfer students and create that brotherhood om campus," says Badoyan.

Badoyan also believes campus events are a great way for meeting new people.

"Attend on-campus events whether it be Bronco Family Day, athletic events, Bronco Fusion, things like that," said Badoyan. "Attend them 'cause it's a great time — all the events that I've gone to, I've had a great time with my friends."

The PolyTransfer center is located in the first floor of the Student Services Building. PolyTransfer offers a summer program and holds various events throughout the year to welcome students to CPP, such as Coffee Chats, a major-specific opportunity for students to chat with professors, other transfers and the PolyTransfer community.

"The PolyTransfer program exists to help create a transfer receptive culture on campus by providing programs and services for transfer students to be successful at CPP in their academics, career and personal leadership development," said PolyTransfer coordinator Lorena Marquez.

Marquez wants the campus to be aware of transfers so everyone can assist them in whatever way they can and make them feel welcomed at CPP.



MAKE YOURSELF AT HOME WITH 3 ON-CAMPUS RESIDENCIES

by GRACE MIKURIYA

Broncos looking to make Cal Poly Pomona their home base have three options to choose from: the residence halls, residential suites or University Village. Whatever they choose, Broncos are guaranteed benefits like convenient parking, getting to class on time and building friendships within a shared community.

"The separation from my comfort zone at home was daunting, but the skills I gained and the people I met made it all worth it," said Encinitas Hall resident adviser Rachel Lemp.



Residence Halls

First-years can live in one of six residence halls located on the north side of campus. They are a short walk away from many classes and the Los Olivos dining hall. They're similar to the classic college-living experience people see in movies or TV shows. Students share a room with one or two roommates and a couple communal bathrooms with their entire floor. The halls also have a laundry room, study room, kitchen and a lounge area. Resident advisers also plan five educational and five social activities for building-mates to get to know each other.

Students are given several meal plan options to choose from that range from meal points, a currency equivalent to dollars that work at any on-campus dining establishment, to meals redeemable at Los Olivos.

Residential Suites

Students can also reside in one of five residential suites. The suites are located at the south end of campus, conveniently situated close to the BRIC as well as several restaurants and classrooms. The suites resemble apartment-like living. There are a few different floor plans to choose from, but four residents will each have an individual bedroom and share a bathroom, kitchen, and living room with their suitemates. Suite dwellers are given similar meal plan options as the hall residents.

"[Living on campus] is a great way to not have to find parking every day and a great way to meet new people and form friendships," said third-year mathematics student Abigail Formanowicz.

University Village

The University Village is located across the street from campus on Temple Avenue. It's comparable to the residential suites as they offer similar floor plan layouts and apartment-like living. Meal plans are not offered, but a community room, basketball court and pool are available.

"Being across from campus is great because there is no need for a car or parking pass because you can just walk to class," said third-year political science and University Village resident Samantha Fidel. *"The free laundry is also great."*

In fall 2019, the first phase of the new residential halls will open, which will include 980 beds. The new halls will be located near the suites to encourage a more tight-knit community. There will be new dining hall as well to accommodate the residents.

Living so close to campus is one way to build relationships with fellow Broncos and make lifelong friends.

YOUR VOYAGE IS CALLING

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STUDY ABROAD & EXCHANGE CAL POLY POMONA

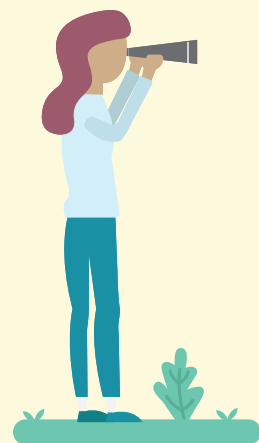
Start your adventure!
Weekly Info Sessions @ The International Center
Building 1, Room 104

INTERNATIONAL CENTER
Check out our website:
www.cpp.edu/studyabroad

LET'S GET THIS BREAD!

ON-CAMPUS JOBS FOR ALL

by GRACE MIKURIYA



Part-time job opportunities are widely available on campus and can help students not only make some amazing friends, but also put a little extra dough in their wallets. Whether they yearn for a fast-paced and exciting customer-focused job or becoming a behind-the-scenes hero who helps make the magic happen, students are guaranteed to find the right job for them.

ASI

ASI offers jobs as fitness instructors, dive masters, lifeguards, and personal trainers at the Bronco Intramural Recreation Complex (BRIC), as well as media planners, writers, editors, photographers, student brand ambassadors and other office jobs. You can apply to be a part of ASI by visiting their website.

"There are so many different jobs here that you can do and you can always find something you like doing," intramural assistant supervisor Milton Cruz said. "For example, if you like sports, fixing things, lifeguarding, fitness, nutrition or if you just like contributing in keeping things running and everyone having fun, there are jobs for that."

STUDENT ADVISOR

Student assistant jobs are available in almost every department and are excellent for giving students foundational information for what they will pursue in the future. Students complete organizational tasks like data entry, emailing, logistical preparations for events, website updates and more. The student assistant's role is to help the professor with day-to-day tasks.

"The best part about my job is that it is an opportunity to transition from simply being a student to a professional realm in a field that fascinates me," Wines, Beers, Spirits student assistant Erika Conte said. "I really enjoy socializing with students from all majors and it has improved my organizational, managerial, and professional capabilities."

RESIDENT ADVISOR

Planning on living on campus? Get free housing and become a resident advisor. A resident advisor ensures a safe environment for everyone living in the on-campus community. Students gain important leadership and teambuilding skills as they work with other members of the University Housing Services through planning events and creating a mini community within their domain.

"The best part of my job is getting to interact with residents and being able to facilitate positive change or experiences within or for them," resident advisor Samantha Luley said. "I wanted to become a resident advisor because I fell in love with housing and being able to connect with people and make a home away from home for them."

FOUNDATION

Foundation jobs are available for students interested in working in the food industry. Students can work at any of the dining establishments across campus from Jamba Juice to Einstein's Bagels to Starbucks, to name a few. Apply to work for Foundation by visiting the Foundation website to view available jobs.

"The best part about my job would be gaining friendships with my fellow coworkers — we become a family that others may not understand," Jamba Juice employee Natalie Ramirez said. "In general, working for the Foundation teaches you how to work in a fast-paced environment and helps improve your skills."

ENHANCE YOUR CURRICULUM

by ISAC KIM

ARCHERY ACTIVITY (1 UNIT)

Course Number: KIN 1200A

Offered: F, S

Taking this class will help you become a better archer — students learn basic techniques, principles, and skills involved in recreational and competitive archery, as well as safety precautions, proper form, scoring and the history of archery. This class could be taken multiple times

HIP-HOP DANCE ACTIVITY (3 UNITS)

Course Number: DAN 2700

Offered: F, S

If students wish to become better dancers, then this class will help them gain confidence in their dance moves. This class puts students in a dance studio to study and practice hip-hop dance techniques and performance. This class could be taken multiple times.

HARRY POTTER AS LITERATURE AND CULTURE (3 UNITS)

Course Number: ENG 3520

Offered: F

If you think the Harry Potter novels are better than the movies, or if you're a die-hard fan of the movies but never once touched the books, try this class. This class is a seminar about the Harry Potter series as literature and cultural studies, emphasizing critical reading, thinking, discussion and research. Students must complete GE areas A, C1, C2a, and C2b to enroll.

WINES, BEERS, SPIRITS (3 UNITS)

Course Number: HRT 3150

Offered: F, S

Students study the different ways wine is made, how spirits are processed and how beer is brewed. They also learn about selection storage, wine lists, wine pricing and how to serve wine correctly. But in a class with sampling and handling alcohol, students need to be at least 21 years old to enroll.

BEE SCIENCE/BEE SCIENCE LABORATORY (1/1 UNIT)

Course Number: PTL 3360/3360L

Offered: F, S

The bee population is declining, and taking these classes might help make a change. Students will need to take both classes during the same semester. Students learn how to care for, manage and manipulate bees. They'll learn about pollination and the importance of bees to agriculture and native, commercial, and introduced plants as nectar and pollen sources.

INTRODUCTION TO FILM AND AMERICAN CULTURE (3 UNITS)

Course Number: TH 2080

Offered: F, S

Students analyze American cinema as artistic works and their significance in society from a technical, theoretical, social and multicultural perspective. They're exposed to various film genres, methods of film production, film aesthetics and the impact of film.



YOU Belong Here!

Programs & Services:

- Peer to Peer Mentoring
- Transfer Student Hall
- 1 on 1 Transfer Student Coaching
- Summer Transition Program
- Develop Sense of Belonging
- Network of Faculty & Campus Partners

OUR MISSION

The PolyTransfer Program exists to ensure a transfer receptive culture by providing resources & programming to connect & support transfer students to achieve their desired academic, professional, & personal goals, to create a sense of belonging.

DID YOU KNOW...

50% of Fall 2018 enrollment were TRANSFER STUDENTS

Contact Us:
Bldg. 121, Room 1561
polytransfer@cpp.edu
(909) 979 - 6367

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TIPS TO CRUSH YOUR NEXT EXAM

by ASHLEY ROWLES



Finals and midterms week can be really stressful especially if you don't know where to start. Don't leave yourself in the dust — follow this list below, and you will be on your way to crushing your next midterm or final.

START EARLY

Studying earlier allows you to take your time in understanding the material. If you start way before the test date, you'll avoid cramming a semester or half a semester's worth of class material the night before the test. You'll most likely perform better, too.

CREATE YOUR OWN STUDY GUIDE

Many teachers provide a study guide you can use, but if they don't, making your own study guide will give you a chance to create your own questions, find the answers to them and inevitably review the material, which will help you on the test.

PRIORITIZE YOUR STUDY TIME

Some exams might be harder than others, so you would need to prioritize which one needs more study time and which one has a bigger effect on your grade. Make sure to evaluate the study time needed to study for harder exams.

CREATE A GROUP STUDY SESSION

Studying with your peers can be to your benefit because they might understand some material that you do not understand, and vice versa. When creating your study group, make sure you include people that will be beneficial for your academic success.

MEET WITH YOUR PROFESSOR DURING THEIR OFFICE HOURS

Your professors may be able to help you on what to study, and they can give you hints on how to get a good grade on their test.

TAKE BREAKS

Taking breaks between your study sessions is important to give your mind a chance to recharge and process all the material. But make sure your break isn't too long, because getting back into studying after you've enjoyed a significant amount of time lounging is more difficult.

Bonus Tip: Places to study

Finding the best place on campus to study is a process of trial and error. But you can rest easy, since there are many places on campus you can try. Here are some to get you started.

LIBRARY: One of the best places to study on campus. Not only does it provide complete silence for students on some floors, but also other resources such as printing stations, the Learning Resource Center, the Knowledge Center and tech help.

24-HOUR COMPUTER LAB: A quiet and readily accessible alternative to the campus library. It provides computers, desks, and a comfy chair to sit on while you study.

EMPTY CLASSROOMS: Before you enter, examine the classroom from the window to make sure it is empty; you don't want to waltz into a classroom full of students.

ROSE GARDEN: When the weather is nice, the rose garden can be a great way to clear your mind and get some fresh air while studying. You'll be surrounded by beautiful roses and a fresh scent of the flowers.



Welcome, Broncos!

The Office of Student Success is so excited that you're part of the Bronco family. We serve all Cal Poly Pomona students from admission to graduation.

Check out some of the programs we offer, and don't forget to visit our website at www.cpp.edu/studentsuccess.



Bronco Advising Center

The BAC has your back in answering questions about general advising, class registration, financial services and more. Undeclared students can also visit us for advising.

www.cpp.edu/bac
bac@cpp.edu
[@cppbac](https://twitter.com/cppbac)



Billy Chat

Billy Chat is an artificial intelligence texting robot that can answer your questions about Cal Poly Pomona.

www.cpp.edu/billychat



California Promise

The California Promise helps students plan to graduate in two or four years. Eligible students will receive an invitation.

www.cpp.edu/graduationpledge
gradpledge@cpp.edu



Early Start

The Early Start program prepares eligible first-time freshmen for college math and/or English while acquainting them to CPP student life.

www.cpp.edu/earlystart
earlystart@cpp.edu



First Year Experience

In the First Year Experience program, students explore the opportunities and possible careers associated with their majors through a course in their college.

www.cpp.edu/studentsuccess/oss/fye



I AM FIRST

I AM FIRST celebrates the first-generation college student community at Cal Poly Pomona through outreach and mentoring.

www.cpp.edu/studentsuccess/oss/i-am-first



Learning Resource Center

The LRC promotes student success by providing Academic Skills Coaching, Subject Tutoring, Supplemental Instruction, RAMP and the Writing Center.

www.cpp.edu/lrc
lrc@cpp.edu



Reading, Advising, & Mentoring Program

As a TRIO project, RAMP assists eligible students in persisting and graduating via reading tutoring, advising, peer mentoring, grant aid and more.

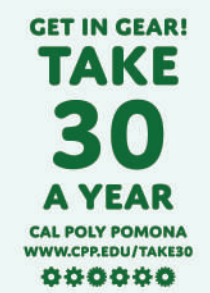
www.cpp.edu/ramp
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PolyTransfer

At PolyTransfer, transfer students can connect with their peers and find resources tailored to the transfer experience.

www.cpp.edu/polytransfer
polytransfer@cpp.edu
[@polytransfer](https://twitter.com/polytransfer)



Take 30

The Take 30 campaign encourages students to plan for 30 units across the entire academic year toward the goal of graduating in two or four years.

www.cpp.edu/take30

5 WAYS TO KEEP STRESS AT BAY

by ELIZABETH AQUINO

Running on nothing but an iced vanilla latte and a bag of chips, you sit hunched over your desk staring at your ever-growing to-do list and the unfinished paper brightly glowing back at you on your laptop screen. You yawn and take another sip of your caffeinated drink, feeling eyebags form with every ticking hour that brings you closer to the dreaded deadline. Whether by procrastination, a hectic schedule or simply an upcoming exam, being stressed is a natural feeling and reaction. Fortunately, many activities and places on campus are available to help you manage it.

USE THE SHCS

The Student Health and Counseling Services offers free stress management services. Relaxation rooms, wellbeing workshops and private support counseling are provided by Counseling & Psychological Services (CAPS) in the Bronco Bookstore, located in Building 66, room 116.

The Wellness Center, located in Building 46 West Entrance, also offers health assessments and one-on-one programs with health educators topics like stress management. They can assess your level of stress, the causes, how you reduce it and even your sleep awareness, to provide you with effective management tips, tailored and suited for your personal experience with stress.

RELAX IN THE DESTRESS LOUNGE

The Destress Lounge at the Mind and Heart Research Lab allows students to rest on comfy couches and listen to guided relaxation audios, participate in group meditation and gentle yoga sessions, and learn productive techniques to control their stress using software that measures your heart rate variability and challenges you to lower your stress through breathing games and relaxing audio visuals. The lounge is located in the Darlene May Gymnasium (Bldg. 41).

TIP: Book an appointment to ensure privacy, space and receive the utmost serene experience.



TAKE A NAP

Great nap spots are scattered around campus. For a nap with a view, the third floor of the University Library has lounge chairs facing the windows for ample sunlight. For light sleepers looking for zero distractions, the fifth and sixth floors are designated quiet floors. The Solaris Lounge, located on the first floor of the Bronco Student Center (BSC) is also another great nap spot, since it is quiet and filled with comfy couches.

YOGA AT THE BRIC

Take care of your mind, heart and body by trying yoga or meditation at the Bronco Recreational and Intramural Complex (BRIC). These programs are free for CPP students.

DESTRESS WITH CAMPUS EVENTS

Hosted by Associated Students Inc. (ASI), Puppies in the Park, a reoccurring event where students cuddle with adorable puppies, is always a favorite among students. ASI also throws more crafty events like Plant 'N Sip, for terrarium-making and socializing over tea, and Paint on Campus for students to lay stress aside and explore their creative side.



STUDENT HEALTH AND WELLBEING

We're Here For YOU!

INTEGRATED CARE NETWORK

ADHD SPECIALTY SERVICES | BLDG 9-103, M-F, 8AM-5PM
909-869-3333

Assists students with ADHD and other mental health conditions, registered with the DRC, to overcome function challenges (including, but not limited to: task initiation, time management, planning/prioritizing, organization, and self-regulation) and develop strategies that contribute to academic and future professional success.

AUTISM SPECIALTY SERVICES | BLDG 9-103, M-F, 8AM-5PM
909-869-3333

Serves DRC students with substantial social communication and behavioral difficulties, including those with Autism Spectrum Disorder and other mental health conditions. Services include: accommodation support, executive functioning skills coaching, social opportunities, and linkage with campus and community support and resources.

BEHAVIORAL INTERVENTION TEAM (BIT) | BOOKSTORE, BLDG 66-118
909-869-5286 OR POLICE DEPARTMENT AT 909-869-3070

Works to recognize and assist students who are in distress through supportive intervention and guidance when there is a concern that a student poses a threat to themselves, others, and/or the campus community. The primary goal is to proactively support students through utilization of campus and community resources to address any issues impacting their academic success, while also supporting faculty and staff.

BRONCOS CARE BASIC NEEDS PROGRAM | BLDG 46, M-F, 8AM-5PM
909-869-2763 OR BASICNEEDS@CPP.EDU

Serves students experiencing housing instability, food insecurity, or an emergency crisis that may require financial support. Services include: food resources, housing support, emergency funds, and referral to resources.

HOUSING - CARE-MANAGEMENT AND LINKAGE | BLDGS 59/54
909-869-3307

University Housing Services' Care-Coordinator primarily works with students living in the residential communities by providing support to residents experiencing academic, emotional, behavioral, and/or displacement within housing. The coordinator also serves as the after-hours emergency response coordinator for the residential communities.

WELLBEING COACH | BOOKSTORE, BLDG 66-116, M-F, 8AM-5PM
909-869-3220

The CAPS Care Coordinator and Wellbeing Coach provides Wellbeing and Life Skills Coaching (one-on-one and/or group sessions), workshops, and develops support plans for students for a more balanced life. The CAPS Wellbeing Coach also provides referrals and linkage support to on-campus and off-campus resources to support student wellbeing and academic success.

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS SERVICES	BOOKSTORE, BLDG 66-116 M-F, 8AM-5PM	SURVIVOR ADVOCACY SERVICES (SAS)	BOOKSTORE, BLDG 66-117 C&D M-F, 8AM-5PM
Counseling and Psychological Services (CAPS) are available to address the needs of students struggling with anxiety, depression, relationships, identity, self-esteem, or other personal or mental health concerns. Some services include brief individual counseling, wellbeing workshops, and crisis counseling.		Survivor Advocacy Services (SAS) provides confidential support for individuals impacted by sexual violence, dating/domestic abuse, harassment, and stalking in the CPP community. Some services include: emotional support, support on Title IX or police reports, and peer on peer workshops.	
	Call 909-869-3220 or walk in. Call 909-869-3220 and press "2" for after-hours phone crisis counseling, available 24/7.		Call 909-869-3102 for a consultation. Call 909-869-2196 for general inquiry.

DISABILITY RESOURCE CENTER (DRC)

DISABILITY RESOURCE CENTER SERVICES	BLDG 9, ROOM 103 M-THUR: 7AM-6PM F: 7AM-5PM	ARCHES PROGRAM	BLDG 1, ROOM 214
The DRC provides accommodations and support services to students with disabilities to ensure equal or equivalent access to all campus programs, services, and activities. Some services include: testing, note taking, and mobility assistance.		Standing for Achievement, Retention, and Commitment to Higher Education Success, ARCHES is a Department of Ed TRiO that provides academic and personal support services to CPP students with disabilities. Some services include: academic advising, individualized tutoring, supplemental advising, and a peer mentoring program.	
	Call 909-869-3333 for more information.		Call 909-869-2386 for more information.

STUDENT HEALTH

STUDENT HEALTH SERVICES MAIN ENTRANCE	BLDG 46, M-F 8AM-5PM	BRONCO WELLNESS CENTER WEST ENTRANCE	BLDG 46, M-F 8AM-5PM
Provides affordable, accessible health care. Medical provider visits are by appointment or walk-in for non-life threatening sudden accidents or injuries. Some services include physical exams, X-Rays, Rx services, and common STI/STD screening and testing. Funded by a mandatory health fee included in tuition, services are available to all enrolled Cal Poly Pomona students year round.		With a focus on prevention, the Bronco Wellness Center provides health promotion, disease prevention, and educational services to students on an array of health topics. Some services include: health assessments, education sessions on various health topics, and FREE health-promoting giveaways.	
	Call 909-869-4000 to make an appointment! After-hours nurse line: 855-272-1723		Call 909-869-5272 to make an appointment!



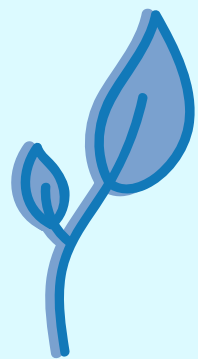
DIVISION OF STUDENT AFFAIRS



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CAL POLY POMONA'S 8 COLLEGES



Don B. Huntley College of Agriculture

The Don B. Huntley College of Agriculture prepares students for careers in agricultural, food, apparel or textile industries, environment, science and healthcare fields. Students receive hands-on experience with operating CPP's 700-acre farm, working with the university animals or contributing to research projects. The college offers the only four-year agricultural program in southern California.



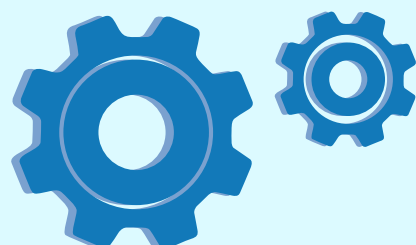
College of Education & Integrative Studies (CEIS)

The College of Education and Integrative Studies commits to shaping teacher-leaders and stresses the importance of lifelong learning. Students from across the university also participate in the college's Interdisciplinary General Education (IGE) program, an alternative to general education. The college has created and taught programs at local schools and organized the Robot Expo at the Pomona Fairplex.



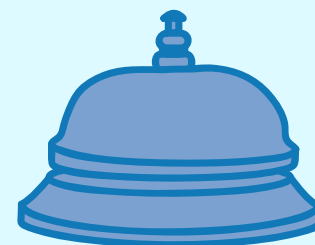
College of Business Administration (CBA)

The College of Business Administration (CBA) has a long tradition of delivering innovative experiences for students and commits to cultivating future global business leaders. The CBA forays into cybersecurity, real estate and market research. The college moved into its state-of-the-art complex in Sept. 2012, and offers undergraduate programs in business with eight concentrations.



College of Engineering

The College of Engineering strives to produce well-qualified engineering graduates who are ready for immediate and productive entry into the workforce or for graduate studies. The college graduates one of every 14 engineers in the state. Ranked upon the best in the nation, the college's practical education emphasizes teamwork, communication and creative skills. Many students contribute to projects like building concrete canoes, unmanned aerial vehicles and SAE cars.



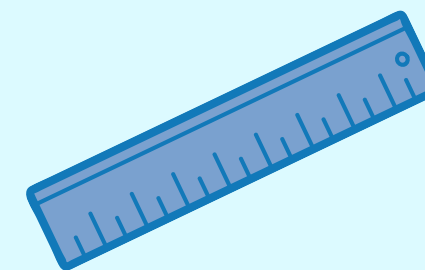
Collins College of Hospitality and Management

The Collins College of Hospitality Management is consistently ranked among the nation's premier hospitality management programs. The college embraces an active, hands-on approach to learning about the growing hospitality industry, allowing students to serve lunch and dinner at the Restaurant at Kellogg Ranch, run the Kellogg West Conference Center and Hotel and intern at premier tourist designations. It offers the first and largest four-year hospitality management degree program in California and is the only hospitality management college on the West Coast.



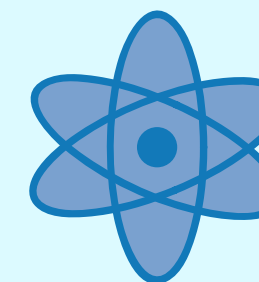
College of Letters, Arts, & Social Sciences (CLASS)

The faculty and staff of the College of Letters, Arts, and Social Sciences provide an excellent education for students in the humanities, social sciences and performing arts. Students could take a class on Harry Potter, perform in plays and music ensembles, learn about global diplomacy in Model United Nations or partake in the Ethics Bowl. The college prepares students with the skills needed for their careers in the changing, multicultural world.



College of Environmental Design

The College of Environment and Design prides itself in improving communities and create solutions through research and design. Students work on real-world projects like building cabins for state parks, designing aspects of a public garden and working on zero-waste initiatives. The college is home to the Lyle Center for Regenerative Studies and the California Center for Land and Water Stewardship. It also supervises the W. Keith and Janet Kellogg Art Gallery and the Don B. Huntley Gallery.



College of Science

The College of Science stays on the cutting edge of research and promotes an active space for teaching and learning science by creating an environment for discovery and innovation. It's committed to supporting outreach programs that foster teaching skills, increase minority representation or help preserve species and the environment. The college's undergraduate biotechnology major was the first among the 23 campuses of California State University system.



SCHOOL pride WITH pep AND dance

by ASHLY HERNANDEZ

During a basketball game, the student athletes rumble across the floor of the Kellogg gym, riled up from the roaring of the crowd. Everyone's hearts beat to the beat of the drums that also move the dancers on the sidelines. Music fills the air; movement is everywhere. This sensation is integral to a team victory and an incredible sense of Bronco pride.

With projects, part-time jobs, internships, intramurals and exams, finding time to express Bronco pride can be difficult. Luckily, some put in the extra hours to bring music and dance to Cal Poly Pomona students.

"We'll work with anyone who wants to put in the time with us," said fifth-year engineering student and president of the Bronco Pep Band, Savannah Tabor.

The Bronco Pep Band and the Broncettes are two organizations that provide entertainment at sporting events and other happenings on campus.

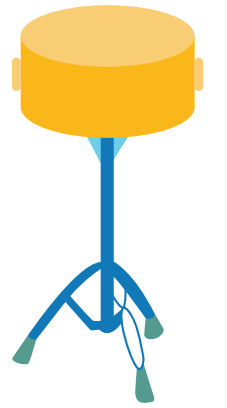
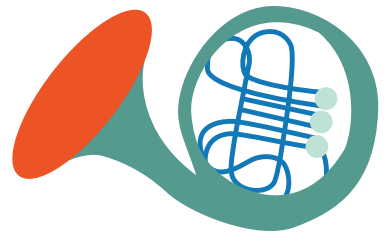
The Bronco Pep Band is made up of students who want to express fun through music. They can be heard Wednesday nights in front of Kellogg Gym rehearsing. Anyone interested in joining the band is welcome to drop on by.

"People will come and wander over to say 'hi' and ask how they can join," said Tabor. "Some have their own instrument, but we have some that people can use and let them join as long as we have that instrument."

The band performs at school basketball, soccer and volleyball games.

Tabor says that they hold strong friendships with the athletes, and that the group often is asked to take pictures with the teams.

"When the basketball team took the championship [in 2018], they actually cut a piece of the net off and gave it to us," Tabor said. "We have it framed."



The Bronco Pep Band spreads Bronco pride off-campus, too. The team takes trips to the East Bay or even San Diego to cheer on the basketball team and battle pep bands of opposing schools, and dance and play for spectators at Knott's Berry Farm.

Not all the dancing and cheering is done by the pep band, however.

The Broncettes are CPP's dance team. Dancers spend one or two days a week practicing to showcase Bronco pride at games and during half time. The team is also invited to perform for different organizations or clubs on campus.

Many of the dancers have been dancing since they were young and in all sorts of studio practices: jazz, ballet, tap, hip hop, tap, ballroom and lyrical. They were able to find a home and continue their love for dance as members of the Broncettes.

"I definitely have a lot of new friends I wouldn't have had if it weren't for the team," said first-year liberal studies student, Callie Arcand.

Like Arcand, those interested in joining the dance team send in video of a choreographed routine covering a list of skills provided. According to Abby Formanowicz, third-year math student and president, main auditions are held in early May, but other auditions may be held in fall.

Members of the Broncettes and the Bronco Pep Band describe their groups as close knit. The members feel like they are part of a family. With performers working so hard and so close together, it makes it easier for students to also do their part and contribute to Bronco pride.

EVENTS

YOU DON'T WANT TO MISS

by MICHAEL UBA



Cal Poly Pomona provides many festivities to entertain students throughout the year. Alongside the university, ASI BEAT, or the Associated Students Incorporated Bronco Events & Activities Team, has this covered.

For the incoming students coming into Bronco territory, make sure to set aside time for these campus highlights.

BRONCOFUSION: AUGUST 21

One of CPP highlight events, BroncoFusion is CPP's own concert and festival extravaganza to kick off the year. It is held at the end of the first week of school. Students can watch sports games by the Kellogg Field, meet up with clubs and party the night away with headlining BroncoFusion artists. Past headliners have included B.O.B., RL Grime, Tinashe, Chance the Rapper, GoldLink and DJ Carnage.

FRAG FEST: FALL, SPRING

Hosted by Bronco Esports, gamers play in a LAN setting and host tournaments at the College of Business Administration (CBA). It is generally a BYOC ("bring your own computer") event, so students bring their gaming rigs to play. Services and prizes sponsored by gaming companies are available such as computer parts to upgrade your rig.

HOT DOG CAPER: OCTOBER 3

The Hot Dog Caper is a collaboration among the Cal Poly Pomona Foundation and its university departments and sponsors. It is an annual event that brings the campus together for free hot dogs, drinks, chips, frozen treats and entertainment. Thousands of students, faculty and staff attend each year. Each year's theme is not the same as the previous. Past themes include an 80s theme and a carnival theme.



PUMPKIN FESTIVAL: OCTOBER 5-6

The Pumpkin Festival is an annual event for students and visitors to see more than 40,000 campus-grown pumpkins by the AGRIsclapes Agricultural Outreach Center. Pumpkins are also available for purchase. Hosted by the Don B. Huntley College of Agriculture, the festival also welcomes other organizations to showcase agricultural exhibits. Pony rides, petting farms, corn mazes, games and food vendors are strewn all over the fields.

BRONCO SPIRIT WEEK: FALL

The week-long event hosts daily events that evoke school spirit students didn't know they had. From meeting up with clubs and organizations, Bronco Bookstore discounts, free food and prizes and a party at the end of the week, the week is surely something for students to enjoy.

MIDNIGHT MADNESS: FALL, SPRING

Students can party the night away from the upcoming finals week of every semester with Midnight Madness. It offers the students a more intimate hang out spot with food, drinks and entertainment. Other types of games are common that are open from the games room and other open spots in the building. Each Midnight Madness events has a different theme as well. Past themes include a 70s theme and a medieval theme.

BRONCO FAMILY DAY: SPRING

Bronco Family Day is a plethora of fun and entertainment. Attendees enjoy carnival games and rides like the Ferris wheel, food trucks, pet animals at the petting farm, a party with the musical artists performing at the Bronco Commons stage, a sports game and fireworks to end the night.



MEET THE ANIMALS OF CAL POLY POMONA

by EILEEN QIU

Students driving by the intersection of South University Drive and Temple Avenue might find themselves face-to-face with Pancho, Cal Poly Pomona's very own guard llama. Llamas typically protect the livestock from coyotes or other predators on campus by kicking or spitting, but so far there haven't been any dangerous incidents.

A handsome eight-year-old llama with a tuxedo coat, Pancho came to the school after the previous guard llama Midge passed away at the ripe old age of 25. A typical day for Pancho consists hanging out with the flock of sheep and goats and enjoying the company of his caretakers.

Sophia Gaitan and Dayna Gerardo, Pancho's student caretakers, live on campus and take care of some of the livestock from the college of agriculture.

Gaitan, a third-year animal health science major, says Pancho is sassy and has an attitude like a cat, as the only way to get him to come up to someone is by bribing him with food. According to Gerardo, a fourth-year animal health science major and Pancho's feeder, he's not timid about going up to people with food but will shy away if people try to pet him.

Further north of South University Drive, next to Building 4 is the Rainforest Learning Center which houses reptiles, amphibians and fish. Michael A. Brown, curator of the center, said he's recently purchased two new caimans, Central and South American reptiles related to alligators.

The center doesn't have set hours and is free for students to walk in and explore.

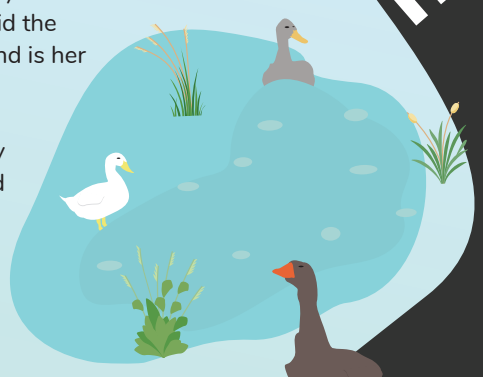
"The doors might not always be open in order to control climate, but students can always check to see if they're unlocked and walk in," Brown said.

South of the campus is a pond home to turtles, fish and, most prominently, ducks. The ducks are wild and students aren't allowed to pet or feed them, but many students enjoy watching them in between classes or while waiting for the shuttle.

Brown said the ducks come and go as they please and raise their families here over summer and spring.

Linh Nguyen, a fourth-year transfer hospitality student, said the shuttle stop by the pond is her favorite one.

"I didn't expect Cal Poly to have these [the wild ducks], but I really like watching their little legs move when they walk," Nguyen said. "They're so cute when they waddle."



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LEARN BY DOING

by EILEEN QIU

Another boring lesson, more powerpoints to memorize and more tests to cram for. Courses usually consist of a lecture and tests with some homework thrown in. Some would never expect to experiment with geography, build a dashcam or run a restaurant.

Learn by doing is a simple phrase but truly encompasses all that Cal Poly Pomona is. Whether this is your first time on a college campus or transferring from another school, you'll soon see just how pervasive the concept of learn by doing is and grow to love it too.

DASHCAM ENGINEERING

Chungyeol Oh is an electrical engineering alumnus. For his senior project, he worked together with a team to build a functioning dashcam that could recognize stoplight colors and street signs.

"The hardest part was coding the thing and making sure it could differentiate between a red stoplight or a red light," Oh said.

He said the project took more than a quarter and forced him to do research on his own outside of the classroom. His professor would nudge him in the right direction, but there were still some major setbacks.

"Getting the lens was easy, but fitting everything into a tiny box and configuring all the wires was such a pain," Oh said.

He was all set to graduate, but the senior project kept him back a year. Discouraged but not hopeless, he was determined to go out with a bang.

"My group and I basically lived in the 24-hour computer lab," Oh said.

He had to balance a part time job and school, but he thinks it made him more independent and confident in his skills. Oh credits the project for hammering the skills and concepts he learned in class into his head. He said it was always easy to memorize equations for the tests, but different when applying the concepts to real life.



Oh thinks it paid off. The experience made him more independent, and it helped him land a job.

"Some things you just have to learn by making mistakes and figuring it out away from a classroom," Oh said.



PROJECT BLUE

A little-known secret of the school is the natural creek that runs through campus. Michael A. Brown is curator of the Biotrek, which is a series of greenhouses and gardens showcasing various forms of wildlife found in the world. Project Blue began as a restoration project to fix up the area around the creek in order to create a new outdoor learning lab.

The project consisted of cutting down the vegetation that surrounded the creek and planting new native plants.

Brown said the major challenge was figuring out how to start it. He and his students have never tried landscaping, so it was a major learn-by-doing project.

"We've never done anything like this, so the students and I were like, 'How do we move tons of dirt and gravel?'" Brown said.

Eventually they pulled through, and Project Blue is now open to students behind Building 1, the communication building.



HOSPITALITY

Truffle oil mistakenly mixed with butter and an entire pot of clam chowder gone to waste are some of the setbacks faced by Linh Nguyen during her time as a line manager at the Restaurant at Kellogg Ranch (RKR).

Hospitality management students must all work at the restaurant to learn the ins and outs of the business as part of their curriculum. The restaurant is fully run by students, open to the public and accepts meal points as a form of currency.

Each team consisted of four managers who specialized in reservation and banquet setups, service, line management in the kitchen, and production. People who weren't managers were part of the waitstaff and support. This class lasted for the entire duration of the quarter.

Members and teams rotated every week, so students learned something new each time. Nguyen said her favorite part was learning to bartend.

"It was a great experience because we got to see a lot of the aspects of running a restaurant," Nguyen said.

One of her setbacks as a manager came when she mistakenly mixed truffle oil worth \$350 into dipping butter instead of brushed onto bread.

Another setback came at the end of the night — a stainless steel pot of clam chowder that seemed easier to carry than it was. It toppled over and couldn't be served, Nguyen said. Despite the hardship, she said she learned from the mistakes that one couldn't from reading a textbook.

"You don't expect these things to happen until you actually experience it yourself, and then you have to problem solve in real life," Nguyen said.

She works at a hotel close to Downtown LA and credits her experiences at school for the opportunity.

There's no way to complete courses on campus without learning by doing. It's a simple and small phrase that builds the foundation of all that CPP is, so go on and start learning by doing.

ADVICE FROM UPPERCLASSMEN

by JACQUELINE AYALA

A FEW UPPERCLASSMEN SHARE THEIR BEST ADVICE TO HELP MAKE THE TRANSITION EASIER AND MAKING FRESHMAN YEAR STRESS-FREE.

"Try to get involved on campus especially during freshman year, there are many ways to get involved. I am currently a member of Alpha Xi Delta sorority and the Fashion Society. There are so many people out there to help you find your interests and pursue them. If you can't find a club that interests you, start your own club on campus. There is a club for everything and always try something new. As for academics, my advice would be to ask as many questions and contribute in class as much as possible. Professors will acknowledge it and see that you stand out from your classmates. There is never a wrong answer."

-Allison Nacario, third-year apparel merchandising and management student with an apparel production emphasis

"Be proactive in your education. Whenever possible, use the office hours of your professors as they can help you in anything. Try to build relationships with your professors because they are the ones who will guide you until the day you graduate. Network within your department, you never know who can help you land a job straight out of college. Overall, just be kind to everyone you encounter because everyone is just as stressed as you are and sometimes a friendly smile can go a long way."

-Jesse Alvarado, fifth-year theatre student

"I think the best way to stay organized especially with all your classes is to get a planner. Live by your planner religiously and make sure to stay on top of it. It will help so much. I love using my planner because I know what I need to do for each week, whether it's work, school or even a trip to Disneyland. Use your planner the way you want, after all this is your planner. Make it pretty, color it and keep it organized, and it will help make the transition much easier."

-Elizabeth Swastek, fifth-year marketing student

"I would say to take some time to get to know your professors whether it is introducing yourself before or after class on the first day. Whenever you can, try to go to their office hours and have a one-on-one with them. Your professors are here to help you and in general they are really nice. Don't be afraid to seek help from them, they want you to succeed. Professors like it when you show effort in seeking out help and sometimes those who don't go for help often struggle in their classes."

-Kevin Crotty, fourth-year civil engineering student

In a new environment where no one knows who you were in high school, whether you were the most popular or just a wallflower at social events, making a first impression is the first step in college to finding out who you are. Trust that you are not the only one with sweaty hands, wondering whether someone likes you or getting lost on the first day.

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CAL POLY POMONA

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4 ESSENTIAL TIPS FOR PARKING



by ISAC KIM

If you commute to campus, then you know the struggle of trying to find parking. Follow these helpful tips if you want to make sure you find a parking spot before class.



Parking spots are usually filled up after 10 a.m. on weekdays at all parking lots. It's best to arrive on campus no later than 9:30 a.m., so you can have more choices. Also, most people leave campus by 4 or 5 p.m., so if you have classes later in the day, parking will be easy.



Know where overflow lots are. If all the parking lots are full and you're about to tear your hair out, overflow lots are your best options. Two overflow lots are located across the main campus grounds, one past the Kellogg Drive and South Campus Drive intersection and another past the Temple Avenue and South Campus Drive intersection, toward Valley Boulevard.

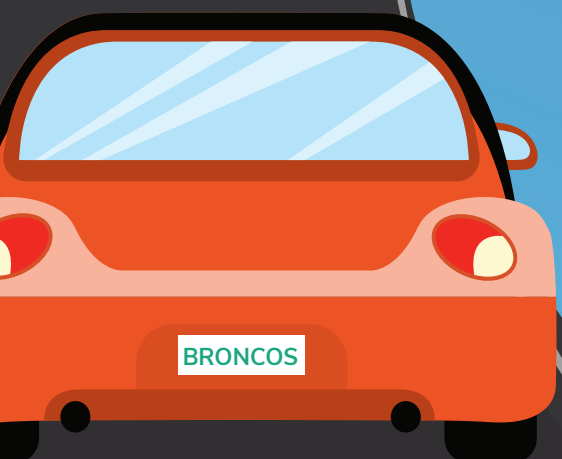


Faculty parking lots, for example Lots J2 and J3, are reserved for faculty members for most of the day, but students can park in those lots after 5 p.m.



Rideshare spots are available in Lots F9, J, and Parking Structure 2 for students who carpool. To park in those, you need at least one other passenger in your car to obtain a daily rideshare permit at the Student Rideshare Booth outside Parking Structure 1 and the university police station. After 12 p.m., Rideshare spots are available to all students Mondays to Thursdays and all day on Fridays.

All parking lot locations are available on page 50 on the campus map.



COLLEGE IS SMARTER WITH Foothill TRANSIT

Parking is no longer a college requirement. Cal Poly Pomona students ride headache-free on Foothill Transit buses. Full-time students qualify for a student discount 31-Day Pass.

Learn more at foothilltransit.org/college.

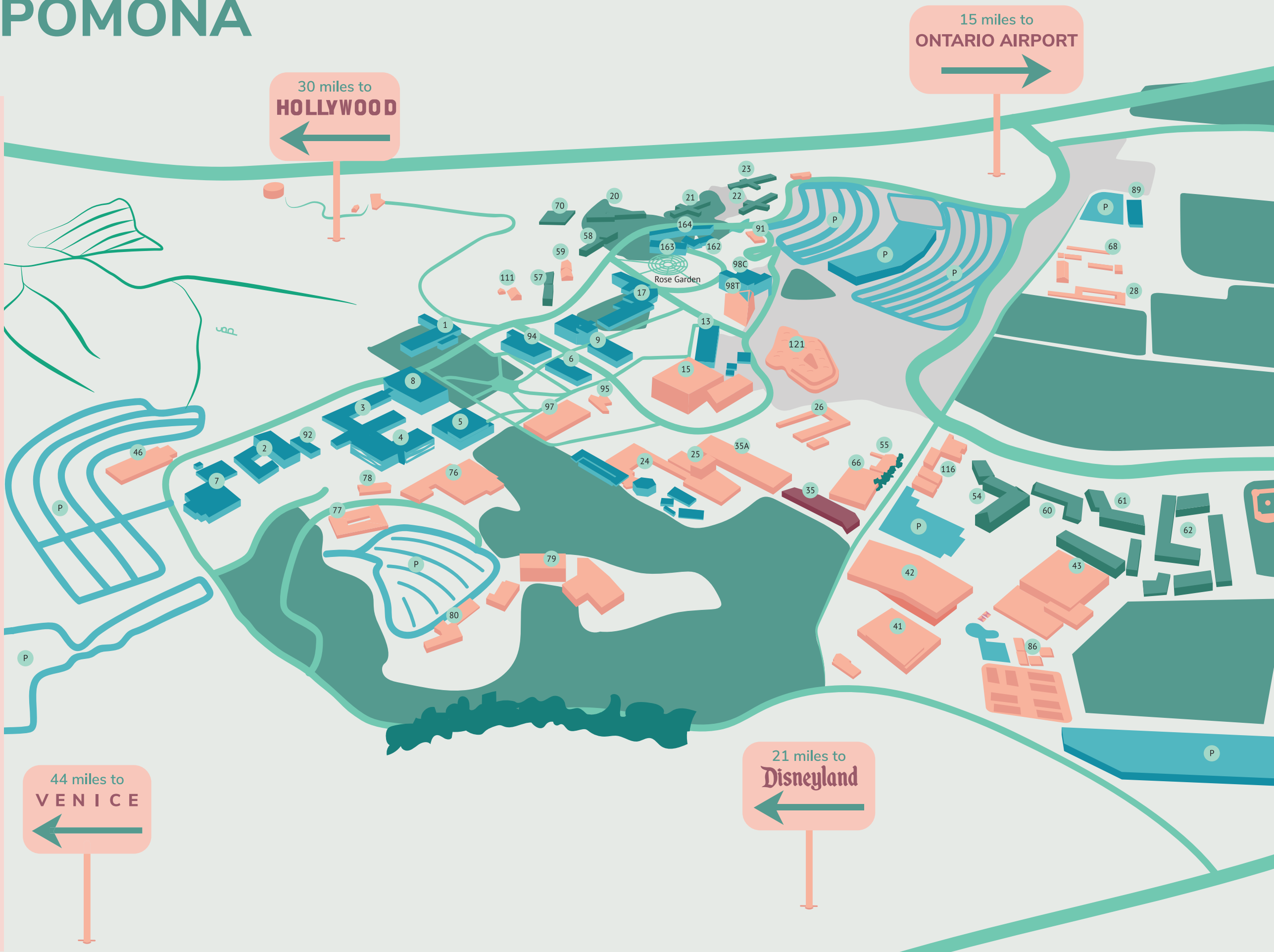


Foothill Transit Going Good Places

CAL POLY POMONA

Campus Map

- 1 Building One
- 2 College of Agriculture
- 3 Science Laboratory
- 4 Biotechnology Building
- 5 College of Letters, Arts and Social Sciences
- 6 College of Education and Integrative Studies
- 7 College of Environmental Design
- 8 College of Science
- 9 College of Engineering
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- 15 Library
- 17 Engineering Laboratories
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- 21 Residence Hall, Montecito
- 22 Residence Hall, Alamitos
- 23 Residence Hall, Aliso
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- 25 Drama Department/Theatre
- 26 University Plaza
- 29 W.K. Kellogg Arabian Horse Center
- 30 Agricultural Unit
- 41 Darlene May Gymnasium
- 42 Bronco Recreation Intramural Complex (BRIC)
- 43 Kellogg Gymnasium
- 45 Agricultural Engineering
- 46 Health Services
- 47 Agricultural Engineering Tractor Shop
- 54 Residence Suites
- 55 Foundation Administration Offices
- 57 Residence Hall, Palmitas
- 58 Residence Hall, Cedritos
- 59 La Cienega Center (University Housing Services)
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- 66 Bronco Bookstore
- 70 Los Olivos Commons
- 76 Kellogg West Education/Dining
- 77 Kellogg West Main Lodge
- 78 Kellogg West Addition
- 79 Collins College of Hospitality Management
- 80 Collins College of Hospitality Management, Marriott Learning Center
- 81 Facilities Management
- 82 Facilities Management Warehouse
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- 91 Student Affairs Information Technology Services
- 92 Laboratory Facility
- 94 University Office Building
- 95 Cultural Centers
- 97 Campus Center
- 98 Classroom/Laboratory/Administration (C/L/A)
- 111 Manor House
- 116 Child Care Center
- 121 Student Services Building (SSB)
- 162 College of Business Administration
- 163 College of Business Administration
- 164 College of Business Administration
- 200 University Village





STUDENT SERVICES BUILDING

by VICTORIA GONZALEZ

In spring of 2019, the new Student Services Building (SSB) effectively replaced the Classroom Laboratory and Administration Building (CLA), after three years of construction, to bring together the departments and services previously housed in the CLA.

All members of the campus community can benefit from the large, open spaces and plenty of sunlight spilling through tall windows. Veterans Resource Center Coordinator Elke Azpeitia is excited because students will have more room to study and relax.

"It's more welcoming and conducive to a stress-free environment; we're very excited to have this space," said Azpeitia. "It's a blessing."

The SSB is divided into two wings. To the east is the building's main wing, which has a new information desk and houses a variety of offices in three floors, from Admissions & Enrollment Planning to Student Account & Cashiers. To the west is Orientation Services, Alumni Affairs, Veterans Resource Center and Payroll Services, among others, spread out on two floors. Exact office locations in the SSB can be found on PolyCentric, the university-sponsored news center.

Markedly different in its design compared to the CLA Building, the SSB features wide, airy corridors saturated with natural light and a landscaped inner courtyard.

Ashley Ly, senior curriculum specialist in the Office of Academic Programs, said she liked the fact that the new building is easier to navigate than the CLA Building.

"What I like about the new building is that it is open, clean and that we are able to get to our floor using the stairs versus having to wait for the elevators," Ly said. "I can access the building from the side and up the stairs and straight to our office."

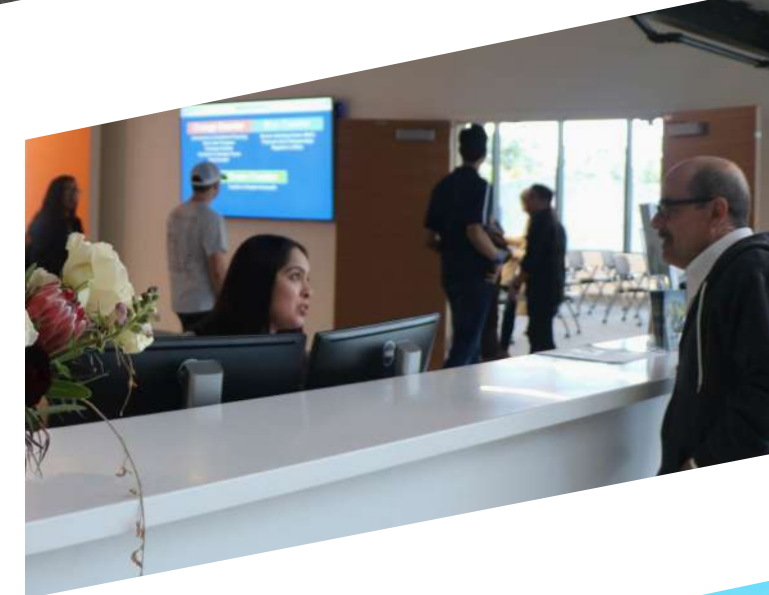
Alfonso Martinez Hernandez, a third-year civil engineering student, said that he will not miss getting lost looking for an office inside the CLA.

"When I came for my orientation I remember I got lost looking for the financial aid building," he said. "I went up one floor and ended up disturbing a meeting, and that was pretty funny."

Rojas did say that the CLA will be missed because of its uniqueness.

"When you're coming down the freeway the first thing you see is the pointy building, but I think people will get over it," he said.

The SSB stands next to the university library and in front of University Plaza ready to cater to inquiring members of the campus community.



MEET, SLEEP AND STUDY

AT THE UNIVERSITY LIBRARY

by KAREN HO

Most people may think a quiet sanctuary where one could hear a pin drop and a social hotspot where people lightly chatter and bustle can't exist in the same building, but the university library proves that wrong.

The current iteration of the library opened its doors in 1968. Since then, the library rakes up as many as 10,000 visitors a day. It's understandable, for the library is an essential location for studying, pursuing projects or relaxing during one's gap between classes.

Each of its six floors serve different purposes. The first, fifth and sixth floors are quiet floors, meaning chit-chatting or laughing out loud at a funny meme is discouraged. These soundless floors are ideal for those embarking on a serious studying mission or who simply want to escape the bustle from outside.

The second, third and fourth floors are louder floors. Chatter and noise are permitted, making them perfect for group project meetings or meetups with friends. The floors are adorned with large tables, plush couches, armchairs and even lounge chairs, where students are often found snoozing.

Study rooms are available for reservation at the library's website. Some are equipped with white boards and projectors, so students could brainstorm or rehearse impending presentations.

The Learning Resource Center, Knowledge Center and the 24-hour computer lab are additional resources that reside in the library.

The Learning Resource Center, located on the second floor, provides tutoring, test preparation and workshops for a variety of skills and university subjects. Appointment, online and drop-in tutoring are available after the second week of the semester.

The Knowledge Center, also located on the second floor, is a hub for research help, graduate thesis help, study abroad

For access to the 24-hour computer lab on the first floor, the only requirement is a Bronco ID card to swipe in. The computers are equipped with programs like the Microsoft Office Suite and Adobe Creative Suite.

The library also prides itself in the W.K. Kellogg Arabian Horse Library, one of the world's largest public collections of Arabian horse materials. And the Huntley Gallery, located on the fourth floor, is home to rotating contemporary art exhibitions.

The library is endlessly versatile for students, especially for those who drive a long way for school. Students should take advantage of the resources offered here during their time at Cal Poly Pomona, whether it's a computer for Adobe Photoshop at the lab, printing services on the second floor or a plump couch for a sweet, well-deserved nap.



LIBRARY HOURS

Monday - Thursday
7:30 AM - 11:30 PM

Friday
7:30 AM - 5:00 PM

Saturday
10:00 AM - 7:00 PM

Sunday
12:00 PM - 9:00 PM

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THE BRIC

THREE FLOORS OF EXERCISE & RECREATION

by CHRISTINA MANUEL

Opened in 2014, the Bronco Recreation and Intramural Complex (BRIC) is a three-story, 165,000-foot building that houses the campus' student workout and recreation center.

Inside of the BRIC boasts a 51-foot rock wall, an indoor track, courts for badminton, basketball and volleyball, ping-pong, different levels of weights and a variety of machines for students to workout with. A pool is also located outside.

Fourth-year zoology student Matthew Martino works out in the BRIC every morning before he has class.

"I think the BRIC is super convenient to use before class," Martino said. "I feel like using the BRIC over a couple of years now has helped improve my health and self-image. I like how most of the resources offered are not an additional of cost and I like the variety of activities offered."

Martino, like all CPP students, pays for his BRIC access through his CPP registration fees. BRIC membership is renewed every time a student registers for classes.

The number of students entering the BRIC fluctuates depending on the different semesters, however there is an average of 3,500 students entering the BRIC daily and 17,000 entering weekly. The BRIC also offers personal and group training with certified personal trainers. Fitness classes including cardio, abs, cycling, Zumba, yoga, swimming, insanity programs are only some of the many classes offered.

Fourth-year microbiology student Allison Ring partakes in a boxing classes with friends at the BRIC. "The instructors are great, and it's a really good opportunity to try different activities that you haven't or wouldn't normally try," Ring said Ring also describes that there isn't an obligation to attend every fitness class in the BRIC, and students are allowed to pick and choose when they want to go to a class.

Schedules for classes and more information on package prices for personal trainers can be found on the Associated Student Incorporated (ASI) campus recreation website.

Just as any other gym, the BRIC provides men and women locker rooms equipped with showers and both day-use and \$40 rental lockers for the semester.

If students are short of equipment for recreational sports, the BRIC has that covered. Equipment checkout is available free for BRIC members.

Members can check out rackets and birdies for badminton, balls for basketball and volleyball, gear for weightlifting and even towels.

The BRIC also extends its reach to offering outdoor program adventures. These adventures include backpacking in Joshua Tree, hiking through the Angeles National Forest and paddle boarding in Bonelli Park for a member fee.

The BRIC provides students with on- and off-campus means to improve both physically and academically.

With the equipment provided, students can join sports leagues and enter into tournaments in the BRIC to compete with other Cal Poly Pomona students.



CPP BASIC NEEDS BRONCOS CARE



In January 2018, the California State University Office of the Chancellor released the Study of Student Basic Needs indicating that 41.6% of CSU students reported food insecurity and 10.9% of CSU students reported being homeless in the last 12 months.

EMERGENCY SUPPORT RESOURCES

Emergency Grant Program
Referrals to campus and community support



HOLISTIC SUPPORT & CASE MANAGEMENT

Care Services Coordinator provides students with support during their unexpected emergency or crisis situation by meeting regularly as needed and providing linkage to services.



HOUSING SECURITY RESOURCES



Emergency Housing
Connection to community resources
Case management support

FOOD SECURITY RESOURCES



CalFresh Outreach Program
Poly Pantry
Meal Assistance Program
EBT Access on Campus

Basic Needs Initiative: Broncos Care Basic Needs Program

The Cal Poly Pomona Broncos Care Basic Needs Program is a comprehensive program that serves students experiencing housing instability, food insecurity and other emergencies or crisis situations. This program seeks to provide holistic support to students by connecting them with the resources and services to support student success.

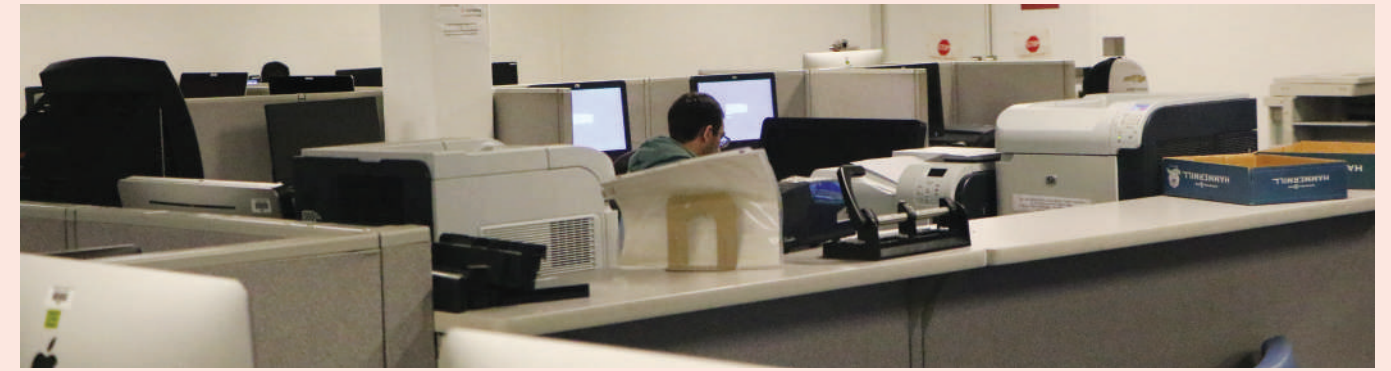
Email basicneeds@cpp.edu
Phone (909) 869-2763
Website www.cpp.edu/basicneeds



RESOURCES

INCLUDED IN TUITION

by MICHELLE QUINTERO



Student Health and Counseling Services

Student Health and Counseling Services is the place to go if you are stressed, feeling sick or are in need of support. SHCS has several components throughout campus which include Counseling Services, Health Services, and the Wellness Center.

Counseling Services is located in the Bronco Bookstore Building 66, Room 116. Their priority is supporting mental health by providing group therapy sessions, wellbeing workshops, individual counseling, relaxation training, workshops and mentor programs.

After-hour and weekend care are not provided Counseling Services but emergency assistance phone numbers are provided by SHCS.

Health Services is located in Building 46, near the M and J parking lots. General doctor appointments and an urgent care center are available Monday through Friday from 8 A.M. to 5 P.M.

The Wellness Center is located next door to Health Services and is also open Monday through Friday from 8 A.M. to 5 P.M. Many of the services require no appointment such as a blood pressure check, height and weight, and HIV testing.

Student Innovation Idea Lab (iLab)

The Student Innovation Idea Lab can be found inside the CLA Building, 98C, in Room 6-06.

Services such as 3D printing, virtual reality, and software programming are available to students, faculty and staff. The iLab also provides collaborative spaces, design software and equipment as well as workshops and events that help to create ideas and turn them into real life solutions.

The iLab is open Monday through Friday from 8 A.M. to 5 P.M.



Fitness Express

Fitness Express is another recreational facility on campus free for residents of University Housing. It is located near the first-year residence halls and on the east side of La Cienega Center.

Non-resident students are charged a fee for access each term. All members are required a brief orientation on the safe use of the equipment.

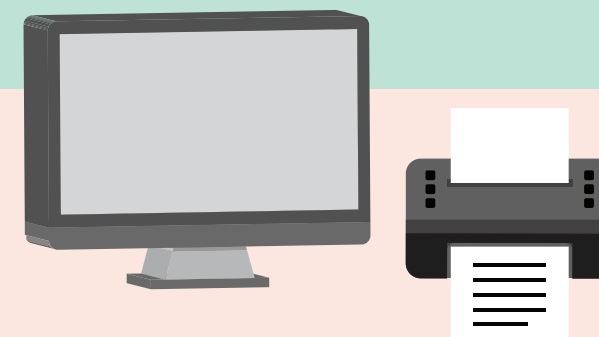
Fitness Express is open Monday through Friday from 8 A.M. to 10 P.M. and Saturday and Sunday from 2 P.M. to 10 P.M.

Safety Escort Service

The Safety Escort Service is available from your classroom to any destination on campus such as to your car parked on campus, Residential Hall/Suite or the University Village.

There are roughly 125 blue emergency posts throughout campus and off campus, not including the city of Pomona streets such as Temple Avenue. The service is based on "first come, first served" in the order of request.

The Safety Escort Service is available Monday through Thursday after 6 P.M.



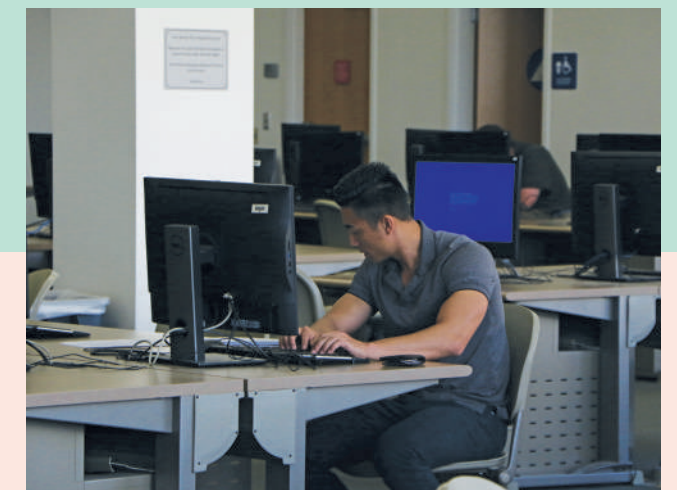
24-hour Lab

The 24-Hour Computer Lab is located on the first floor of the Library, Building 15. It includes 78 computers and one scanner.

Printing in the lab requires prepay. You can put money into the PHAROS Kiosk which is located just outside of the lab. You may also use Broncobucks, a system that allows you to put money onto your bronco card, if you are not able to access a kiosk. There is no color printing inside of the lab. You must use your Bronco ID to enter the lab.

The Cave

The Cave is another computer lab located inside the Career Center in Building 97, Room 121. You can find it underneath the Campus Marketplace, across from the Cultural Centers. It includes 70 workstations and two printing stations. The Cave is open Monday through Friday from 9 A.M. to 5 P.M.



PRINTING STATIONS ON CAMPUS

THE CAVE

LOCATION Campus Center Marketplace

B&W, 8.5"x11": 10 cents

Color, 8.5"x11": 55 cents

This location also has a scanner that students can use for free. Students can pay for these services by adding cash into their Bronco ID through the Pharos kiosk located within the center or with Bronco Bucks in their Bronco ID. However, if students decide to use Bronco Bucks, they must have their physical Bronco ID.

UNIVERSITY VILLAGE

LOCATION University Village

Free in black & white for residents

Printing at the village is restricted to Village residents, but residents can print for free in black and white so long as they provide their own paper.

LIBRARY

LOCATION Bldg. 15, second floor

B&W, 8.5"x11": 10 cents

Color, 8.5"x11": 55 cents

Students are able to pay for this by loading their Bronco ID with cash at any of the two Pharos kiosks located on the second floor. Students may also use Bronco Bucks to pay, but must have their physical Bronco ID when printing.

COPY 'N MAIL

LOCATION Bronco Student Center

B&W, 8.5"x11": 10 cents

Color, 8.5"x11": 55 cents

Students also have the option of printing with different sizes and medias, such as fabric, vinyl labels and hard bound books. Two self-service printers are still available after hours, as long as the BSC is open. Copy 'N Mail accepts cash, checks and card during their normal business hours and cash only at the self-service printers.

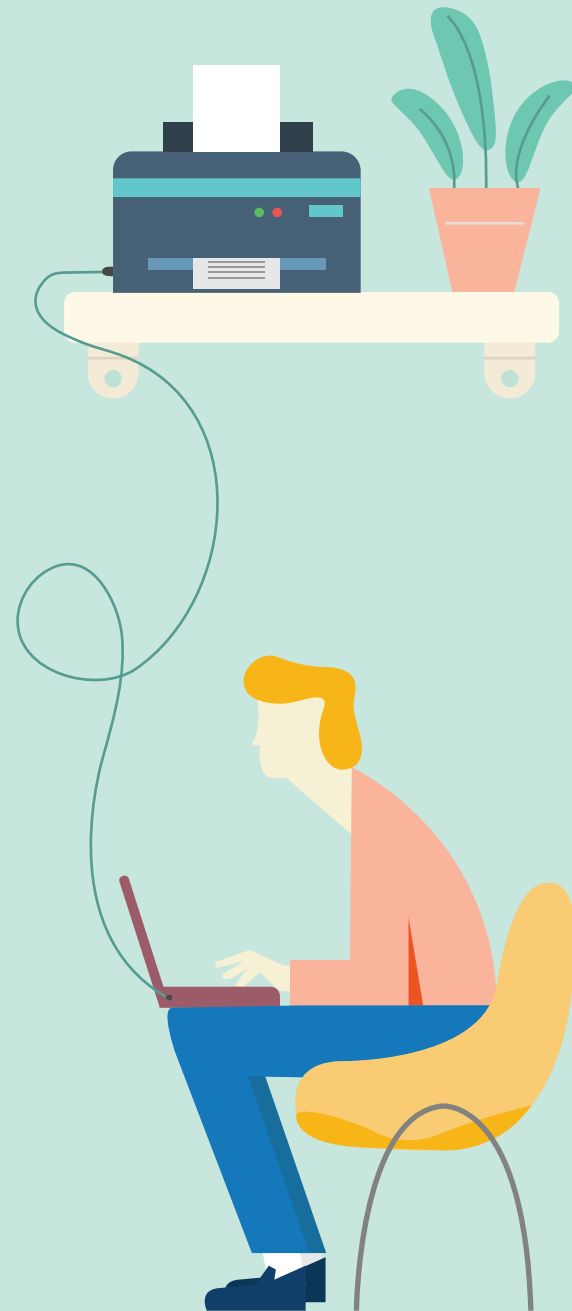
CULTURAL CENTERS

LOCATION Bldg. 26

Free with printing card

A printing card can be obtained by attending any of the events held by any of the cultural centers. Each printing card has 5 boxes that allows students to print 10 pages per box. Each time a student uses this service, a box is stamped.

by NATALI PEREZ



City of Diamond Bar

www.diamondbarca.gov/greendb



JOIN THE ORGANIC WASTE RECYCLING PROGRAM



According to CalRecycle, organic waste accounts for about 40 percent of the material disposed in landfills annually. California State Assembly Bill 1826 aims to reduce the amount of organic waste in landfills by requiring businesses to implement food diversion programs. A new local initiative introduced last year, aims at recovering organics from restaurants to be processed through the Puente Hills waste to energy facility. This type of program was made possible through collaboration, addressing barriers to action, and to move towards a more sustainable community.

The City of Diamond Bar, in partnership with its commercial waste hauler Valley Vista Services, offers local businesses a convenient and cost-effective way to divert organic material from the landfill.

A food scrap collection program demonstrates how businesses can separate their food scraps at the point of collection including: kitchens, lunch and food preparation areas. To incentivize participation, the City is offering complimentary indoor organic recycling bins, paired with free expert consultation and training to help design a recycling program that best meets the needs of Diamond Bar based businesses.

Contact the City of Diamond Bar for technical assistance at 909-839-7015, or via email at: greendb@diamondbarca.gov.



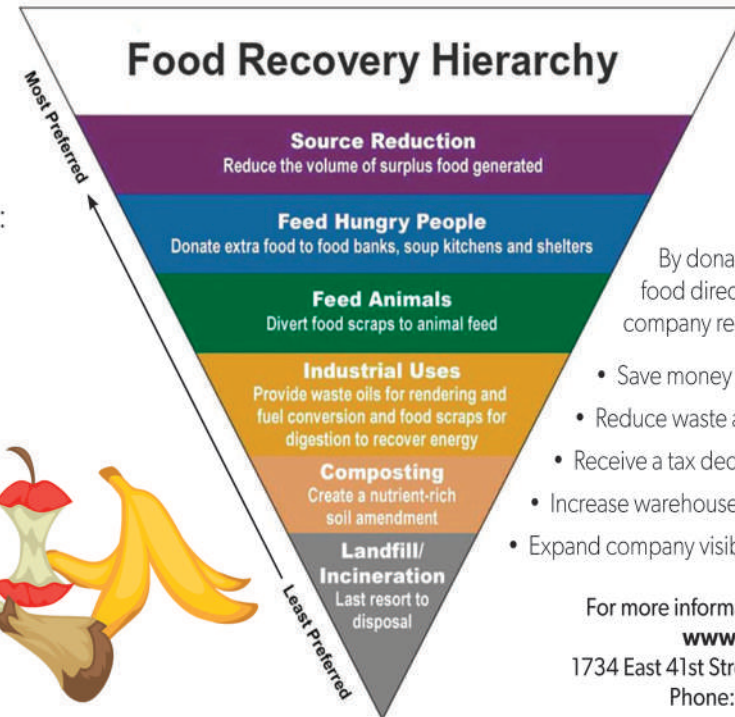
ACCEPTABLE MATERIALS

All Food Scraps including:

- ✓ Fruits, vegetables, peels and pits
- ✓ Meat, poultry, fish, seafood and bones
- ✓ All dairy products, eggs
- ✓ Bread, grain, pasta and nuts
- ✓ Tea bags, coffee grounds



Food Recovery Hierarchy



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By donating your unsalable, surplus, or distressed food directly to Los Angeles Food Bank, your company receives many benefits:

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- Reduce waste and increase sustainability
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- Increase warehouse space or save on storage charges
- Expand company visibility through partnership opportunities

For more information about this program, visit www.lafoodbank.org
1734 East 41st Street, Los Angeles, CA 90058
Phone: 323-234-3030

For more information on business recycling and waste reduction, please contact:



City of Diamond Bar
909-839-7015
greendb@diamondbarca.gov



Valley Vista Services
800-442-6454
www.valleyvistaservices.com



CalRecycle
www.calrecycle.ca.gov/recycle/commercial/organics

GEAR UP FOR YOUR FUTURE AT THE CAREER CENTER

by ISAC KIM

All students should check out the Career Center at least once during their college experience. The Career Center offers a multitude of helpful services to students.

The main service available at the Career Center is the career counselors. Career counselors help students who are deciding on which major to choose and who are wondering about their career possibilities.

One of many career counselors is David Craig, who's been with the Career Center for 12 years. "Each career counselor and all of the Career Center staff strive to support and assist students in achieving great outcomes on a daily basis," Craig said.

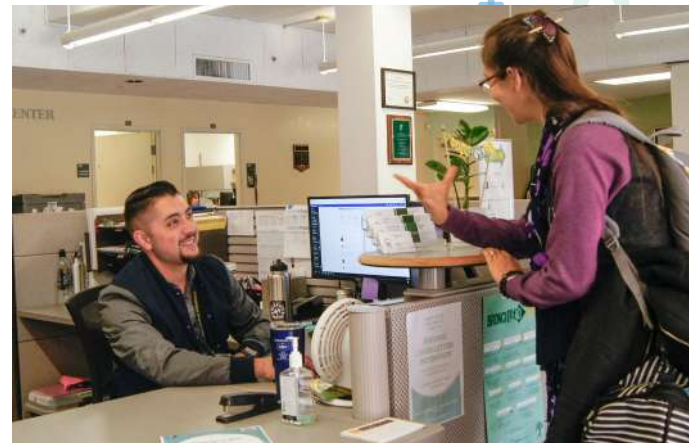
Students who attend the Career Center in hopes of finding which major and career path they want to choose are saying good things about the Career Center.

"I think the Career Center and its career counselors are very helpful, and after doing your two years of GEs, I would recommend seeing a Career Counselor to see what your career interests are," said Isabel Vargas, a fourth-year psychology major.

Another two services provided by the Career Center is the Clothes Closet and the Career Fair.

The Clothes Closet is run so students can pick any four pieces of business attire for free. These free pieces of business wear are helpful to students who attend the Career Fair.

During the Career Fair, more than 100 different companies gather in the University Quad to look for potential interns and employees among students. According to Tom Munnerlyn, the director of the



Career Center, the center hosts about eight career centers each year.

Students can pitch their elevator pitch, forge connections and distribute their resumes for a shot to win a spot on a company's roster. Notable companies have included AT&T, NASA JPL and PepsiCo.

Some Career Fairs are tailored specifically for certain colleges or majors, but anyone can take a look and meet the companies.

Other notable services provided by the Career Center include the Handshake program, where students can go online to apply for on-campus jobs; Bronco Mentoring Program, where alumni come in and help students by teaching them what the real world is like and what to expect; and drop-ins, where students can get their resumes reviewed.

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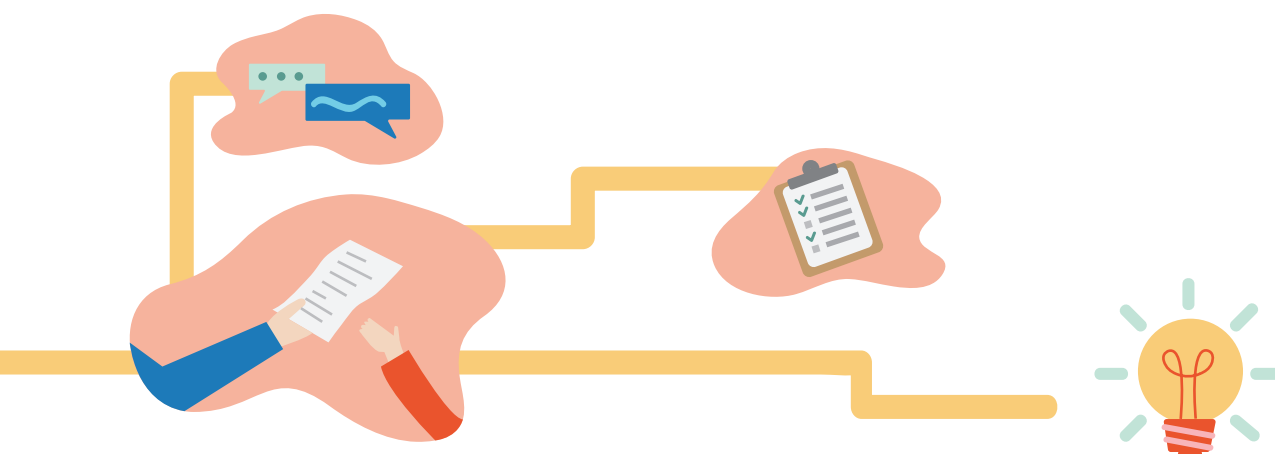
Visit us online at: calpolyfcu.org

Call or text us at: 909.869.6800

SUMMER

CareerCenter
CAL POLY POMONA

	HANDSHAKE	DROP-IN ADVISING	CAREER FAIRS
SERVICES	Manage your job search and view a variety of employment and internship opportunities available to Cal Poly Pomona students.	Have an advisor review your resume and/or cover letter and familiarize yourself with our resources to help you get started on your job search.	Attend them—whether you are seeking a part-time job or launching your career!
JUNE 6, 2019 AND JULY 10, 2019			
SUMMER WORKSHOP SERIES	Succeeding at Interviewing and Managing Anxiety: Navigating the Interview Process 11am-12 pm	FREE Lunch Provided @ 12:00pm-12:30pm	Rock Your Resume 12:30pm-1:30pm Job Search Strategies 1:30 pm - 2:30pm
SUMMER HOURS JUNE 3 - JULY 26	OFFICE HOURS Monday-Thursday 7am-6pm (Friday's closed)		DROP IN ADVISING 1pm-4pm Monday-Friday OFFICE: 909-869-2342 www.cpp.edu/~career career@cpp.edu Bldg 97-100 (Under Campus Marketplace)



CENTERS ONCAMPUS

by MAYA HOOD



Disability Resource Center (DRC)

The DRC offers services and provides accommodations such as include note-taking, testing and mobility assistance to students with disabilities. It ensures that students with disabilities are treated with fairness and get the same opportunities as others do.

The center is focused around accommodative services but also provide individualized assistance to students that address the academic hurdles students with disabilities go through.

The DRC is about helping students with accommodations and advising, so they have the resources to be able to reach their full potential and succeed.



Created by CPP students, the Children's Center cares for children of student-parents while they attend their classes. The center builds the child's care schedule based on student-parent's needs. Whether the student-parent is working and going to school, the resources offered at this campus makes it easy for parents to reach their academic goals.

The center accepts children from 18 months to five years old, and for children under three, the center reports daily on the child's activities, behavior and eating habits by e-mail. Children with special needs are also welcomed.

"We love the diversity," said Celeste Salinas, director of the Children's Center.

Annette Bedard started sending her child to the Children's Center since last fall.

"When it comes to my school schedule, it's been a great help especially because I get to have my toddler close to me," said, Bedard, a student at CPP. "Also, it's convenient and it helps with not having to worry about who's going to watch my son while I'm at school."

The Children's center is child initiated, and its curriculum is based students' interests. Examples of class topics include bugs and African animals.

Grants from the state and through a partnership with Associated Students Inc. (ASI) allows the center to provide free or low-cost care for their student-parents.

"We're open to partnerships here, we're open to exploring any avenues of finding ways to better serve our student-parents," said Salinas.

Veteran's Resource Center

The Veteran's Resource Center serves as a one-stop shop for veterans and military dependents. It supports veterans from the admissions process all the way to graduation and engage their alumni to come back and support graduate students.

They help connect veterans to academic advising, financial assistance and appropriate resources.

The center was created to help veterans navigate the campus and transition from military life. In addition, it's there to be students' advocate.

"It's a family environment," said Elke Azpeitia, a veterans service coordinator at the Veteran's Resource Center. "If you stay here and observe, you'll be able to see students are helpful to each other. I might be doing something on physics and one of the students might say, 'Hey, I can help you with that.'"

They have workshops on tips and guides when it comes to job search, resume building, and other resources geared towards veteran benefits.

"I was able to work here, and I was able to get my benefits and be able to pay for school and get money towards my housing. They also helped me get an internship for the summer," said Gerado Lugo, a CPP student.



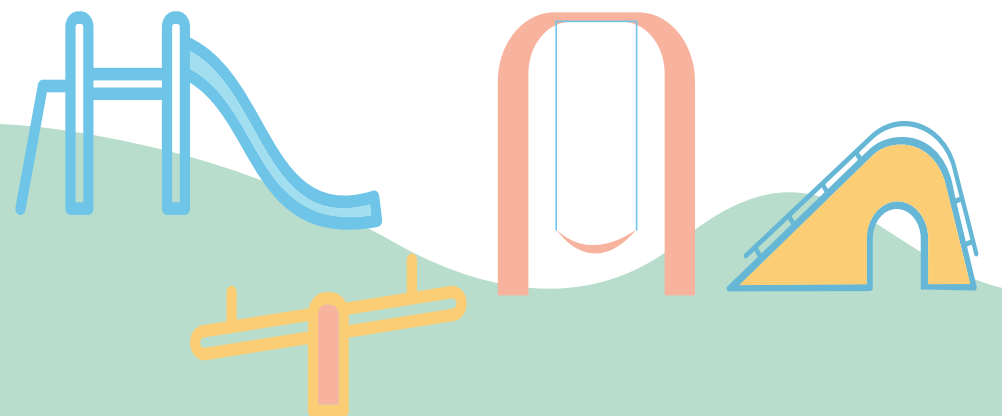
Lactation Room

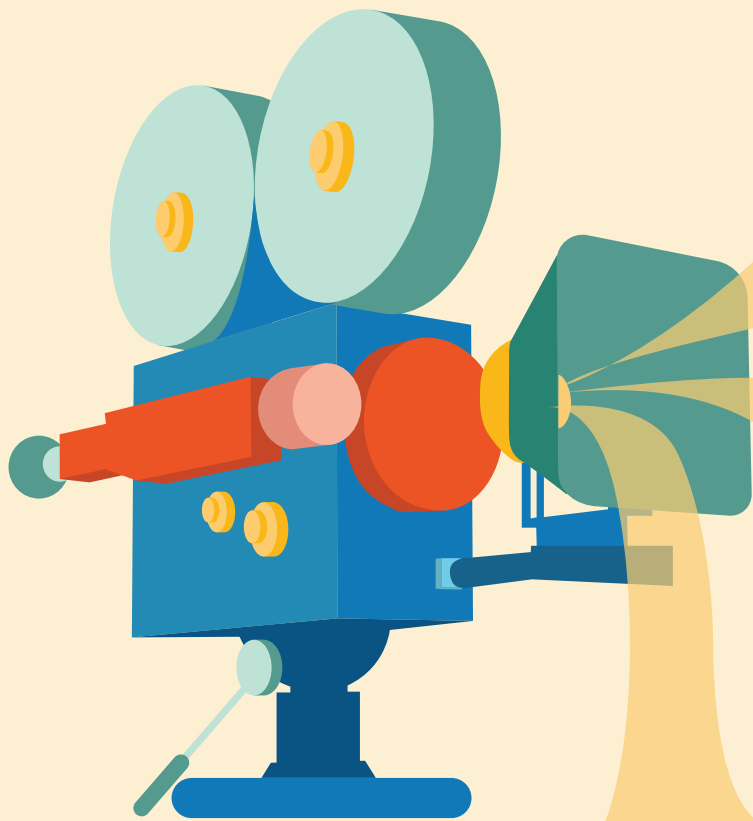
The lactation rooms on campus are spaces for breastfeeding parents and staff. This space is private, comfortable and secure for parents. There are five lactation rooms at CPP, and they're open from 7 a.m. to 11 p.m.

If students are looking to use this space, they can contact the Women's Resource Center to sign up and they'll be granted access to use this center at any time.

Sarah Pitcher, a student at CPP, started using the Lactation Room in fall 2018.

"It's been great — I'm on campus two days a week and I have an 8-month-old, [and it] is private and I can go whenever I need to," said Pitcher.





QUIET ON SET!

BEST 3 CPP CAMEOS IN ENTERTAINMENT

by BRIAN SEASE

With its distinct architecture and its relatively close proximity to Hollywood, Cal Poly Pomona has been used as a filming location for various productions over the past few decades.

Thanks to some of the school's futuristic buildings, many of the movies, television shows and commercials shot here at campus have been science fiction or otherwise ultramodern. The space-agey CLA Building has been the attention grabber of multiple productions over the years, most of which have used the building for establishing exterior shots.

Westworld (2016 – present)

The most recent and prominent production to film on campus is the HBO television series "Westworld." Loosely based on the 1973 movie of the same name, the show is set in the future at a sprawling western-themed amusement park populated by hyperrealist robots. The show features an ensemble cast including Evan Rachel Wood, Thandie Newton, James Marsden and Anthony Hopkins.

The show filmed a few scenes of its first season in the atrium of College of Environmental Design, or Building 7. The atrium is used for the design laboratory of the robot characters, and features a scene with Anthony Hopkins. The critically-acclaimed series is currently still airing and has been renewed for a third season.

Gattaca (1997)

"Gattaca," starring Uma Thurman and Ethan Hawke and set in "the not so distant future," is a science fiction film that prominently features the CLA. The CLA acts as the exterior shots of Hawke's character Vincent Freeman's house.

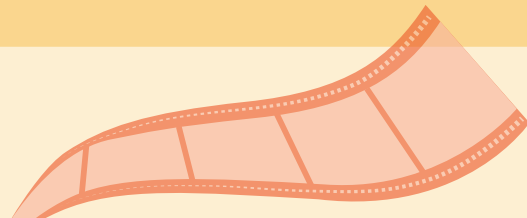
Although the movie didn't do well in the box office, it has since become a cult favorite. NASA considered it a remarkably realistic science fiction film.

Imposter (2002)

Another movie that features the CLA is the 2002 science fiction film "Imposter." Based on the 1953 novel of the same name by Philip K. Dick, the movie is set in 2079 and stars Gary Sinise, Madeleine Stowe, Vincent D'Onofrio and Mekhi Phifer.

The film used both establishing exterior shots and filmed close up shots of the stairways and walkways. The CLA was digitally altered and multiplied to create a "super CLA" consisting of multiple peaks.

Other productions that featured the campus include the 1964 film "The Sandpiper" starring Elizabeth Taylor in a scene featuring her and her co-star Richard Burton driving in a jeep; a 2007 Acura advertisement where the CLA was featured as a backdrop; and the 1926 film "The Son of Sheik," where one of W.K. Kellogg's Arabian horses, Jadaan, ridden by actor Rudolph Valentino, was featured in a movie for the very first time.



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POINTS OF *Interest*

by JESSICA ARAUJO

Cal Poly Pomona filled with beautiful, serene and educational locations which are accessible to the public and students. Some of the most popular sites and hidden treasures can be experienced year-round. Explore the campus and experience the joy by giving these prime locations a try.

Restaurant at Kellogg Ranch

Cal Poly Pomona's "learn-by-doing" philosophy established the student-staffed Restaurant overlooking the hills. The restaurant is located at the Kellogg West Conference Center and Hotel. Delicious seasonal and fresh ingredients are incorporated into the menu supplied by the agriculture department. Students with meal points may use them at the restaurant. Restaurant days vary by semester schedule.

Kellogg House

The Kellogg House is a history-filled beauty dating back to 1926. Formerly the vacation home of W.K Kellogg, it's now a venue used for private work events, weddings and more. Kellogg requested the house to incorporate the number seven, so architect Myron Hunt designed the house to be shaped like the number seven. Tours are available by reservation.

The George and Sakaye Aratani Japanese Garden

The Japanese garden is a beautiful and serene 1.3-acres of Asian-inspired floral, lush green pasture, a cascade and soothing habitat to various koi fish. The garden is located next to the CLA building, creating a welcoming and relaxing path for students and visitors.

The Farm Store at Kellogg Ranch

Recognized as the Red Barn on campus, the Farm Store supplies seasonal produce grown and harvested by the agriculture department. Quick snacks, artisan jams from local vendors and zinfandel wines with grapes picked from the Horsehill Cal Poly Pomona Vineyard can be purchased. The farm is open daily from 10 a.m. to 6 p.m.

Rain Bird BioTrek

This educational establishment is a hidden treasure. It houses interactive and informative centers that cover the rainforest, aquatic biology, Mesozoic habitats, California native environments, and the importance of Ethnobotany. Anyone is encouraged to visit. Tours are available upon request.

The Rose Garden

The Rose Garden was established in 1926 and created as a gift for W.K Kellogg's wife. Various aromatic roses and flowers are planted and tended yearly in the circular eight section path that blossoms every spring. The Rose Garden is a relaxing area enjoyed by students and the public.



A BUSTLING ENTERTAINMENT WONDERLAND AWAITS AT GAMES ROOM ETC

by SABRINA ZELAYA

Lined with old-school arcade games, PlayStation 4 consoles, XBOX consoles and a Nintendo switch console, Games Room Etc. is the best source of entertainment for gamers at Cal Poly Pomona. Located inside the BSC, it offers a multitude of activities, inside and off-campus.

“The Games Room is so cool because of all the dope games in there, but also because it’s a really cozy kickback spot. Everyone is extremely friendly in there and super considerate,” CPP student Chelsea Larios said. “There’s also been several times where my friends and I have been invited to join in a pool game, and that’s pretty sweet.”

Game consoles are free, and arcade games work the with standard quarter system. Billiards, ping pong, bowling and foosball are also available for play with cheap rates by the hour. Every Wednesday, they’re discounted at \$1 to play, but all game services are free on the weekends.

The Games Room is available to non-CPP students as well, but all rates go up a dollar. Remember to bring cash only.

With couches available for relaxation, many go to the Games Room to do homework or eat their lunch. Music plays throughout the space, but if it’s too loud, students can use the TV room, where students can watch Hulu and Netflix.

“People can even take a nap in there,” Games Room Etc. manager Kofi Ofosu-Agyeman said. “The setting there is very relaxing.”

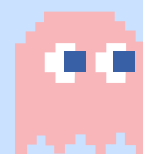
Games Room Etc. is also home to gaming tournaments and club events. Tournaments are free and range from 8-ball and 9-ball to Mario Kart, Super Smash Bros. and FIFA. Often, prizes are awarded to the winners. Clubs can rent out the Games Room for private events, like the Cinema Club and their movie nights.

Thrift Store events and the Auction also take place in the Games Room. Unclaimed items left in the lost and found are resold at low prices or auctioned off at these events.

Most notably, the Games Room sells discounted tickets to places off-campus, like AMC and Regal Theaters or SpeedZone, Medieval Times, Catalina Express and Aquarium of the Pacific.

Amusement park tickets to Knott’s Berry Farm, Legoland, San Diego Safari Park, Six Flags Magic Mountain and Universal Studios Hollywood are all available at discounted prices. Tickets to seasonal events such as Universal’s Horror Nights, Knotts Scary Farm and the LA County Fair are also discounted.

“The Games Room helps out when I’m stressed with school work,” CPP student Dominic Ibarra said. “I can take a break to have some fun and take my mind off things.”



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GAMES ROOM ETC.

The Games Room Etc., located inside of the Bronco Student Center, is a comfortable lounge area where students are able to relax and unwind from their daily class schedule. Students can enjoy a variety of services like billiards, pingpong, foosball, bowling, arcade games, console services and so much more.

The Games Room is also home of the official campus Lost and Found and Box Office where students can purchase discounted tickets to movie theaters, theme parks and more!

Find out more about what we offer by visiting us in the **Bronco Student Center** (BSC, Bldg. 35-1110) or online at: <https://asi.cpp.edu/games-room/>.

ASI GAMES ROOM ETC.
Associated Students of
Cal Poly Pomona

CHIMING THROUGH 50 YEARS

by VICTORIA GONZALEZ



A gift to the university from the Class of 1966, the carillons ring through the campus every 15 minutes, serving as a punctual tool and a euphonious reminder of the 52-year old history it represents.

Every quarter of the hour since 1966, the familiar melody of chimes pierces the air near the University Quad, announcing the time. The sound emanates from the sixth floor of the College of Engineering, behind a nondescript door with a plaque that reads "The Carillons."

Instead of huge bells to create the chime sounds, the mighty carillons reside in a small metal box affixed to the wall. To produce the authentic chime sound, carillons act like miniature bells that are projected to the campus through an amplifier and six speakers.

Mark Bailey, an equipment technician and one of the keepers of the carillons, is responsible for setting the time and fixing the system if necessary. He explained that the carillons work like a tuning fork or a piano.

"[They] are two rods. These are little hammers that tap the rods and there's pickups that pick up the song and transfer it to the amplifier," Bailey said. "Like a tuning fork, it vibrates at certain frequencies that you can hear. They're tuned. When it taps the rod, that's the tune you were hearing. It's like a piano — instead of strings, they're solid rods."

The idea for college chimes came in 1966 to then class president Bill Penick and junior president Mike Boyle, who simply wanted to give the university a nice gift.

After a period of disrepair, the chimes were restored and re-dedicated in 2005. The old amplifier was also replaced with a digital one from Maas-Rowe, a company specializing in carillons and bells.

Bailey said the carillons themselves only chime at every 15-minute mark and on the hour, but the euphonious tune heard at noon was added in 2005. "We never had tunes before they did the upgrade," he said. "It was just this."

Another little-known fact about the carillons is that the tune heard at noon doesn't come from the carillons themselves, but from a CD in the amplifier.

It's easy to underestimate how loudly the carillons can sound, but for years, they have been helping campus community members be on time at where they need to be.

Lizette Enriquez, a second-year chemistry student, said it helps her get to class on time.

"I'm rushing to class on the other side of the campus, and I do think, 'Maybe I have five minutes left,' and then I hear the bells and I think, 'Oh wait, it's probably like two more minutes,' so I'm rushing even more," she said. "I think it's really useful."

An endowment given to the university in 2005 ensure the carillons will help the community be on time for years to come.

"I don't see them going anywhere," Bailey said.

Living Healthy At Cal Poly Pomona

by DANIELA AVILA



Some people may come into college with a strong athletic background or with parents who watched their every meal. Regardless, the college lifestyle is a game changer and suddenly, students find themselves having to buy bigger jeans.

Weight gain in college is something every college student has heard of before. Looking at weight data from more than 7,400 individuals, researchers from Ohio State University found that throughout a college career, females gained on average seven to nine pounds while males gained on average 12 to 13 pounds.

The idea is not that it is frowned upon to put on a couple pounds — it's only natural. The issue is how students gain those extra pounds.

Not to worry, there are a few easy steps to take to live a healthy college life without losing your way.

Exercise

The BRIC is included in students' tuition fees. It's not any ol' gym; a variety of lifting equipment, work-out classes, basketball courts, an indoor track and a rock-climbing wall are all available. Not to mention, the gym has three stories. What's better way to avoid people you know if you're a nervous exerciser?

Get some sleep

It's no secret that you are in college and you are going to have several sleepless nights ahead of you. But if you could reduce the amount of times you go through this, do it.

Sleep deprivation provokes you to eat more to compensate for the extra hours you have stayed up. Inevitably, you are going to eat more and those extra pounds will come faster than midterms in the quarter system.

Avoid drinking your calories

Coffee and energy drinks might be college essentials for some, the issue is the sugar in these drinks. Make sure to moderate and watch out for sugar intake. Everything will quickly add up.

Know your healthier options

If you're a student living in the dorms, Los Olivos Dining Commons will be your go to place. Keep in mind that they serve buffet style, and who doesn't go crazy at buffets? Try to reduce your visits to the dessert and waffle bar, and cash out your meal points at the Vista Market or Poly Express for healthy snacks and food for the following week.

Avoid stress eating

In college, the going gets tough and everyone resorts to different things. For some, it's food. We all stress out, but finding other coping mechanisms may be better for your health in the long run. CPP offers stress resources, including meditation classes and counseling at the Wellness Center.

Get to know yourself and what works best for you — our campus has so much to offer and it's a shame to not explore them.



ESCAPE INTO

WILDLIFE

by SARAH MADRIGAL



3 EASY HIKES FOR BEGINNERS

Step by step, the view begins to change as you follow the path over changing terrains, from foliage to dirt, and to foliage again. Hearing the gentle wind graze along the variety of flora, bringing waves of different smells from the pine trees and the sage plants. Wildlife shows itself for a brief second, then scurries back into hiding. At the top of the trail, the sun at the horizon illuminates the scenery of Southern California.

Some students can go from being stressed during the week to possibly bored during the weekend. For a quick fix, go outside and go hiking. Plenty of hikes are all around in every direction, ranging from a few hours to day-long hikes to backpacking excursions.

Here are three easy hikes not too far from campus to pique your interest in hiking.

EUCALYPTUS LOOP – Chino Hills, 20 minutes away

3.1 miles round trip with 406 ft elevation gain

This hike has a lot of foot traffic and is based in the Chino Hills area. You may come across a variety of wildlife like steers and horses on your way through. Dogs are allowed with leashes, and mountain biking is also allowed on this trail. The beginning of this trail is rather difficult, but gets easier. Note that there isn't much shade, so bring plenty of water and proper sun protection gear.

SCHABARUM TRAIL LOOP – Rowland Heights, 15 minutes away

2.3 miles round trip with 295 ft elevation gain

This trail is good for walking or jogging. Dogs are allowed on this trail as long as they're on a leash. If you're looking for a challenge, Schabarum Park has a couple other trails rated with higher difficulty, but you can just take a stroll through out the park along the paved paths.

BONELLI PARK VIEW TRAIL – San Dimas, 10 minutes away

4.1 miles with 341 ft of elevation gain

This trail offers plenty of views ranging from Puddingstone Lake and the San Gabriel Mountains. The hiking terrain ranges from paved, half-dirt trail to road. It is a moderately trafficked hike.

Dogs are allowed with leashes and mountain biking is also allowed. There is a parking fee, but a free parking lot is available up the road right off the 57 freeway, which is just a short walk to park. This hike/park is located about 10 minutes from campus.

PLANNING FOR YOUR HIKE

WEATHER. Be aware of the weather conditions to ensure you have the proper attire. For example, bring sunblock, sunglasses and a hat if it's a sunny day.

WATER. Bring more water than you think you need, because it's easy to get dehydrated on the trail.

SHOES. Wear proper hiking shoes to hike the varieties of terrain that you may come across on the trails.

LIGHT. Bring a source of light for evening hikes, like a flashlight or a headlamp.

SNACKS. For hikes lasting more than a few hours, it's important to pack snacks for energy to keep you going.

NOTIFY. Solo hikes are a great way to clear your mind, but if you do decide to go alone, don't forget to notify a friend on where you plan on going — you want to make sure someone knows your whereabouts.

To find other hikes, an app called AllTrails allows users to browse through different trails based on location and difficulty level. It also provides photos of the trails and a GPS. So, the next time you feel bored, grab a couple friends and enjoy local nature while you can.





DOWNTOWN POMONA

by ELIZABETH HERNANDEZ

A few miles from campus, a social, energetic and cultural hub is awaiting to be discovered. Downtown Pomona is bustling with events, restaurants and unique stores that will have any college student entertained.

From Antique Row to the late night party scene and restaurants in between, downtown Pomona has it all. The Pomona Transit Center is the heart that keeps the people pumping through town. Local busses along with the Metrolink are easily accessible in Downtown Pomona.

When someone talks about music in Downtown Pomona, they are likely to mention The Glasshouse or the Fox Theatre.



THE SOCIAL HUB

THE GLASSHOUSE

Location: 200 W 2nd St, Pomona, CA 91766
Whether it is for the the record store adjacent to the concert venue or the intimate concerts that take place, The Glasshouse is a music appreciators dream. Touring bands such as LANY, Snakehips, and The Growlers have made appearances at the Downtown Pomona staple. Upcoming shows can be found on their website at <http://www.theglasshouse.us/>.

THE FOX THEATRE

Location: 301 Garey Ave, Pomona, CA 91766
Opening in 1931, the Fox Theatre is a historical and architectural landmark in Downtown Pomona and could be seen from miles away with its high tower. Events like weddings and quinceañeras have been held at The Fox Theatre. Concerts are also popular events. Odesza and E-40 have headlined here, and the original theatre is used for movie screenings. Upcoming events can be found on their website at <https://www.foxpomona.com/events>.

Across the street from each other, Magic Door Books IV and Café Con Libros provide the downtown community with quality literature whether it is a rare, century-old hardcover or the latest bestseller.



MAGIC DOOR BOOKS IV

Location: 155 W 2nd St, Pomona, CA 91766
Curious readers stepping into Magic Door Books IV are greeted by the scent of aged paper and Charlie Girl, a stray kitten that has made the beloved bookstore its home.

CAFÉ CON LIBROS

Location: 280 W 2nd St, Pomona, CA 91766
Café con Libros houses a large space that provides tables for studying and a children's section along with gift items and Latino art pieces.

To liven up a mundane night, downtown Pomona also provides an array of clubs and breweries.

CARNAVAL / 340 / THE SHISHA ROOM

Location: 300 S Thomas St, Pomona, CA 91766
Carnaval, 340 and The Shisha Room are all located in the same building. Carnaval provides a lively dance floor with Latin music while 340 has various music selections along with Drag Queen Karaoke. The Shisha Room has a club atmosphere and doubles as hookah lounge.

HOMAGE BREWING

Location: 281 S Thomas St #101, Pomona, CA 91766
Answer your brewery cravings at Homage Brewing, which serves a unique selection of beers on tap in an entertaining atmosphere and welcomes outside food, since no food is sold in store.



REENERGEZIE WITH A KICK

by CHRISTINA BERBERIAN

6 COFFEE PLACES ON CAMPUS

It's Monday morning, you're recuperating after a fun weekend and here it comes — the first yawn of the week. But with a cup of coffee, anything is possible. A great caffeine kick is helpful when you have an early class or need a late night studying session with midterms coming up. With coffee shops right on campus, you can go straight from class to grab a cup of joe and study among your fellow Broncos.



ENV Café

LOCATION: College of Environmental Design (Bldg. 7)

Tucked in a little nook of the College of Environmental Design, students can grab their morning pick-me-up. The kiosk serves Starbucks coffee to students passing by on the way to class. Located on the patio, there is outdoor seating for those who want to study with their delicious drinks and pastries.



THE LIBRARY

LOCATION: Library, first floor

The Starbucks shop offers plenty of seating both inside and outside to read your textbooks and catch up on assignments after you grab a drink. With coffee classics like the iced caramel macchiato or holiday favorites like pumpkin spice lattes, there's always something great to grab here.



POLY TROLLEY

LOCATION: Walkway between cultural centers and library

The Poly Trolley is a CPP staple. This food truck that gets parked around campus is the ultimate student spot for both coffee and meals. Serving Starbucks coffee, the truck is a great quick stop when you're on the go and don't want to wait in a long line.



SADDLES Café

LOCATION: Bronco Student Center

The newest addition to the CPP campus, Saddles serves Starbucks coffee along with an array of warm, toasty paninis and pastries. A chalkboard menu on the wall lists both breakfast and lunch options, making Saddles a perfect stop when you want a delicious meal with your cup of coffee.



EINSTEIN BROS. BAGELS

LOCATION: College of Business Administration (Bldg. 164)

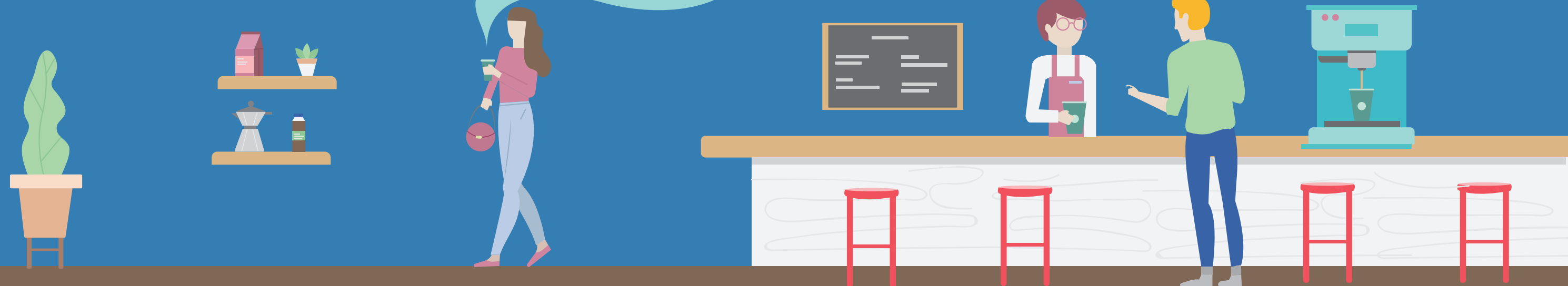
Stop by the shop if you need a quick cup of coffee and a bagel with a schmear in the morning before an 8 a.m. lecture. Also, there is room inside and outside the shop to sit and study with your friends.



INTERNATIONAL GROUNDS

LOCATION: Campus Center Marketplace

Serving Starbucks coffee, this coffee stop is conveniently located at the hub of CPP for students to grab a brew. International Grounds also serves packaged drinks and ready-made sandwiches, so get your caffeine kick and have a seat in the marketplace to enjoy.





On Campus Eateries

BY ARIANA AFZALI

Los Olivos Dining Commons

Los Olivos Dining Commons, also known as “L.O.,” is the main dining option for hall residents offering buffet-style meals from breakfast to dinner. For non-hall residents, the dining hall charges \$7.50 for breakfast, \$9 for brunch and lunch and \$10 for dinner. It features a rotating menu throughout the day. A waffle bar, sandwich bar, Mongolian grill, salad bar, pastries, breakfast omelettes and fruit are also available, as well as an assortment of gluten-free and vegan items.

L.O. also hosts themed luncheons for holidays like Thanksgiving, Cinco De Mayo or Lunar New Year. These special events have varied pricing.

Bronco Student Center

The Bronco Student Center is a hub of eateries offering Subway, the Poly Fresh Market, Saddles Café, Round Table Pizza, Hibachi-San, and Qdoba. Many students frequent this building for the many dining options available.

“I spend most of my free time here between classes because it has the best food places and lots of spaces to sit,” said third-year communication student Katie Stein.



Campus Center Marketplace

The Campus Center Marketplace houses numerous options: Carls Jr., Fresh Escape, Pony Express, Jamba Juice Express, International Grounds, Panda Express and Taco Bell. From customizable salad bowls to a mini-convenience market, this center provides a variety of options.

“The marketplace is nice because it’s usually less crowded than the BSC and it has different options like Panda Express and Fresh Escape,” said Cole Bertz, fifth-year business administration student. “It’s a good alternative for people like me.”

Ultimately, the Cal Poly Pomona campus has a wide array of dining options to cater to the tastes of the diverse student body.

The Den

The Den, a “Denny’s” diner franchise, is also favored for quality foods at any time of day. Nestled between the residential suites, this dining location is well-known for its “hand-smashed” burgers and “hand-mixed” shakes. The menu also offers a plethora of breakfast foods, sandwiches, melts, salads, burritos and more.



OFF-CAMPUS EATERIES

by DIPALI PATEL and ELIZABETH HERNANDEZ

DIA DE LOS PUERCOS (MEXICAN CUISINE)

4 stars, \$
17 W 2nd Street, Pomona, CA 91766

A recent addition to the downtown Pomona scene, Dia De Los Puercos offers East L.A. flair while serving local favorites like tacos and nachos with a street-style twist. The menu includes “poco bites” such as Mexicorn, or corn off the cob topped with mayo, powdered chili, cotija cheese and lime. They also offer “muchos munchies,” like the El Homie Burrito which includes any choice of meat, beans, onions, salsa, crema, fries and two fried eggs all wrapped in a flour tortilla. The dining area inside is filled with red leather booths, street signs and street lights.

NATIVE FIELDS (AMERICAN CUISINE)

4.5 stars, \$\$
18750 Amar Road, Walnut, CA 91789

Just ten minutes from campus, this café restaurant serves healthy meals with aesthetic. They offer breakfast and brunch with vegan options. Though a bit pricey, the food, particularly the bowls, is worth it. It is a popular spot and perfect for students on weekdays, since it tends to get busy on the weekends. The Chicken Tocino Bowl is a very popular items among customers.

BABY ELEPHANT THAI CUISINE

4 stars, \$
20795 Amar Road, Walnut, CA 91789

Popular place for CPP students, Baby Elephant has a great variety of entrées to choose from. The Tom Kha coconut soup is one popular entrée. Customers can also choose the level of spice they desire. Servings are quite large, perfect for sharing with friends. CPP students can receive free Thai tea when they show their student ID.



JINZA TERIYAKI (JAPANESE, KOREAN, HAWAIIAN CUISINE)

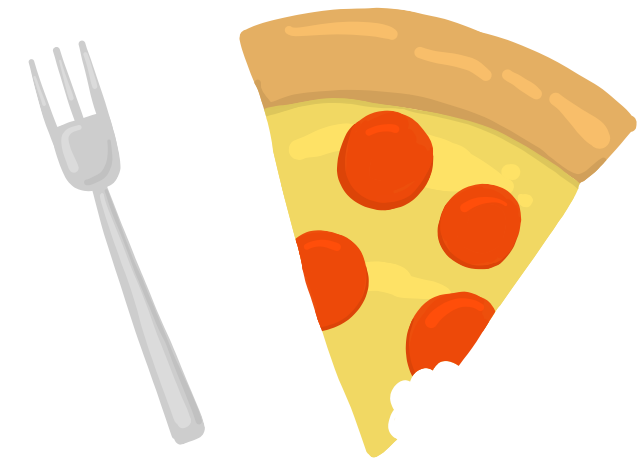
4.5 stars, \$
3425 Pomona Boulevard, Ste 1, Pomona, CA 91768

Chances are, CPP students have heard of this restaurant uttered around campus. Fairly close to CPP, Jinza offers Japanese, Korean and Hawaiian cuisines. One of the popular dishes is the chicken teriyaki with veggies — the dish has been deemed one of the restaurant’s most loved and recommended plates.

INNOVATION BREW WORKS (PIZZA, BEER)

4 stars, \$\$
3650 W Temple Avenue, Pomona, CA 91768

A CPP affiliated brewery and pizza parlor, Innovation Brew Works sits across the University Village within walking distance for students. Both students and non-students enjoy the place. Brew Works brews their own variety of beers with the help of alumni and CPP students and offers happy hour. Customers must be over 21 years of age to order beers.



MEALS ON WHEELS

by JESSE TOVAR

WITH THE POLY TROLLEY



A unique food option that Cal Poly Pomona offers is the Poly Trolley, Cal Poly Pomona's resident food truck. Usually parked on Olive Lane between the library and the cultural centers, the Poly Trolley offers all types of food, from hefty breakfast burritos to tempura avocado tacos to sliders that the campus community can stop by and enjoy. Their menu also boasts vegetarian, vegan and gluten-free food options.

Students can use an ordering system to order their items ahead of time, pick up their items and go, making it convenient for busy students to grab a bite to eat and continue on their way.

"It's convenient food option on campus and brings a wide variety of different food types," said Luis Cruz, a second-year geology student. "You can get your burritos, tater tots, or even tacos. It gives you different options and is made right away giving you no time to wait."

The truck also has its own Starbucks operations on board. Whether you're trying to get a caramel macchiato, mocha frappuccino or

just black coffee, the Poly Trolley has the coffee to perk you up on a Monday morning.

Introduced in the 1980s, the Poly Trolley offered typical food truck items such as burgers, burritos and pastries. After going on a hiatus for a couple of years, the Poly Trolley made its return in 2013.

With its return, not only did the Poly Trolley make upgrades to its menu, but the overall scheme of the truck also changed. The truck dons its current green and gold colors to represent CPP and an Arabian horse and University Union Plaza on the side to represent the CPP culture.

The Poly Trolley is one of the best places students can grab a bite to eat with a drink on the side.

"It's in a spot where everything is and makes it easy for you to grab what you want and go," said Alfredo Gutierrez, a second-year kinesiology student. "The food is delicious and it is a decent amount guaranteeing that you will be full when you finish."

BRONCO ATHLETICS

PART. 1

by GRACE MIKURIYA

MEN'S SOCCER

Last Year

The men's soccer team had an impressive season, making it to the NCAA Division II Final Four for the second consecutive year. The Broncos ended its conference play with a 10-2 record, while also clinching the CCAA regular season title. They went on to compete in the NCAA Championship Tournament and took home the West Region Title. The Broncos saw its season come to an end in Pittsburgh, Pennsylvania in overtime of the NCAA Semifinals. Senior Nadeer Ghantous became the first men's soccer player in Bronco history to earn an All-American honor three times in his career. Head coach Adam Reeves and assistant coaches Bob Ammann, Cruz Hernandez and Jose Ortega were recognized as the NCAA Division II West Region Coaching Staff of the Year.

Looking Ahead

New faces will be added in the coming season as the Broncos graduate six seniors. Head coach Adam Reeves enters his third year with hopes of finally bringing home a NCAA Championship ring.

WOMEN'S SOCCER

Last Year

The women's soccer team struggled, bringing home only win in conference play. They finished their season out with a 5-9-4 overall record and a 1-7-4 conference record. Senior defender Natalie Di Angelo and senior midfielder Aline Graham were chosen to represent the Broncos in the CCAA Women's Soccer All-Conference Team.

Looking Ahead

Despite losing six seniors to graduation, the team is filled with younger players who are ready and capable of turning things around. Head coach Jay Mason enters his fourth year with the team.

VOLLEYBALL

Last Year

Volleyball had one of the most successful seasons in Bronco history, making it all the way to the NCAA Regional Semifinals. The team made it to the NCAA Regionals after winning both the CCAA Quarterfinals and Semifinals. Their incredible season came to an end in the NCAA Regional Semifinals, falling to Western University. Senior middle blocker Kristen Hamlin and freshman setter Kira Zimmerman were selected to the 2018 American Volleyball Coaches Association All-West Region team. Hamlin was selected first team, and Zimmerman received an

honorable mention and was named West Region's Freshman of the Year. Hamlin and Zimmerman were also selected to the AVCA's Division II All-American team.

Looking Ahead

Head coach Rosie Wegrich ended her career with the Broncos after 27 seasons. After two seasons as associate head coach, Traci Dahl steps up as the Broncos' acting head coach. The team lost five talented players to graduation but is excited to make Wegrich proud in the coming season. The team announced the signing of Jazminn Parrish, a senior at Gahr High School in Cerritos, California.

CROSS COUNTRY

Last Year

The women's cross country team finished seventh out of 12 in the CCAA Championships. They went on to compete in the NCAA West Region Championships where they ranked 13th out of 26. The men's team finished third in the CCAA Championships before finishing fourth out of 24 in the NCAA West Region Championships. The team headed to Pittsburgh, Pennsylvania to compete in the NCAA Division II Championships but from athletes out due to illness and being injured after falling on the slippery course, the Broncos finished 25th out of 34.

Looking Ahead

Head coach Chris Bradford enters his third year with the Broncos. Both teams are looking forward to an exciting season, as the entire 2018 men's team will return in the fall. The women's team lost three seniors to graduation.



BRONCO ATHLETICS

PART. 2

Photos courtesy of CPP Athletics Department and CCAA.



MEN'S BASKETBALL

Last Year

The men's basketball team had a remarkable season, with a conference record of 17-5 and overall record of 25-7. They captured the CCAA Regular Season title for the second time in program history. For the second consecutive year, the Broncos headed to the NCAA Division II Championship Tournament, entering as the No. 5 seed. However, the Broncos were unable to make their way past UC San Diego in the NCAA West Region Quarterfinals. Junior guard William Christmas was selected to the Division II Conference Commissioners Association's All-West Region second team. Christmas also was named to the National Association of Basketball Coaches' Division II All-District first team.

Looking Ahead

The basketball team only lost two seniors to graduation last season. Greg Kamansky looks forward to his 20th year as head coach for the Broncos.

WOMEN'S BASKETBALL

Last Year

The women's basketball team battled their way through a notable season, all the way to the NCAA Division II West Region Quarterfinals. The Broncos made a name for themselves going 19-3 in conference play and 25-6 overall. Senior guard Jordyn Shane reached 1,000 career points during her senior night before eventually being named to the CCAA All-Conference team with her teammates, juniors Rebecca Islas and Monica Todd. Shane was named first team, Islas was named second team, and Todd received an honorable mention.

Looking Ahead

Despite losing two players to graduation, the team announced the signing of Cheyenne McKinnie to the 2019-2020 roster. McKinnie is a transfer from Los Angeles Trade Tech Junior College. Head coach Danelle Bishop enters her 10th year to lead the team.

BASEBALL

Last Year

The baseball team witnessed their first no-hitter in 16 years. Righty Tim Holdgrafer not only added his name to the small list of seven Broncos to pitch a no-hit game, but he is only the second Bronco to do so in a full nine innings game. Despite the no-hitter, the Broncos struggled to add wins to their record.

Looking Ahead

The Broncos said goodbye to 14 seniors last season and are ready to see what the new additions to the team can do. Head coach Randy Betten enters his 10th year with the Broncos. Scolinos Field is currently in stage two of a four-stage renovation. The remodel cost approximately \$7 million, which is completely covered by private donations and fundraising.



TRACK & FIELD

Last Year

Women's track and field hit many career-highs last season. Senior Casey Monoszlay became the first athlete on the team to hit a provisional mark in the 1,500-meter race. Freshman Ana Tovi also hit a provisional mark for discus with her 45.52-meter throw record. The men's team also hit career-highs with several provisional marks. Junior Kyle Lawson hit his mark with a score of 6,834 in a decathlon. Junior Aaron Guerra-Garcia hit his provisional-qualifying mark, with a personal-best hammer throw of 55.85 meters. Senior Ruben Dominguez hit his in a 5000-meter run.

Looking Ahead

The women's track and field team lost eight seniors to graduation, and the men's team lost 13. Head coach Chris Bradford enters his third year with the teams.



WORK hard and PLAY WITH INTRAMURAL SPORTS

by CHRISTIAN ARREDONDO

Incoming first-years might find themselves with some free time. Although homework and studying are essential to a good education, socializing and having fun makes college a fulfilling experience.

Intramural sports are a series of sporting events hosted at the Bronco Recreation Center (BRIC) where student teams face-off against each other. They're an alternative to an official school sport. While school sports come with practices, meetings and obligations, intramurals allow students to choose their game schedules.

Various co-rec sports are offered in the semester: basketball, soccer, bouldering, flag football, volleyball, softball and dodgeball. Sports that are not listed can be recommended to the staff.



Photo courtesy of ASI

Games are typically held once a week for 9 games, excluding tournaments where they have both quarter finals, semi-finals and one final.

Louis Guan, a fourth-year in computer science, said he joined a soccer team to make friends and meet new people.

"I first heard about intramural sports during my freshman orientation because my orientation leader played intramurals," he said. "I decided to participate just because of the competitive aspect of it and also a way to keep fit."

Students who don't make the cut for the school team can create their own team or join an existing one. Melissa Carrasco, a third-year in physiology student, didn't want to feel the pressure it comes to being in a school sport, she instead opted to join a team where it's not as stressful.

"I joined intramurals volleyball because I felt the school's volleyball team was too competitive and I really like volleyball, so I joined a team in intramurals and it's so fun and stress-free," she said.

Renan Viguilla, a third-year in science technology student, joined basketball for the thrill and challenge that it provides. "Playing basketball is not exactly competitive when you play with other

students," he said. "Some guys choose to play competitively while some play to enjoy the sport. It's fun and relaxing in a sense. It's about half and half."

Others just play to release some steam.

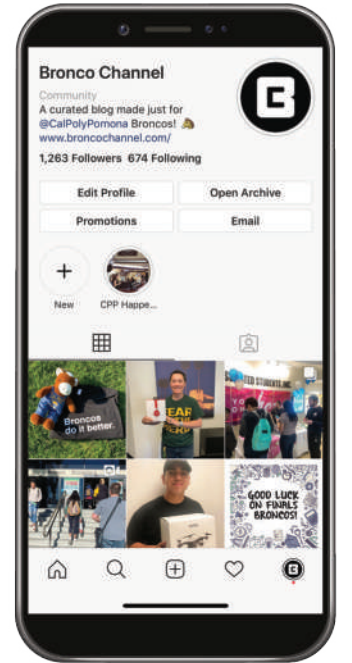
"School can be stressful, especially coming fresh from high school," said Enrique Casas, a first-year business student. "So, I just feel like throwing things and dodgeball helps with stress and anxiety," Casas joked.

A fee is required to participate in a sport, \$20 for 9 weeks including playoffs. The winners at the end of the tournament get merchandise, a trophy and a picture of the team on the BRIC sports wall.



Broncos

do it better.



[Broncochannel.com](https://www.broncochannel.com)

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BRONCO ATHLETICS

ALL CPP STUDENTS GET IN FREE!

@CPPBRONCOS





A NEW FACE OF SPORTS BEHIND THE COMPUTER SCREEN

by HECTOR AMEZQUITA

Just like basketball and football, esports is also a sport. Despite not requiring intense physical activity, esports was recognized as a sports activity by the International Olympic Committee in 2017. Over the years, esports also gained recognition from the way it's intricately organized, leading players in gaming leagues to compete against players around the world.

Cal Poly Pomona's resident esports club Bronco Esports was created in 2011, and many of its esports teams have won against other schools ever since.

Throughout the academic year the club hosts Frag Fest and Gaming Rumbles, smaller tournaments that are more for members to relax and interact with each other.

But as for the more major tournaments, the most notable was Heroes of the Dorm, a tournament hosted by gaming company Blizzard Entertainment and TePSA, a North American collegiate esports company. Heroes of the Dorm debuted 2015 and since then, it welcomes about 500 teams nationwide.

In 2018, Bronco Esports witnessed Pomona Ponies, one of its teams, reach top four in the country in Heroes of the Dorm. It was the biggest accomplishment a CPP esports team has ever made.

The members of the team met during their freshman year when they lived in the residence halls together, the same time they started playing the game together that eventually carried them to collegiate tournaments.

Despite not winning the tournament, the Pomona Ponies were awarded laptops as prizes for placing in the top four.

Aside from the Pomona Ponies' success, other teams were also doing well in the case of Counter Strike Global Offensive (CSGO). This year, the team was undefeated 3-0 in the season and made the playoffs. "We all practice once a week together," third-year electromechanical engineering

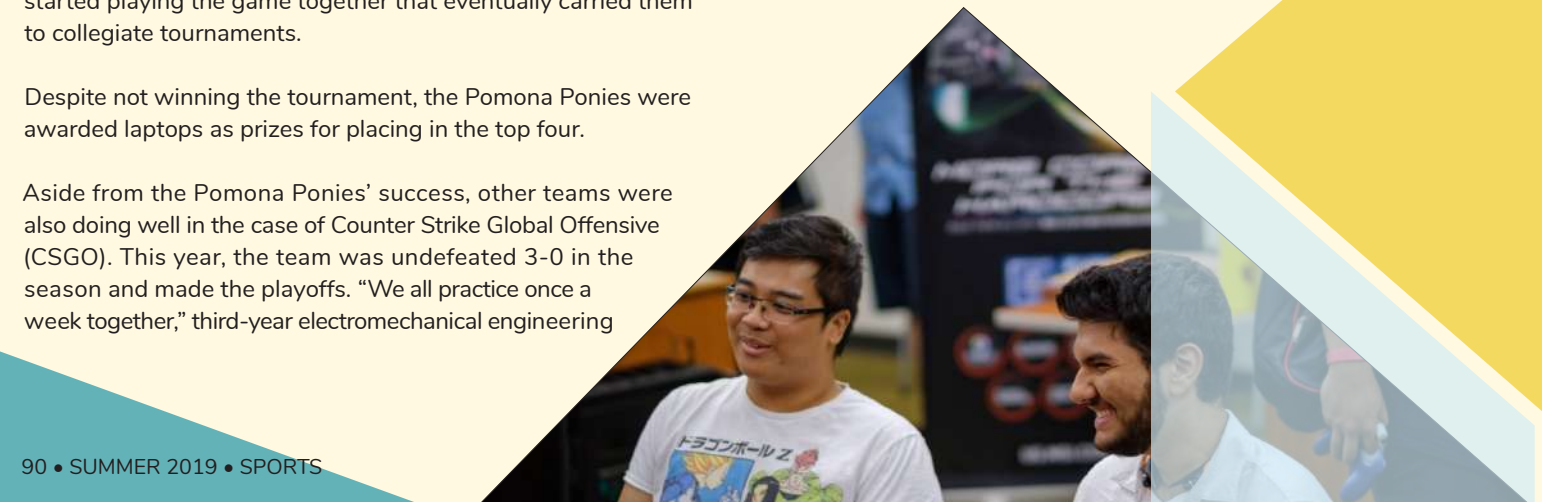
student and CSGO team captain Christopher Walch said. "I make videos for them to watch on their own to go over on what is going to happen in every single one of the games."

After struggling to stay together last year, Bronco Esports' Overwatch team is having one of its best seasons with a 6-2 record. The team has been around for three years and had most of its success the first year — one its players ranked top 500 in North America.

The team currently has a mix of young and veteran players, and its members think the future is bright for the team as they are armored with young players.

"A couple of the guys are juniors or sophomores, so they will be here for a while," third-year communication student Joseph Welch said. "Every year, especially with gaining popularity, we will get more players who play the game."

Aside from Heroes of the Storm, CSGO, and Overwatch, Bronco Esports also has other competitive teams for League of Legends, Super Smash Bros. Ultimate, Hearthstone and many more.



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